

**Hawaii High School Girls Track and Field**  
**Top 30 Performance List 4/30/2023**

1 Ja'lyn Deichert	King Kekaulike	12.32
2 Malia Rose Harvey	Maryknoll	12.42
3 Deiona Carter	Mililani	12.43
4 Amelia Stebe	Radford	12.49
5 Kimberly McCoy	Kaiser	12.54
6 Ruby Kessler	King Kekaulike	12.59
7 Myesha Graham	Leilehua	12.64
8 Apetahi Anderson	Kahuku	12.66
9 Kelsey Ann Sato	Punahou	12.67
10 Tatum Moku	Kamehameha	12.70
11 Tiana Burgess	Roosevelt	12.70
12 Kaitlyn Redding	Campbell	12.72
Katie Marquardsen	Kahuku	12.72
14 Isabella Bryant	Leilehua	12.79
15 Violet Schaut	Konawaena	12.81
16 Tori Zackious	King Kekaulike	12.82
17 Aaliyah Racadio-Koohanohano	Baldwin	12.88
18 Melany DeSouza	Moanalua	12.89
19 Emily Sparks	Punahou	12.90
20 Rylie Burghardt	Kamehameha	12.92
21 Xehlia Salanoa	Punahou	12.93
22 Brooke Kimura	Maryknoll	12.94
23 Ayanna Rivera-Gaines	Mililani	12.95
24 Ciara Conley	Mililani	12.97
25 Krista Cox	Kapolei	13.02
Haylee Jarvis	Mililani	13.02
27 Elizabeth Bautista	Maui	13.03
28 Aileah Villatora	Kaua'i	13.04
29 Mercedes Armstrong	Maui Preparatory	13.05
30 Mia Shepard	Iolani	13.06

**200 Meters**

1 Mia Shepard	Iolani	25.38
2 Malia Rose Harvey	Maryknoll	25.50
3 Deiona Carter	Mililani	25.63
4 Katie Marquardsen	Kahuku	25.70
5 Kimberly McCoy	Kaiser	25.82
6 Ja'lyn Deichert	King Kekaulike	26.02
7 Violet Schaut	Konawaena	26.06
8 Amelia Stebe	Radford	26.23
9 Isabella Bryant	Leilehua	26.35

10	Myesha Graham	Leilehua	26.38
11	Xevani Salanoa	Punahou	26.40
12	Jordan Davenport	Hawaii Baptist	26.41
13	Tiana Burgess	Roosevelt	26.65
14	Julia Carmona	Mililani	26.66
15	Ciara Conley	Mililani	26.71
16	Kaitlyn Redding	Campbell	26.76
	Emily Sparks	Punahou	26.76
18	Melany DeSouza	Moanalua	26.81
19	Kelsey Ann Sato	Punahou	26.88
20	Kelsey Carvill	Le Jardin	26.93
21	Selena Castro	Baldwin	26.93
22	Aaliyah Racadio-Koohanohano	Baldwin	26.94
23	Rylie Burghardt	Kamehameha	27.13
24	Kawanakinilani Manutai	Kahuku	27.14
25	Mercedes Armstrong	Maui Preparatory	27.17
26	Aileah Villatora	Kaua'i	27.23
	Lola Richardson	King Kekaulike	27.23
28	Dasha Kala	Konawaena	27.28
29	Kaia Musalborn	Konawaena	27.31
	Layla Grace	Kealakehe	27.31

#### 400 Meters

1	Mia Shepard	Iolani	57.16
2	Amelia Stebe	Radford	57.93
3	Jordan Davenport	Hawaii Baptist	58.32
4	Deiona Carter	Mililani	58.46
5	Kimberly McCoy	Kaiser	59.36
6	Kelsey Carvill	Le Jardin	59.61
7	Violet Schaut	Konawaena	59.80
8	Caroline Betlach	Hawaii Prep	59.92
9	Malia Rose Harvey	Maryknoll	1:00.15
10	Selena Castro	Baldwin	1:00.27
11	Erin Lam	Moanalua	1:00.31
12	Sierra Long	Pearl City	1:00.38
13	Julia Carmona	Mililani	1:00.45
14	Freya Carlsen	Seabury Hall	1:00.56
15	Rylie Burghardt	Kamehameha	1:00.80
16	Xevani Salanoa	Punahou	1:00.88
17	Liliana DeSouza	Island School	1:01.01
18	Destiny Look	Mid Pacific Institute	1:01.06
19	Aileah Villatora	Kaua'i	1:01.15
20	Dalen Lau	Punahou	1:01.40
21	Kealoha Baricuatro	Kamehameha Maui	1:01.67

