

QUALIFYING MEET 2
MARCH 8, 2025 @ 2:00 PM
KAISER HIGH SCHOOL

Aiea (HOST), Kaiser (LYNXS), Waipahu, Mililani, Farrington, Anuenue, Kamaile
Academy

General Information:

1. 1/4 inch or shorter pyramid spikes only. (Spike check to be performed at officials/host site request and/or availability).
2. Chalk only, no tape for marking on the track.
3. Teams responsible for their own starting blocks.
4. All field officials please provide your own measuring equipment.
5. No cheering or coaching from the infield.
6. Asking that distance coaches be setup along the back stretch from:
 - a. The start to the end of the 1st passing zone, for the 1500.
 - b. The start to the end of the 2nd passing zone, for the 3000.
7. Only actively warming up athletes are allowed to be on the infield.
8. If your team will be using a tent please set up in the upper half of the stadium above the concourse or the ends of the lower portion of the bleachers. Bring your own weights to anchor the tent. Leave the bottom half open for spectators.
9. No food, drinks, gum, or shelled items on the track or field. Water only.
10. No climbing over railings, coaches included.
11. Last call means LAST CALL. Athletes should be present at or near the Clerk of Course at last call - once check-in is closed, it will not be reopened.
12. Entries due on [Athletic.net](https://athletic.net) by Thursday 3/6/2025 at 7:00pm.

Meet Schedule:

- Coaches Meeting/Scratch Meeting: 1:00pm
 - Spike check to follow
- Field Events: 1st Call - 1:45pm, Last Call - 1:55pm, Events Start- 2:00pm
- 4x800m: 1st Call - 1:45pm, Last Call - 1:55pm, Event Start- 2:00pm
- All Other Running Events: 1st Call - 2:45pm, Last Call - 2:55pm, Events Start - 3:00pm

School Responsibilities:

- SITE - Kaiser
- HOST - Aiea
- LYNXS - Kaiser
- Clerk of Course - Aiea
- Lap Count - Aiea
- Starter - OIA

Field Events:

- Shot Put (Girls First, Boys to Follow) - Aiea
- Discus (Boys First, Girls to Follow) - Waipahu
- Pole Vault (Girls First, Boys to Follow) - Kaiser
- High Jump (Boys First, Girls to Follow) - Farrington
- Long Jump (Girls First, Boys to Follow) - Anuenue
- Triple Jump (Girls First, Boys to Follow) - Mililani

Hurdle Flights:

- 1-2: Kamaile Academy
- 3-4: Farrington
- 5-6: Anuenue
- 7-8: Waipahu
- 9-10: Mililani

Relay Zones:

- 1 - Kamaile Academy
- 2 - Farrington
- 3 - Kaiser

Running Events: (Girls First, Boys to Follow)

- 4x800 M Relay
- 100 M High Hurdles (Girls)
- 110 M High Hurdles (Boys)
- 100 M Dash
- 1500 M Run
- 4x100 M Relay
- 400 M Dash
- 300 M Low Hurdles (Girls)
- 300 M Int. Hurdles (Boys)
- 800 M Run
- 200 M Dash
- 3000 M Run
- 4x400 M Relay