

GEORGE YAMAMOTO INVITATIONAL

Order of Events - Track Events

Participating Schools: Mililani, Anuenue, Kamaile Academy, Kapolei, Kauai, Pearl City, Waipahu, Waialua, Island School, Waimea

Coaches Meeting: 12:30 pm

Clerk and LYNXS: Mililani **LIVE MEET RESULTS: <http://milhstrack.com>**

FIELD EVENTS:

1:00 pm Discus (Boys than Girls)
 Shot Put (Girls than Boys)
 High Jump (Girls than Boys)
 Pole Vault (Boys than Girls)
 Long Jump (Boys than Girls)
3:30 pm Triple Jump (Boys than Girls)

FIELD EVENT ASSIGNMENTS:

Discus Kapolei (200 ft. tape)
Shot Put Pearl City (100 ft. tape)
High Jump Waipahu (50 ft. tape)
Pole Vault Mililani (50 ft. tape)
Long Jump Mililani (100 ft. tape)
Triple Jump Waialua/Kamaile (100 ft. tape)

Running Events (Girls first, Boys to follow):

2:30 pm Girls 4x800m Relay
2:45 pm Boys 4x800m Relay
3:00 pm Girls 100m High Hurdles
3:10 pm Boys 110m High Hurdles
3:20 pm Girls 100m Dash
3:30 pm Boys 100m Dash
3:40 pm Girls 1500m Run
3:50 pm Boys 1500m Run
4:00 pm Girls 4x100m Relay
4:10 pm Boys 4x100m Relay
4:20 pm Girls 400m Dash
4:40 pm Boys 400m Dash
5:00 pm Girls 300m Low Hurdles
5:15 pm Boys 300m Int. Hurdles
5:30 pm Girls 800m Run
5:45 pm Boys 800m Run
6:00 pm Girls 200m Dash
6:10 pm Boys 200m Dash
6:25 pm Girls 3000m Run
6:40 pm Boys 3000m Run
6:55 pm Girls 4x400m Relay
7:05 pm Boys 4x400m Relay
7:15 pm Coaches 4x100m Relay
7:25 pm Team Champions & Female/Male Athlete of the Meet announced

HURDLE ASSIGNMENTS:

School:	Flight#:
Kapolei/Kamaile	1 & 2
Waipahu/Waimea	3 & 4
Anuenue/Waialua	5 & 6
Pearl City/Island Sch.	7 & 8
Mililani	9 & 10

*1st call- 15 minutes before race time, Last call- 5 minutes before race time

*** AT THE CONCLUSION OF THE MEET, PLEASE CLEAN UP YOUR TEAM AREA.**