22	Tatiana Smith	Kapolei	1:01.89
23	Saraya Burghardt	Kamehameha	1:01.99
24	ChaWei Quinn	Kalaheo	1:02.22
25	Elizabeth Bautista	Maui	1:02.35
26	Kawanakinilani Manutai	Kahuku	1:02.62
27	Annaise Jabour	Radford	1:02.80
28	Norah Brown	King Kekaulike	1:02.85
29	Dejhalyn Lopez	Campbell	1:02.87
30	Skylyn Moore	Maryknoll	1:02.94

### 800 Meters

1	Kekaihulali Halpern	Hilo	2:18.25
2	Sasha Iizuka-Sheeley	Punahou	2:22.59
3	Kimberly McCoy	Kaiser	2:22.83
4	Kelsey Carvill	Le Jardin	2:23.60
5	Maila Healing	Iolani	2:24.71
6	Ashley Kodama	Hawaii Baptist	2:25.45
7	Noelle Lezy	Punahou	2:25.74
8	Zola O'Donnell	Mililani	2:25.89
9	Cameryn Lauro	Kalaheo	2:27.12
10	Amelie Loomis	Kalaheo	2:27.37
11	Anna Pinkerton	Sacred Hearts	2:27.39
12	Renn Tanitomi	Iolani	2:29.21
13	Sofia Mattix	Makua Lani Christian	2:29.36
14	Caroline Betlach	Hawaii Prep	2:29.42
15	Kekaimalino Halpern	Hilo	2:29.52
16	Tatiana Smith	Kapolei	2:30.26
17	Kendall Henningsen	Radford	2:30.69
18	Emma Burgess	Kaua'i	2:30.87
19	Madison Callo	Hawaii Baptist	2:31.77
20	Kamaira Silva	Kaua'i	2:31.78
21	Dahila Monson	Kaiser	2:32.44
22	Skylyn Moore	Maryknoll	2:32.60
23	Dejhalyn Lopez	Campbell	2:32.89
24	Kyle Hasegawa	Punahou	2:32.94
25	Cozette Wood	Kealakehe	2:33.17
26	Norah Brown	King Kekaulike	2:33.42
27	Melanie Toczko	Campbell	2:33.54
28	Selena Castro	Baldwin	2:33.93
29	Priana Dugied	Seabury Hall	2:34.91
30	Isis-Jade Bryant	Moanalua	2:35.24

### 1500 Meters

1	Zola O'Donnell	Mililani	4:48.94
2	Kekaihulali Halpern	Hilo	4:51.90

3	Amelie Loomis	Kalaheo	4:56.61
4	Ashley Kodama	Hawaii Baptist	4:56.95
5	Logan Pang	Iolani	4:57.08
6	Isabella Ford	Punahou	5:00.36
7	Emma Burgess	Kaua'i	5:02.72
8	Cameryn Lauro	Kalaheo	5:05.08
9	Eve Cody	Kalaheo	5:06.70
10	Cozette Wood	Kealakehe	5:08.25
11	Ellie Ikemura	Mililani	5:10.42
12	Ashlyn Jacobsen	Campbell	5:10.47
13	Kyle Hasegawa	Punahou	5:10.86
14	Madison Callo	Hawaii Baptist	5:11.53
15	Kamaira Silva	Kaua'i	5:11.61
16	Maila Healing	Iolani	5:12.46
17	Priana Dugied	Seabury Hall	5:15.52
18	Dahila Monson	Kaiser	5:15.98
19	Sasha Wood	Maui	5:16.02
20	Ariana Cadina	Roosevelt	5:17.93
21	Rachel Hamasaki	Kaiser	5:18.63
22	Noelle Lezy	Punahou	5:18.77
23	Kekaimalino Halpern	Hilo	5:19.68
24	Cassie Chong	Mililani	5:20.41
25	Ashley Tarasenko	Maui	5:21.06
26	Jessica Phung	Kalani	5:22.38
27	Samantha Morinaga	Kalani	5:23.11
28	Jadyn Miller	Waiialua	5:24.61
29	Kacie Teruya	Moanalua	5:25.91
30	Kacey Miura	Kalani	5:26.85

