

Pre season meet 4: April 2, 2026

Teams: Waipahu, Mililani, Anuenue, Farrington, Kalaheo, Waialua

Running Events Time Schedule

3:30pm	4x800m Relay Girls/Boys (2 heats)
4:30pm	100H Girls (4 heats)
4:35pm	110H Boys (3 heats)
4:45pm	100m Dash JV Girls (6 heats)
4:55pm	100m Dash Vars Girls (3 heats)
5:00pm	100m Dash JV Boys (9 heats)
5:10pm	100m Dash Vars Boys (7 heats)
5:20pm	1500m Run JV/Vars Girls (2 heats)
5:40pm	1500m Run JV/Vars Boys (3 heats)
6:05pm	4x100m Relay Girls (2 heat)
6:10pm	4x100m Relay Boys (2 heat)
6:15pm	400m Dash JV Girls (8 heats)
6:35pm	400m Dash Vars Girls (3 heats)
6:45pm	400m Dash JV Boys (8 heats)
7:10pm	400m Dash Vars Boys (5 heats)
7:30pm	300H JV Girls (2 heats)
7:35pm	300H Vars Girls (2 heats)
7:40pm	300H JV Boys (2 heats)
7:45pm	300H Vars Boys (2 heats)
8:00pm	800m Run JV Girls (3 heats)
8:15pm	800m Run Vars Girls (3 heats)
8:30pm	800m Run JV Boys (4 heats)
8:45pm	800m Run Vars Boys (3 heats)
9:00pm	200m Dash JV Girls (7 heats)
9:10pm	200m Dash Vars Girls (4 heats)
9:15pm	200m Dash JV Boys (9 heats)
9:25pm	200m Dash Vars Boys (8 heats)
9:35pm	3000m Run Girls (1 heat)
9:50pm	3000m Run Boys (2 heats)
10:20pm	4x400m Relay Girls (2 heats)
10:35pm	4x400m Relay JV Boys (1 heat)
10:40pm	4x400m Relay Vars Boys (1 heats)
10:45pm	Meet finally over!