

OIA Qualifying Meet #4 Mililani High School

Saturday, March 29, 2025, 1 p.m.

PARTICIPATING SCHOOLS Pearl City, Leilehua, Kahuku, Castle, Kamaile Academy, Waialua,
Mililani

ENTRIES Due on athletic.net by 7 p.m. Thursday, March 27, 2025.

MEET NOTES

1. Teams must set up in the upper section of the bleachers or along the track on the Waianae side of the stadium. All tents should be secured.
2. Teams may bring their own starting blocks.
3. Use tape for field events and relay marks. Please remove it when your event or race is over.
4. Field event officials should bring their own tape measure.
5. Use 1/4 inch or shorter pyramid spikes only. Coaches will be responsible for checking their teams' spikes.
6. Only athletes who are actively warming up or cooling down are allowed on the infield.
7. The concession stand will be open.

SITE PEARL CITY/MILILANI - LYNXS MILILANI

MEET SCHEDULE

12:30 AM – Coaches meeting 12:45PM - First call field events, 4x800 relays

1:00PM - Field events start, 4x800 relays

1:45PM - First call 100H/110H running events

2:00PM - First heat girls high hurdles. Other events to follow.

ASSIGNMENTS

Shot Leilehua (Girls first, boys to follow)

Discus Kahuku (Boys first, girls to follow)

Pole Vault Waialua (Girls first, boys to follow)

High Jump Kamaile Academy (Boys first, girls to follow)

Long Jump Castle (Girls first, boys to follow)

Triple Jump Pearl City (Girls first, boys to follow)

Races Starter James Lee

Clerk of Course Pearl City

Relay Zones (1) PC (2) Kahuku (3) Castle

Hurdle Crew Flights 1-2 Waialua

3-4 Leilehua

5-6 Kamaile Academy

7-10 Mililani

ORDER OF RUNNING EVENTS

Girls-Boys 4x800 M Relay

100 M High Hurdles 110 M High Hurdles

100 M Dash

1500 M Run

4x100 M Relay

400 M Dash

300 M Low Hurdles 300 M Int. Hurdles

800 M Run

200 M Dash

3000 M Run

4x400 M Relay