### 3000 Meters

1	Zola O'Donnell	Mililani	10:18.35
2	Kekaijulali Halpern	Hilo	10:42.47
3	Eve Cody	Kalaheo	11:02.62
4	Amelie Loomis	Kalaheo	11:03.16
5	Emma Burgess	Kaua'i	11:03.61
6	Priana Dugied	Seabury Hall	11:16.97
7	Ellie Ikemura	Mililani	11:18.61
8	Ashley Tarasenko	Maui	11:18.90
9	Cozette Wood	Kealakehe	11:23.97
10	Cameryn Lauro	Kalaheo	11:25.52
11	Ashley Kodama	Hawaii Baptist	11:26.75
12	Rachel Hamasaki	Kaiser	11:28.24
13	Kekaimalino Halpern	Hilo	11:40.13
14	Kamaira Silva	Kaua'i	11:40.43

15	Ashlyn Jacobsen	Campbell	11:41.54
16	Caley Chun	Hawaii Baptist	11:41.89
17	Cassie Chong	Mililani	11:43.68
18	Madeline Grant	Moanalua	11:43.71
19	Sophia May	Mid Pacific Institute	11:47.70
20	Kacey Miura	Kalani	11:47.84
21	Lili Blair	Punahou	11:51.79
22	Samantha Morinaga	Kalani	11:52.99
23	Natali Nomura	Hawaii Baptist	11:53.55
24	Ariana Cadina	Roosevelt	11:53.57
25	Eryn Bunton	Hanalani Schools	11:53.94
26	Maya Schneider	Hilo	11:55.58
27	Madison Murata	Kamehameha	11:56.13
28	Elisa Childers	Kealakehe	11:58.19
29	Nova Sticklely	Waiakea	11:59.85
30	Jessica Phung	Kalani	12:02.02

### 100m Hurdles

1	Tatum Moku	Kamehameha	14.64
2	Tiana Burgess	Roosevelt	14.84
3	Nala Stojadinovic	Punahou	14.99
4	Jazmin Smith	Moanalua	15.43
5	Destiny Look	Mid Pacific Institute	15.53
6	Saraya Burghardt	Kamehameha	15.99
7	Kalena Akinaka	King Kekaulike	16.05
8	Maya Pacarro	Kamehameha	16.23
9	Tessa Onaga	Iolani	16.26
10	Maya Yoshimura	Punahou	16.55
11	Camryn Smith	Radford	16.77
12	Aliyah Taba	Waimea	16.83
13	Ciana Acosta	Waiakea	16.93
14	Braxton Kimitete	Konawaena	16.96
15	Kanoe Haneberg	Kapa'a	16.98
16	Sienna Fernandez	Baldwin	17.13
17	Hayley Wu	Punahou	17.14
18	Brooke Yamamoto	Kalani	17.15
19	Zoe Gacayan	Kamehameha Hawaii	17.20
20	Cammie Len	Kaiser	17.28
	Gianni Latimer	Kalaheo	17.28
22	Kendra Knapp	Waimea	17.39
23	Kylie Moniz	Punahou	17.43
24	Kahena Samura	Hawaii Prep	17.45
25	Felicity Nagel	Punahou	17.48
26	Kalea King	Moanalua	17.49

27	Anika Wida	Punahou	17.53
28	Kassy Ell	Kapa'a	17.56
29	Jordynn Uele	Leilehua	17.59
30	Jeannie Griffiths	Baldwin	17.67

### 300m Hurdles

1	Tatum Moku	Kamehameha	45.41
2	Tiana Burgess	Roosevelt	46.13
3	Destiny Look	Mid Pacific Institute	46.35
4	Nala Stojadinovic	Punahou	46.42
5	Saraya Burghardt	Kamehameha	46.69
6	Laule'a Ah Mook Sang	Punahou	46.72
7	Maya Yoshimura	Punahou	47.10
8	Camryn Smith	Radford	47.44
9	Kylie Moniz	Punahou	47.78
10	Braxton Kimitete	Konawaena	48.56
11	Maya Pacarro	Kamehameha	48.61
12	Devon Hall	Roosevelt	48.81
13	Ciana Acosta	Waiakea	48.88
14	Jacy Anne Dela Cruz	Maui	49.72
15	Jasmine Ramos	Kalaheo	49.79
16	Kahena Samura	Hawaii Prep	49.82
17	Alyssa Hudman	Kamehameha Hawaii	49.83
18	Kaylie Liu	Kalani	49.98
19	Mia Laver	Island School	50.03
20	Myesha Graham	Leilehua	50.23
21	Ruby Kessler	King Kekaulike	50.33
22	Cammie Len	Kaiser	50.40
23	Angelina Lind	Sacred Hearts	50.54
24	Kendra Knapp	Waimea	50.73
25	Margaret ONeal	Lahainaluna	50.81
26	Haylie Oshiro	Castle	50.89
27	Gianni Latimer	Kalaheo	50.95
28	Kayla Bush	Seabury Hall	50.99
29	Sidney Shumate	Hawaii Prep	51.01
30	Felicity Nagel	Punahou	51.38

