

38th ANNUAL GEORGE YAMAMOTO INVITATIONAL

MEET LOCATION: Date: Saturday, April 12, 2025
Time: Coaches meeting at 12:30pm
Field events start at 1:00 pm, Running events start at 2:30 pm
Site: Mililani High School Track

ENTRY DEADLINE: Date: Wednesday, April 09, 2025 @ 7:00pm
Submit entries on <https://www.athletic.net/TrackAndField/meet/584059/register>
Please make sure to include runners names for the relay events so that their names are loaded in the entries.

ELIGIBILITY: Participants must meet the eligibility rules of their respective schools, member leagues and the OIA.

OFFICIAL RULES: This shall be governed by the National Alliance Edition of Track and Field Rules, published by the National Federation of State High School Athletic Association.

PARTICIPATION:

1. Participants may enter any four (4) track and field events.
2. Each school may enter only four (4) participants per running event and four (4) participants per field event in the meet.
3. Participants must be attired in their school uniforms.
4. Each school may enter only one team in each relay event. Relay cards will be given to coaches at the Coaches Meeting. Cards must be submitted to the Clerk of Course upon final call of the event.
5. All events will be timed finals.
6. For the long jump, triple jump, shot put, and discus; each athlete will receive 3 jumps/throws. The top 6 will have an additional jump/throw (worst to best).
7. Participants and coaches are requested to remain in their respective assigned seating areas except when warming up for an event. Failure to comply may result in disqualification.

AWARDS: The top Boys and Girls team will be announced at the conclusion of the meet. The Outstanding Male and Female Athlete of the meet as selected by the Games Committee will also be announced.

SCORING: Scoring in all individual events and relays, unless specified as non-scoring events, shall be 10-8-6-4-2-1 respectively.

REPORTING (There will be 2 calls; FIRST and LAST):

1. All participants of field events must report to their designated areas properly and promptly on last call or be scratched.
2. All relay team members must report to Clerk of Course on last call or the team may be scratched. Relay cards must be submitted at this time.
3. All participants of individual running events must report to Clerk of Course on last call or be scratched.

TIMING: Meet will be run with FAT Lynx Timing System

OFFICIALS: Each member school will be responsible for at least one (1) official to assist in the meet. Each school will be assigned duties to be responsible for (ex. Hurdle crew, field events, etc.).

GEORGE YAMAMOTO INVITATIONAL

Order of Events - Track Events

Participating Schools: Mililani, Pearl City, Kapolei, Waipahu, Kahuku, Kapa'a, Island School, Seabury Hall

Coaches Meeting: 12:30 pm

Clerk and LYNXS: Mililani

FIELD EVENTS:

1:00 pm Discus (Boys than Girls)
 Shot Put (Girls than Boys)
 High Jump (Girls than Boys)
 Pole Vault (Boys than Girls)
 Long Jump (Boys than Girls)
3:30 pm Triple Jump (Boys than Girls)

FIELD EVENT ASSIGNMENTS:

Discus Kapolei (200 ft. tape)
Shot Put Pearl City (100 ft. tape)
High Jump Waipahu (50 ft. tape)
Pole Vault Mililani (50 ft. tape)
Long Jump Mililani (100 ft. tape)
Triple Jump Kahuku (100 ft. tape)

Running Events (Girls first, Boys to follow):

2:30 pm Girls 4x800m Relay
2:45 pm Boys 4x800m Relay
3:00 pm Girls 100m High Hurdles
3:10 pm Boys 110m High Hurdles
3:20 pm Girls 100m Dash
3:30 pm Boys 100m Dash
3:40 pm Girls 1500m Run
3:50 pm Boys 1500m Run
4:00 pm Girls 4x100m Relay
4:10 pm Boys 4x100m Relay
4:20 pm Girls 400m Dash
4:40 pm Boys 400m Dash
5:00 pm Girls 300m Low Hurdles
5:15 pm Boys 300m Int. Hurdles
5:30 pm Girls 800m Run
5:45 pm Boys 800m Run
6:00 pm Girls 200m Dash
6:10 pm Boys 200m Dash
6:25 pm Girls 3000m Run
6:40 pm Boys 3000m Run
6:55 pm Girls 4x400m Relay
7:05 pm Boys 4x400m Relay
7:15 pm Coaches' 4x100m Relay
7:25 pm Team Champions & Female/Male Athlete of the Meet announced

