

# 2023 HHSAA Track and Field Championships

DAY 2

Saturday, May 6, 2023

Sponsored by Island Movers

<b>Field Events</b>	<b>Order</b>	<b>1st Call</b>	<b>Last Call</b>	<b>Event Start</b>
Discus	Girls	9:40 AM	9:50 AM	10:00 AM
Pole Vault	Boys	12:40 PM	12:50 PM	1:00 PM
High Jump	Girls	12:40 PM	12:50 PM	1:00 PM
Long Jump	Boys	12:40 PM	12:50 PM	1:00 PM
Shot Put	Boys	12:40 PM	12:50 PM	1:00 PM
Triple Jump	Girls	3:10 PM	3:20 PM	3:30 PM

**Implement Verification: Girls Discus - 8:30am to 9:30am. Boys Shot - 11:30am to 12:30pm. Official's meeting at 2:00pm**

**Uniform and spike inspection to begin at 3:00pm Coaches meeting at 4:00pm**

**Welcoming Ceremony at 5:15pm**

<b>Running Events</b>	<b>Order</b>	<b>1st Call</b>	<b>Last Call</b>	<b>Event Start</b>
100m High Hurdles	Girls	5:10 PM	5:20 PM	5:30 PM
	Boys	5:15 PM	5:25 PM	5:35 PM
100m Dash	Girls	5:20 PM	5:30 PM	5:40 PM
	Boys	5:25 PM	5:35 PM	5:45 PM
1500m Run	Girls	5:30 PM	5:40 PM	5:50 PM
	Boys	5:38 PM	5:48 PM	5:58 PM
4 x 100m Relay	Unified	5:46 PM	5:56 PM	6:06 PM
	Girls	5:55 PM	6:05 PM	6:15 PM
	Boys	6:00 PM	6:10 PM	6:20 PM
400m Dash	Girls	6:05 PM	6:15 PM	6:25 PM
	Boys	6:09 PM	6:19 PM	6:29 PM
300m Hurdles	Girls	6:13 PM	6:23 PM	6:33 PM
	Boys	6:17 PM	6:27 PM	6:37 PM
800m Run	Girls	6:21 PM	6:31 PM	6:41 PM
	Boys	6:26 PM	6:36 PM	6:46 PM
200m Dash	Girls	6:31 PM	6:41 PM	6:51 PM
	Boys	6:35 PM	6:45 PM	6:55 PM
3000m run	Girls	6:39 PM	6:49 PM	6:59 PM
	Boys	6:50 PM	7:00 PM	7:10 PM
4 x 400m Relay	Unified	7:09 PM	7:19 PM	7:29 PM
	Girls	7:20 PM	7:30 PM	7:40 PM
	Boys	7:25 PM	7:35 PM	7:45 PM