### 4x100 Relay

1	Relay Team	King Kekaulike	49.52
2	Relay Team	Punahou	49.71
3	Relay Team	Kapolei	50.71
4	Relay Team	Baldwin	50.74
5	Relay Team	Leilehua	50.80
6	Relay Team	Mililani	50.99
7	Relay Team	Konawaena	51.01

8 Relay Team	Maryknoll	51.06
9 Relay Team	Kamehameha	51.24
10 Relay Team	Kahuku	51.30
11 Relay Team	Kamehameha Maui	51.79
12 Relay Team	Kaiser	51.80
13 Relay Team	Campbell	51.81
14 Relay Team	Waiakea	52.08
15 Relay Team	Moanalua	52.10
16 Relay Team	Iolani	52.33
17 Relay Team	Kapa'a	52.35
18 Relay Team	Kalaheo	52.50
19 Relay Team	Kealakehe	52.55
20 Relay Team	Kalani	52.59
21 Relay Team	Island School	52.79
22 Relay Team	Waimea	52.82
23 Relay Team	Pearl City	52.83
24 Relay Team	Hawaii Baptist	53.08
25 Relay Team	Hawaii Prep	53.18
26 Relay Team	Kailua	53.31
27 Relay Team	Aiea	53.39
28 Relay Team	Kaua'i	53.43
29 Relay Team	Maui	53.47
30 Relay Team	Mid Pacific Institute	53.69

#### 4x400 Relay

1 Relay Team	Punahou	4:05.44
2 Relay Team	Radford	4:06.81
3 Relay Team	Iolani	4:07.10
4 Relay Team	Mililani	4:09.77
5 Relay Team	Island School	4:13.81
6 Relay Team	Hawaii Baptist	4:14.07
7 Relay Team	Kaua'i	4:15.29
8 Relay Team	Konawaena	4:15.80
9 Relay Team	Hawaii Prep	4:15.91
10 Relay Team	Kalaheo	4:16.10
11 Relay Team	Kaiser	4:16.17
12 Relay Team	Kapolei	4:16.45
13 Relay Team	King Kekaulike	4:18.47
14 Relay Team	Hilo	4:18.56
15 Relay Team	Baldwin	4:18.71
16 Relay Team	Pearl City	4:18.90
17 Relay Team	Moanalua	4:19.68
18 Relay Team	Kamehameha	4:20.28
19 Relay Team	Kamehameha Maui	4:20.79

20 Relay Team	Leilehua	4:21.81
21 Relay Team	Campbell	4:21.93
22 Relay Team	Roosevelt	4:22.00
23 Relay Team	Kalani	4:22.27
24 Relay Team	Maryknoll	4:22.63
25 Relay Team	Kamehameha Hawaii	4:25.12
26 Relay Team	Mid Pacific Institute	4:25.34
27 Relay Team	Waiakea	4:25.55
28 Relay Team	Seabury Hall	4:25.62
29 Relay Team	Maui	4:29.22
30 Relay Team	Kahuku	4:31.47

### Shot Put

1 Valo Sopoaga	Kaiser	39' 0
2 Lulu Uluave	Punahou	36' 6.25
3 London Barboza	Kamehameha	35' 6.5
4 Lemoe Kim	Farrington	35' 1.5
5 Kiera Sam Fong	Maui	34' 11.5
6 Serenity Lepaga-Telona	Campbell	34' 11
7 Trinity Talaipa	Kamehameha	34' 10.5
8 Brooke Naniseni	Iolani	34' 6.5
9 Tanea Loa	Punahou	34' 2.5
10 Maia Esera	Kahuku	33' 10
11 Hereiti Casey	Kamehameha	33' 9.25
12 Tilau Tonga	Kahuku	33' 8
13 Tapaita Hufanga	Leilehua	33' 5.5
14 Josephyn Vea	Pearl City	33' 5
15 Caroline Mikaele	Kahuku	33' 2
16 Tehani Samuelu-Tuatagaloa	Mililani	33' 1.5
Piliialoha Lloyd	Punahou	33' 1.5
18 Elena Belen	Waianae	32' 11.5
19 Mia Enos	Waiakea	32' 8.5
20 Atina eleila Fonoti	Mililani	32' 7
21 Mia Pasi	Kahuku	31' 5
22 Hilina'i Duvachelle	Kailua	31' 0
23 Akanesi Fonoti	Farrington	30' 9
Kamy-Ann Kamai	King Kekaulike	30' 9
25 Zion Smithbey	Radford	30' 8
Zoe Kimitete	Konawaena	30' 8
27 Bathani Kaleleiki	Kamehameha	30' 7
28 Shastyne Selesele	Damien Memorial	30' 6.25
29 Devyn Zizzo-Kaleo	Hanalani Schools	30' 5.75
30 Ginger Sconfienza	Maui	30' 5.5

