

Brown and Gold Time Schedule
Friday, February 21, 2025

- | | |
|---------|--|
| 4:00 pm | Field Event athletes warm-up |
| 4:30 pm | Girls HJ/Boys to follow |
| | Boys LJ/Girls to follow |
| | Shot Put/Discus (boys and girls combined) |
| | Pole Vault (boys and girls combined) |
| | |
| 4:00 pm | Runners warm up |
| 4:30 pm | 1600m run (all running events: girls 1 st and boys to follow) |
| 4:45 pm | 60m Hurdles (all sprint events will be run in lanes 1, 3, 5, & 8) |
| 5:00 pm | 200m dash |
| 5:30 pm | 400m dash |
| 5:45 pm | 800m dash |
| 6:00 pm | 150m low hurdles |
| 6:15 pm | 100m dash |
| 6:45 pm | 4x400m relay |
| | |
| 7:00 pm | Team announcements |
| 7:15 pm | Meet is finished |