HURDLE ASSIGNMENTS:

School:	Flight#:
Kapolei/Seabury	1 & 2
Waipahu	3 & 4
Kahuku/Kapa'a	5 & 6
Pearl City/Island	7 & 8
Mililani	9 & 10

*1st call- 15 minutes before race time, Last call- 5 minutes before race time

*** AT THE CONCLUSION OF THE MEET, PLEASE CLEAN UP YOUR TEAM AREA.**

**GEORGE YAMAMOTO INVITATIONAL TRACK & FIELD MEET
TEAM CHAMPIONS**

<u>YEAR</u>	<u>GIRLS</u>	<u>BOYS</u>
1985	Radford	St. Louis
1986	Moanalua	Farrington
1987	Mililani	Moanalua
1988	Mililani/St. Andrews	St. Louis
1989	St. Andrews	Leilehua
1990	Kamehameha/St. Andrews	Kauai
1991	Mililani	Leilehua
1992	Kamehameha	Pearl City
1993	Moanalua	Pearl City
1994	Moanalua	Pearl City
1995	Moanalua	Mililani
1996	Moanalua	Moanalua
1997	Leilehua	Mililani
1998, 2012, 2013	***Track Construction Years - Did not have meet ***	
1999	Mililani	Mililani
2000	Mililani	Mililani
2001	Mililani	Pearl City
2002	Mililani	Mililani
2003	Mililani	Mililani
2004	Mililani	Mililani
2005	Mililani	Mililani
2006	Mililani	Mililani
2006	Mililani	Leilehua
2007	Mililani	Leilehua
2008	Mililani	Leilehua
2009	Mililani	Leilehua
2010	Mililani	Leilehua
2011	Mililani	Pearl City
2014	Mililani	Mililani
2015	Mililani	Mililani
2016	Mililani	Campbell
2017	Kaiser	Campbell
2018	Campbell	Campbell
2019	Campbell	Mililani
2020-2021	***All Sports Cancelled due to COVID Pandemic ***	
2022	Mililani	Kapolei
2023	Mililani	Mililani
2024	Mililani	Mililani

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**GEORGE YAMAMOTO INVITATIONAL TRACK & FIELD MEET
OUTSTANDING ATHELETE**

1986	Suzanne Burns (Mililani)	Ian Tagalicod (St. Louis)
1986	Jonifer Fernandez (Mililani)	Jerry Cabradilla (McKinley)
1987	Diana Ota (Mililani)	James Oshiro (Pearl City)
1988	Vanessa Martinez (St. Andrews)	Aaron Napoleon (St. Louis)
1989	Karen Cook (St. Andrews)	Cecil Brisbon (Leilehua)
1990	Ashley Beckwith (St. Andrews)	Greg Olsen (Mililani)
1991	Puanani Akim (Mililani)	Jeremy Marshall (Leilehua)
1992	Kalei Kim (Kamehameha)	Aaron Steward (Leilehua)
1993	LaSonya McDonald (Campbell)	Jason Knight (Pearl City)
1994	Megan Malloy (Moanalua)	Troy Gunter (Pearl City)
1995	Desiree Holstien (Moanalua)	Matt Stevens (Pac-Five)
1996	Desiree Holstien (Moanalua)	Brian Clay (Castle)
1997	Leuticia Lewis (Leilehua)	Dyron Kelly (Mililani)
1998, 2012, 2013	***Track Construction Years - Did not have meet ***	
1999	Leila Hammonds (Mililani)	Wes Green (Waianae)
2000	Vera Simms (Mililani)	Daireyon Abrams (Mililani)
2001	Orion Wilson (Pearl City)	Brian Daniels (Mililani)
2002	Kari Tanimoto (Pearl City)	Timothy Flowers (Leilehua)
2003	Mei Li Nickles (Mililani)	Tekoree Fagan (Leilehua)
2004	Mei Li Nickles (Mililani)	Jonovan Santos (Mililani)
2005	Marina Gusman-Brown (Pearl City)	Jonovan Santos (Mililani)
2006	Ciara Quarles (Mililani)	AJ Clark (Mililani)
2007	Kristin Ali Keith (Mililani)	Aaremy Palomares (Leilehua)
2008	Courtney Senas (Mililani)	Aaremy Palomares (Leilehua)
2009	Kristin Ali Keith (Mililani)	Bryce Jenkins (Leilehua)
2010	Kristin Ali Keith (Mililani)	Margarito Martinez (Leilehua)
2011	Brittany McClay (Mililani)	Christian Aragosa (Pearl City)
2014	Tristen Dulay (Campbell)	Kahlil Stevens (Mililani)
2015	Ayana DeMoss (Mililani)	Jorden Manuel (Mililani)
2016	Kristen O'Handley (Kaiser)	Jonah Jessop (Campbell)
2017	Kristen O'Handley (Kaiser)	Ronald Norbrey (Campbell)
2018	Leilani Leopard (Campbell)	Noah Roberts (Campbell)
2019	Leilani Leopard (Campbell)	Isaiah Trice (Mililani)
2020-2021	***All Sports Cancelled due to COVID Pandemic ***	
2022	Zola O'Donnell (Mililani)	Kanoa Mahiko (Kaiser)
2023	Deiona Carter (Mililani)	Timothy Wallace (Mililani)
2024	Deiona Carter (Mililani)	Timothy Wallace (Mililani)