### Discus



1	Brooke Naniseni	Iolani	125' 1
2	Finau Tatafu	Farrington	123' 10.5
3	Lulu Uluave	Punahou	113' 5
4	Serenity Lepaga-Telona	Campbell	109' 7.5
5	Callie Katsura	Punahou	107' 4
6	Atina eleila Fonoti	Mililani	106' 5.5
7	Zoe Kimitete	Konawaena	105' 9
8	Kate Shower	Kalani	105' 6
9	Ashley Wahinepio	Farrington	104' 11
10	Bethani Kaleleiki	Kamehameha	103' 11
11	Kiera Sam Fong	Maui	103' 7
12	Jah-Naya Reyes-duffey	Roosevelt	102' 8
13	Valo Sopoaga	Kaiser	102' 4
14	Tehani Samuelu-Tuatagaloa	Mililani	102' 2
15	Tilau Tonga	Kahuku	102' 0.5
16	Fiona Mafi	Damien Memorial	101' 11
	Nanea Cobb-Adams	Iolani	101' 11
18	Caroline Mikaele	Kahuku	101' 9
19	Hereiti Casey	Kamehameha	101' 0
20	Maia Esera	Kahuku	100' 4
21	Trinity Talaipa	Kamehameha	99' 7
22	London Barboza	Kamehameha	98' 9
23	Josephyn Vea	Pearl City	98' 8
24	Mia Pasi	Kahuku	97' 1
25	Eva Kulihaapai	Roosevelt	97' 0
26	Elena Belen	Waianae	96' 10.5
27	Akanesi Fonoti	Farrington	96' 10
28	Shastyne Selesele	Damien Memorial	96' 9.5
29	Rachel Cajimat	Radford	96' 4
30	Shakina Kim	Farrington	95' 3.5

### High Jump

1	Alexis King	Iolani	5' 4
	Lexi Fujita	Iolani	5' 4
	Charli Kennedy	Le Jardin	5' 4
	Olivia Holmquist	Kalaheo	5' 4
5	Lexi Fujita	Iolani	5' 2
	Elaina Head	Hawaii Prep	5' 2
7	Vanessa Steenhuis	Kaiser	5' 1
8	Kendall Henningsen	Radford	5' 0
	Anika Wida	Punahou	5' 0
	Julia Carmona	Mililani	5' 0
11	Kilinoelehua Helm	Kamehameha Hawaii	4' 11.5
12	Jackie Tornes	Kealakehe	4' 11

Norah Brown	King Kekaulike	4' 11
Noemie Sanchez	Island School	4' 11
Destiny Look	Mid Pacific Institute	4' 11
Jah-Naya Reyes-duffy	Roosevelt	4' 11
Nayomi Toilolo	Kahuku	4' 11
18 Selah Snowden	Waimea	4' 10
Talia Threlkeld	Hawaii Prep	4' 10
Ciara Conley	Mililani	4' 10
Sydney Schoonover	Iolani	4' 10
Ella Deuchar	Punahou	4' 10
23 Kalena Akinaka	King Kekaulike	4' 9
Leilani Gates	Kamehameha Maui	4' 9
25 Alayzah Shifflett	Waianae	4' 8
Kanoe Haneberg	Kapa'a	4' 8
Pi'ilani Carvalho	PAC 5	4' 8
Kealoha Baricuatro	Kamehameha Maui	4' 8
Liliana DeSouza	Island School	4' 8
Mikaela Lagasca	Baldwin	4' 8
Amara Stegis	Kaiser	4' 8
Anniversary Filisi	Leilehua	4' 8
Neva Leung	Kaua'i	4' 8
Aliyah Taba	Waimea	4' 8
Abigail Solis	Radford	4' 8
Angie Calucag	Iolani	4' 8

