



# Waipahu High School Facility Information

Track & Field 2026



- A. Team tents should be set up in the uppermost section of the bleachers, left or right of the stadium press box (not under). Teams should be aware that the Waipahu bleachers are not equipped with tie-down points, and tents must be secured by weights. Teams are asked to reduce tents to three (3) 10x10 or one 10x20 stacked or secured vertically for all teams to fit. For larger Track and Field Meets (ten or more teams), such as invitationals, divisionals, and OIA championships, once all teams have accepted invites and/or been accepted to participate, teams will receive an assigned tent seating. A secondary tent area is located on the grassy area near the retaining wall of the northern border of the stadium. (Note: best practice for visiting teams has been five-gallon buckets, which can be filled with water at our facility)
- B. Bus drops off: When viewing our tennis courts, the right side has been equipped with bus lanes designated for bus drop off.
- C. Coaches are asked to submit team access rosters to the Waipahu HS AD office at least 24 hours before the scheduled coaches meeting. ([Brent.Murakami@k12.hi.us](mailto:Brent.Murakami@k12.hi.us))
- D. Coaches and Athletic Trainers' parking will be limited to a first-come, first-served basis, located within the inner gate (grassy area) of the sports complex. Each team will be allotted one trainer and one coach's vehicle entry into the area. Each attending team will need to submit a by-name VIP request NLT April 28, 2026, by 1 pm.  
>>>><https://forms.gle/tkwcgBdZpwzxJm257> <<<<
- E. NO CLEATED OR SPIKED OBJECTS ALLOWED ON THE TRACK OTHER THAN ISSUED TRACK SHOES ¼ INCH PYRAMID SIZE SPIKES OR SMALLER.
- F. Race Starting blocks will be available for all applicable races. Teams are encouraged to bring their own but will be responsible for policing them before, during, and after races.
- G. NO ADHESIVE (TAPE) FOR ANY MARKINGS
- H. CHALK SHALL BE USED FOR JUMP AREAS AND FOR ONLY RELAY EXCHANGE ZONES. MARKERS OKAY FOR JUMP AREAS
- I. NO FOOD OR DRINKS ALLOWED ON THE STADIUM TRACK/IN-FIELD (other than water). This includes NO GUM CHEWING, SUNFLOWER OR PUMPKIN SEEDS, AND CANDY OF ANY KIND. NO SPORTS DRINKS ARE ALLOWED IN THE STADIUM AS WELL.
- J. The stadium is now equipped with an ADA ramp on the north side of the field near the female restrooms.

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