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George Yamamoto Invitational Meet Records

Girls 4x800 Meter Relay	10:19.90	2009	Mililani High School Kristin Ali Keith, Kimberly Pugliese, Arielle Uejo, Gabrielle Jenkins
Boys 4x800 Meter Relay	8:29.10	1999	Mililani High School Kyle Fukuchi, Andrew Kamikawa, Mark Bridenstine & Robby Philipp
Girls 100 Hurdles	15.81	2024	Aliyah Taba Waimea High School
Boys 110 Hurdles	14.26	2024	Timothy Wallace Mililani High School
Girls 100 M Dash	12.20	2000	Vera Simms Mililani High School
Boys 100 M Dash	10.70	2010	Samson Anguay Campbell High School
Girls 4x200 Meter Relay	1:46.08	2014	Campbell High School Diane Iosua, Shatres Ah Nee, Jade Savaiigaea, Tristen Dulay
Boys 4x200 Meter Relay	1:34.60	2007	Mililani High School Roy Matsunaga, Ryan Nupen, Demetrius Thomas, Ikaika Payomo
Girls 1500 M Run	4:56.61	2023	Amelie Loomis Kalaheo High School
Boys 1500 M Run	4:05.49	2024	Yuta Cole Kalani High School
Girls 4x100 Meter Relay	49.67	2024	Mililani High School Millicent Hirano, Julia Carmona, Ayanna Rivera-Gaines, Deiona Carter
Boys 4x100 Meter Relay	43.60	2009	Mililani High School Willie Coleman, Fred Culp, Duke Batunbacal, Taz Stevenson
Girls 400 M Dash	58.46	2023	Deiona Carter Mililani High School
Boys 400 M Dash	49.83	2023	Marcus Rodriguez Pearl City High School
Girls 300 Hurdles	44.06	2024	Destiny Look Mid-Pacific School
Boys 300 Hurdles	39.04	2024	Timothy Wallace Mililani High School
Girls 800 M Run	2:24.40	2022	Zola O'Donnell Mililani High School
Boys 800 M Run	1:57.57	2024	Robbey Navarro Mililani High School
Girls 200 M Dash	25.72	2017	Kristen O'Handley Kaiser High School
	25.72	2024	Deiona Carter Mililani High School
Boys 200 M Dash	22.36	2023	Sean Connell Kaiser High School
Girls 3000 M Run	10:59.45	2022	Zola O'Donnell Mililani High School
Boys 3000 M Run	9:18.33	2023	Gray Brady Kalaheo High School
Girls 4x400 Meter Relay	4:10.51	2018	Kaiser High School Hannah Hollenbeck, Juliette Lum, Alyssa Leong, Derya Hanusz
Boys 4x400 Meter Relay	3:28.58	2024	Kalani High School Yuta Cole, Tyler Grune, Jordan Amalato, Kai Bogle-Dupuis
Girls High Jump	5-05	2016	Kristen O'Handley Kaiser High School
Boys High Jump	6-07	2014	Khalil Stevens Mililani High School
Girls Pole Vault	11-10.25	2024	Analissa Paressa Waiakea High School
Boys Pole Vault	14-03	2024	Shelby Fernandez Waiakea High School
Girls Long Jump	18-00	2000	Vera Simms Mililani High School
Boys Long Jump	22-09	1997	Ricky Marshall Green Moanalua High School
Girls Triple Jump	36-00.5	2024	Julia Carmona Mililani High School
Boys Triple Jump	46-09	1997	Ricky Marshall Green Moanalua High School
Girls Discus	130-07	1997	Christy Tauolo Waianae High School
Boys Discus	155-03	2024	Blaze Hedani Iolani School
Girls Shot Put	39-00	2023	Valo Sopoaga Kaiser High School