### Pole Vault

1 Tatum Moku	Kamehameha	13' 7
2 Analissa Paresa	Waiakea	11' 6
3 Siena Jacobson	Iolani	10' 6
4 Ashley Matsuura	Moanalua	10' 0
5 Ashlynn Mahelona	Mililani	9' 9
Reese Pascua	Moanalua	9' 9
Kacy Katsuda	Castle	9' 9
8 Jessie Erwin	Punahou	9' 8
9 Kiana Downs	St Anthony	9' 6
10 Allie Kennedy	Kamehameha Maui	9' 3
Robin Dallas	Moanalua	9' 3
12 Charli Kennedy	Le Jardin	9' 0
Ausity Urubio	Waiakea	9' 0
Lily Barrett	King Kekaulike	9' 0
Alohilani Tangalin	Kamehameha	9' 0
16 Kaya-Alani Smith	Punahou	8' 10
17 Myla Tuitele	Kamehameha Maui	8' 9
Hoku Tiwanak	Kaiser	8' 9

19	Emma Campagna	Moanalua	8' 6
	Taliga Hunt	Kamehameha	8' 6
21	Alexis Tupou	Kamehameha	8' 4
22	Davan Rooney	Hawaii Prep	8' 3
	Madison Kaheaku-Badua	Maryknoll	8' 3
24	Deanna Wen	Punahou	8' 2
	Makani Matsumoto	Kamehameha	8' 2
26	Sammi Kinoshita	Baldwin	8' 1
27	Kealia Kamalani	Kaiser	8' 0
	Claudia Wagenvoord	Kaiser	8' 0
	Kaili Mahaulu	Waiakea	8' 0
	Kayla Balandran	Castle	8' 0

### Long Jump

1	Tatum Moku	Kamehameha	18' 7
2	Tiana Burgess	Roosevelt	18' 2
3	Kelsey Carvill	Le Jardin	17' 9.25
4	Myesha Graham	Leilehua	17' 8.75
5	Julia Carmona	Mililani	17' 7
6	Lexi Fujita	Iolani	17' 1.5
7	Lexi Fujita	Iolani	16' 11.5
8	Isabella Bryant	Leilehua	16' 7.75
9	Elaina Head	Hawaii Prep	16' 7.25
10	Kanoe Haneberg	Kapa'a	16' 4.25
	Maja Szpunar	King Kekaulike	16' 4.25
12	Kelsey Ann Sato	Punahou	16' 3.75
13	Kaia Musalborn	Konawaena	16' 3
14	Kiani Panoke	Maryknoll	16' 2.5
15	Rushelaine Alsola	Waianae	16' 2
16	Madelyn Wong	Iolani	16' 1.75
17	Cammie Len	Kaiser	16' 1.25
18	Apetahi Anderson	Kahuku	16' 0
	Zoey McClure	Radford	16' 0
	Kawanakinilani Manutai	Kahuku	16' 0
21	Maya Pacarro	Kamehameha	15' 11.5
22	Lili Wolfenberger	Hawaii Prep	15' 11
	Alayzah Shifflett	Waianae	15' 11
24	Layla Grace	Kealakehe	15' 10.75
25	Kokona Watanabe	Kalani	15' 9.25
26	Aiesha Deweever	Pearl City	15' 9
	Tessa Onaga	Iolani	15' 9
	Kendall Henningsen	Radford	15' 9
29	Angelina Lind	Sacred Hearts	15' 8.5
30	Leilani Gates	Kamehameha Maui	15' 7.5

## Triple Jump

1	Tiana Burgess	Roosevelt	38' 3.5
2	Julia Carmona	Mililani	37' 3.5
3	Laule'a Ah Mook Sang	Punahou	36' 1.75
4	Haylee Jarvis	Mililani	35' 5
5	Kiani Panoke	Maryknoll	35' 0.5
6	Xevani Salanoa	Punahou	34' 10
	Kendall Henningsen	Radford	34' 10
	Elaina Head	Hawaii Prep	34' 10
9	Madelyn Wong	Iolani	34' 4
10	Kawanakinilani Manutai	Kahuku	34' 2
11	Tamilyn Ebisu	Baldwin	34' 0
12	Salah Williams	Leilehua	33' 7.5
13	Cammie Len	Kaiser	33' 6.75
14	Kanoe Haneberg	Kapa'a	33' 5
15	Alyssa Hudman	Kamehameha Hawaii	33' 3
16	Mia Garvin	Kalani	33' 2.5
17	Sara Matsumoto	Iolani	32' 9.5
18	Kalena Torres-Estores	Baldwin	32' 9
19	Kilinoelehua Helm	Kamehameha Hawaii	32' 8.5
20	Micah Devine	Kaimuki	32' 6.5
	Tiani Gibson	Kamehameha	32' 6.5
22	Layla Grace	Kealakehe	32' 5
23	Ma'ila Stephens	Hanalani Schools	32' 4.5
24	Apetahi Anderson	Kahuku	32' 4
25	Ella Deuchar	Punahou	32' 3.75
26	Miriam Fleming	Radford	32' 3
27	Leilani Gates	Kamehameha Maui	32' 2
28	Kokona Watanabe	Kalani	32' 1.5
29	Maddie Halladay	Island School	32' 0.5
30	Sydney Schoonover	Iolani	32' 0

