



Aloha athletes, parents, and families,

The 2026 Summer Track and Field season is coming up quickly! This will be Ho'omau Track Club's second season of operation, and we are excited for the opportunity to grow our program and community. I wanted to get some information out to you all so you can start planning ahead for this upcoming USATF Summer Track season.

I am glad to announce that all practices and meets will be held at Mililani High School. Meet dates and practice days are set, but the specific times are tentative. I hope to get definitive times out to you by April 30.

After reading through this newsletter, please complete our sign-up Google form found [here](#).

Practices

All practices will be held at Mililani High School's track. Practices will follow this tentative schedule:

Weeks of May 18th & 25th: Mondays, Tuesdays, Thursdays: 4pm-6pm

Weeks of June 1 - June 29th: Mondays 4pm-6pm, Tuesdays and Thursdays 2pm-3:30pm.

*We are considering a 2nd practice window on Tuesdays and Thursdays from 4pm-6pm for those who cannot make the earlier practice

Meets

We will have four USATF Hawaii developmental meets, plus the USATF Hawaii Junior Olympics Championship, for a total of 5 meets. Meets typically start at 8:30am, ending around 1pm. This is the meet schedule:

Sat, May 23 USATF Hawaii Meet #1

Sat, May 30 USATF Hawaii Meet #2

Sat, Jun 6 USATF Hawaii Meet #3

Sat, Jun 13 USATF Hawaii Meet #4

Sat, Jun 27 USATF Hawaii Junior Olympics

USATF Registration

USATF Registration is required to compete in any of the meets. USATF Youth Memberships are for those 18 years and younger. The youth membership cost is \$38.88. USATF Adult Memberships are for those 19 years and older. Adult membership cost is \$71.96. Please visit [this link](#) to register. To aid in registration for new USATF members, see [this tutorial](#). USATF registration fees are paid directly to USATF, not Ho'omau Track Club.

IMPORTANT! Be sure to annotate your club affiliation when you register. Select Ho'omau Track Club from the list.

Club Dues

To help offset club registration, equipment costs, liability insurance, and coach registration costs, we will be charging a small club membership fee per athlete, separate from the USATF registration fee. Club dues can be paid in cash to Coach Aaron, Coach Dane, or Coach Zach, or via Venmo – @hoomauTC

Ho'omau Track Club membership without shirt: \$30

Ho'omau Track Club membership with shirt: \$50

*For additional shirts, please see the Team Shirts & Jerseys section below

Club Registration

To be registered under Ho'omau Track Club, please annotate the club affiliation during USATF registration. If you are already registered as "unaffiliated" or under a different club, please provide the athlete's full name, date of birth, and USATF membership number on the Ho'omau Track Club Google sign-up form. One of the coaches will add you manually, then you must confirm club membership transfer through a confirmation email.

Mandatory Athlete Age Verification

All athletes must be age-verified to compete in USATF events. After registration, please follow this tutorial to verify your athlete's age. A digital copy of the athlete's birth certificate is needed to complete the verification. [Age Verification tutorial](#)

Team Shirts & Jerseys

Athletes are not required to wear a specific jersey to compete in meets. However, we do have team T-shirts and track singlets for purchase. Team T-shirts are being made and will be available starting April 10th for \$22 each. Youth sizes range from youth XS to youth L. Adult sizes range from S to XXL. Contact Coach Aaron for purchase.

Jersey singlet tops and shorts orders will be placed by April 17th, with a delivery of May 15th. Available sizes are the same as shirts. Singlets are \$32, and shorts are \$18. The total for a full jersey set is \$50. Please annotate your intent to purchase on the [Ho'omau sign up form](#).

Team Communication

We will be utilizing the Heja app for all team communication. To join, download Heja on your mobile device and join our team using this code: ZB-197055

Or you can visit this link:

<https://heja.io/download/ZB197055>

A team website is also in the works. I hope to have it operating soon!

Coaches and Contact Info

Please direct all inquiries regarding club activities to the coaching staff on Heja or through email at hoomauTC@gmail.com

Coach Aaron Ibrao: 808-354-1800

Coach Dane Matsunaga: 808-223-8402

Coach Zach Montayre: 808-347-1124