Boys Shot Put	50-00	2024	Javian Goo Kapolei High School
Men 4x100m Coaches Relay	49.64	2024	Mililani High School Aaron Ibrao, Ryan Mitani, Kenton Kong, Jon Santos

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GIRLS RECORDS – RETIRED EVENTS

EVENT	TIME	SCHOOL	YEAR
720y SHUTTLE	1:47.5	Pearl City (Adrienne Jean Sylva, Alissa Uyeda,	2011
LOW HURDLES		Alexia Blalock, Jhenna-Rae Caldetera)	
MEDLEY RELAY (200-600-400-800)	5:51.5	Pearl City (Aimee Fukuda, Iris Nakata, Carmen Calpo & Orion Wilson)	2001
INV. 1600M RUN	5:20.1	Chelsea Smith-Wishard - Kauai	2006
4x100M RELAY	57.2	Mililani (Lokelani Paia, Tessa Asuega,	2005
WEIGHTWOMEN		Chasity Senas, Melissa Lehano)	
4x100M RELAY MIXED (Girl-Boy-Girl-Boy)	49.9	Aiea High School	1999
SPRINT MEDLEY (100-100-200-400)	1:58.0	Campbell (Liz Ariola, Michele McKethan, Danielle Pahia, & LaSonya McDonald)	1993
400M SHUTTLE LOW HURDLES*	1:08.9	Mililani (Sheryl Magee, Carrie Kallenbach, Michell Doty & Suzanne Burns)	1985

BOYS RECORDS – RETIRED EVENTS

EVENT	TIME	SCHOOL	YEAR
720y SHUTTLE	1:28.6	Pearl City (Kaipo Monis, Terry Ayers,	2001
LOW HURDLES		Fabian Balderama & Ty Jarrett)	
MEDLEY RELAY (200-600-400-800)	4:51.5	Leilehua	2008
INV. 1600M RUN	4:29.0	Hekki Jurri-Oja - Kalani	1985
4X100M RELAY WEIGHTMEN	47.10	Mililani (Jordan Torres, Shane Um, Taz Stevenson, Kala Perbera)	2010
4x100M RELAY MIXED (Girl-Boy-Girl-Boy)	49.1	Nanakuli	2008
SPRINT MEDLEY COACHES/ALUMNI	1:38.5	Mililani (Clint Lacaden, Troy Gunter, Chad Miyamoto, & Kelsey Nakanelua)	2002
4x100M RELAY COACHES/ALUMNI*	45.8	Pearl City (Joel Flores, John Lozano, Albert Tadeo & Leslie Walker)	1986
* Event replaced by Coaches/Alumni Sprint Medley Relay in 1999			
440M SHUTTLE HIGH HURDLES*	1:08.3	St. Louis (D. Lee, Mike Cox, D. Kanda, & Ryan Tagalicod)	1985
FOOTBALL 40YD (BELOW 189 LBS.)	4.93	D. Lee - St. Louis	1985
FOOTBALL 40YD (ABOVE 189 LBS.)	4.78	Adrian Murrell - Leilehua	1989
FOOTBALL 40YD (BACKS/RECIEVERS)	4.5	Tredish Wise (Leilehua)	1996
FOOTBALL 40YD (LINEMEN/LINEBACKERS)	4.8	Tumua Vitale (Waipahu)	1996
Men 800M Sprint Medley	1:37.23	Mililani High School Dan Johnson, Jon Santos, Tyler Uratsuka, Fred Culp	2015