

2026 HHSAA Track and Field Championships

DAY 2

Saturday, May 16, 2026
Sponsored by Island Movers

Field Events	Order	1st Call	Last Call	Event Start
Discus	Boys	10:40 AM	10:50 AM	11:00 AM
Shot Put	Girls	1:40 PM	1:50 PM	2:00 PM
Long Jump	Girls	1:40 PM	1:50 PM	2:00 PM
Triple Jump	Boys	4:10 PM	4:20 PM	4:30 PM
High Jump	Boys	1:40 PM	1:50 PM	2:00 PM
Pole Vault	Girls	1:40 PM	1:50 PM	2:00 PM

Implement Verification: Boys Discus - 9:30am to 10:30am. Girls Shot - 12:30pm to 1:30pm.

Official's meeting at 1:00pm

Coaches meeting at 3:00pm

Welcoming Ceremony at 4:30pm

Running Events	Order	1st Call	Last Call	Event Start
4 x 800m Relay	Girls	4:40 PM	4:50 PM	5:00 PM
	Boys	4:50 PM	5:00 PM	5:10 PM
100m High Hurdles	Girls	5:30 PM	5:40 PM	5:50 PM
110m High Hurdles	Boys	5:35 PM	5:45 PM	5:55 PM
100m Dash	Girls	5:40 PM	5:50 PM	6:00 PM
	Boys	5:45 PM	5:55 PM	6:05 PM
1500m Run	Girls	5:50 PM	6:00 PM	6:10 PM
	Boys	5:58 PM	6:08 PM	6:18 PM
4 x 100m Relay	Unified	6:05 PM	6:15 PM	6:25 PM
	Girls	6:10 PM	6:20 PM	6:30 PM
	Boys	6:15 PM	6:25 PM	6:35 PM
400m Dash	Girls	6:20 PM	6:30 PM	6:40 PM
	Boys	6:25 PM	6:35 PM	6:45 PM
300m Hurdles	Girls	6:30 PM	6:40 PM	6:50 PM
	Boys	6:35 PM	6:45 PM	6:55 PM
800m Run	Girls	6:40 PM	6:50 PM	7:00 PM
	Boys	6:45 PM	6:55 PM	7:05 PM
200m Dash	Girls	6:50 PM	7:00 PM	7:10 PM
	Boys	6:55 PM	7:05 PM	7:15 PM
3000m run	Girls	7:00 PM	7:10 PM	7:20 PM
	Boys	7:15 PM	7:25 PM	7:35 PM
4 x 400m Relay	Unified	7:30 PM	7:40 PM	7:50 PM
	Girls	7:40 PM	7:50 PM	8:00 PM
	Boys	7:50 PM	8:00 PM	8:10 PM