**Hawaii High School Boys Track and Field**  
**Top 30 Performance List 4/30/2023**

**100 Meters**

1	Joseph Randolph	Baldwin	10.70
2	Shane Kawakami-Williams	Hawaii Baptist	10.84
3	Trech Kekahuna	St Louis	10.90
4	Jalen Keller	Kalaheo	10.91
5	Davidson Kathman	Kalaheo	10.95
	Jaylan Johnson	Mililani	10.95
	Gabriel Maramag-Ganigan	Moanalua	10.95
8	Alexander Gardner	Damien Memorial	10.96
9	Madden Soliai	Kahuku	10.98
10	Sean Connell	Kaiser	11.01
11	Kaimana Carvalho	Kahuku	11.03
12	Sytyn Lasconia	St Louis	11.04
13	Kai Strawn	Kaiser	11.04
14	Kainoa Ronquilio	Punahou	11.09
15	Jake Yoro	King Kekaulike	11.12
16	Jahren Altura	St Louis	11.13
17	Kingsley Ah You	Kahuku	11.13
18	Jourdain Berinobis-Pyne	Campbell	11.14
19	Landen Ambrocio	Baldwin	11.15
20	Joshua Santiago	Waianae	11.17
21	Jeremy Garner II	Moanalua	11.19
22	Andrew Manivong	Mililani	11.20
23	Kahiau Poe	Kamehameha Hawaii	11.21
24	William Reed	St Louis	11.22
25	Coby Tanioka	Castle	11.23
26	Timothy Wallace	Mililani	11.24
	Keenan Jayonah Josh Ulu	Moanalua	11.24
	Noah Ambrose	Maryknoll	11.24
29	Ean Kamau-Waikiki	Punahou	11.25
30	Carmine Taetuna-Fautanu	Konawaena	11.28
	Tuan Pettaway	Mililani	11.28

**200 Meters**

1	Joseph Randolph	Baldwin	21.89
2	Jalen Keller	Kalaheo	22.10
3	Alexander Gardner	Damien Memorial	22.30
4	Trech Kekahuna	St Louis	22.31
5	Sean Connell	Kaiser	22.36

6	Gabriel Maramag-Ganigan	Moanalua	22.45
7	Luke Kaneshiro	Castle	22.47
8	Kainoa Ronquilio	Punahou	22.48
9	William Reed	St Louis	22.55
10	Coby Tanioka	Castle	22.58
11	Maximilian Even	Punahou	22.68
12	Jaylan Johnson	Mililani	22.73
13	Marcus Rodriguez	Pearl City	22.74
14	Jake Yoro	King Kekaulike	22.76
15	Kai Strawn	Kaiser	22.79
16	Bryson Pataray	St Louis	22.80
17	Davidson Kathman	Kalaheo	22.89
	Carmine Taetuna-Fautanu	Konawaena	22.89
	Jeremy Garner II	Moanalua	22.89
20	Landen Ambrocio	Baldwin	22.92
21	Zachary White	Punahou	22.97
22	Christopher Kanemori	Kalani	22.99
23	Jahren Altura	St Louis	23.00
24	Casey Connell	St Louis	23.00
25	Josiah Fetui	St Louis	23.03
	Max Anklam	Maui	23.03
	Zedekiah Anahu-Ambrosio	Konawaena	23.03
28	Jason Kealoha	Kapolei	23.10
29	Mason Tucker	Punahou	23.13
30	Joshua Santiago	Waianae	23.16

#### 400 Meters

1	Shane Kawakami-Williams	Hawaii Baptist	48.95
2	Kainoa Ronquilio	Punahou	49.50
3	Marcus Rodriguez	Pearl City	49.83
4	Sean Connell	Kaiser	50.06
5	Casey Connell	St Louis	50.12
6	Rahieum Lee	Moanalua	50.36
7	Maximilian Even	Punahou	50.50
8	Michael Joshua Price	St Louis	50.62
9	Mark Spencer	Hanalani Schools	50.67
10	William Reed	St Louis	50.71
11	Alexander Gardner	Damien Memorial	50.75
12	Alexander Tuson	Waiakea	50.96
13	Noa Wong	Punahou	51.05
14	Malik Coleman	Moanalua	51.10
15	Max Anklam	Maui	51.12

16 Christopher Kanemori	Kalani	51.25
17 Michael Hayslett	Radford	51.32
18 Kai Strawn	Kaiser	51.33
19 Zamontae Miller	Leilehua	51.47
20 Jalen Keller	Kalaheo	51.64
21 Zachary White	Punahou	51.69
22 Malik Jackson	Campbell	51.70
<b>23 Rahsaan Soberman</b>	<b>Mililani</b>	<b>52.07</b>
Aidan Clifford	Radford	52.07
25 Ryan Correa	Punahou	52.09
26 Pierce Armstrong	Maui Preparatory	52.15
27 Jahren Altura	St Louis	52.18
28 Jayden Gebin	Waiakea	52.21
29 Keon Preusser	Iolani	52.34
30 Luke Hendricks	Hawaii Prep	52.40

### 800 Meters

1 Yuta Cole	Kalani	1:58.40
2 Devin Pang	Iolani	1:58.81
3 Michael Joshua Price	St Louis	1:58.84
4 Rahieum Lee	Moanalua	1:59.53
<b>5 Robbey Navarro</b>	<b>Mililani</b>	<b>2:00.81</b>
6 Andrew Lovell	Punahou	2:01.34
7 Benjamin Brown	Punahou	2:01.42
8 Brady Akau	Kamehameha	2:01.71
9 Nathan Ewing	Punahou	2:01.86
10 Kainoa Ronquilio	Punahou	2:02.01
11 Keon Preusser	Iolani	2:02.13
12 Alexander Tuson	Waiakea	2:02.54
13 Michael Abunimeh	Radford	2:02.55
14 Chasen Inoshita	Punahou	2:02.97
15 Riley Herradura	Campbell	2:03.20
16 Malik Coleman	Moanalua	2:03.26
17 Colin Shimabukuro	Moanalua	2:03.43
18 Ryan Eto	Iolani	2:03.61
19 Ethan Phan	Roosevelt	2:03.80
20 Aidan Javier	Kihei Charter	2:03.88
21 Nathan Au	Roosevelt	2:03.92
22 Cameron Cornforth	Kealakehe	2:04.11
23 Jake Hackett	King Kekaulike	2:04.97
24 Ian Washburn	Christian	2:05.07
25 Bradley Pratt	Island School	2:05.29

26 Nathaniel Ho	Kamehameha	2:05.60
27 Derrick Jordan	Kapolei	2:05.71
28 Gray Brady	Kalaheo	2:05.84
29 Keahi Ching	Leilehua	2:05.92
30 Noah Wakabayashi	Iolani	2:06.35

### 1500 Meters

1 Yuta Cole	Kalani	4:01.35
2 Benjamin Brown	Punahou	4:09.05
3 Gray Brady	Kalaheo	4:09.24
4 Michael Joshua Price	St Louis	4:09.93
5 Keane Palmer	Iolani	4:13.95
6 Thomas Rosenbalm	Mililani	4:15.54
7 Michael Abunimeh	Radford	4:15.79
8 Sage Soto	Kapolei	4:15.96
9 Ethan Chock	Iolani	4:16.00
10 James Jarman	King Kekaulike	4:16.75
11 Riley Herradura	Campbell	4:16.82
12 Micah Brighton	Seabury Hall	4:17.35
13 Nicholas Pugliese	Punahou	4:18.12
14 Colin Shimabukuro	Moanalua	4:18.32
15 Payton Mukkada	Mililani	4:18.58
16 Levi Childers	Kealakehe	4:18.60
17 Enzo Queirolo	Kihei Charter	4:18.65
18 Nicolas Moses	Iolani	4:18.73
19 Cameron Cornforth	Kealakehe	4:18.97
20 Peter Lowell	Maryknoll	4:20.21
21 Jake Hackett	King Kekaulike	4:20.27
22 Robbey Navarro	Mililani	4:20.80
23 Chasen Inoshita	Punahou	4:21.99
24 Shane Tominaga	Waiakea	4:22.63
25 Dylan Djou	Hawaii Baptist	4:22.92
26 Xan Waialeale	Hawaii Baptist	4:23.04
27 Keahi Ching	Leilehua	4:24.16
28 Cole Kaneshiro	Iolani	4:24.26
29 Aspen-Shay Kane	Kamehameha	4:24.34
30 Austin Mohica	Waiakea	4:24.49

### 3000 Meters

1 Yuta Cole	Kalani	9:14.47
2 Gray Brady	Kalaheo	9:18.33
3 Levi Childers	Kealakehe	9:19.11
4 James Jarman	King Kekaulike	9:24.24



5	Shane Tominaga	Waiakea	9:25.60
6	Micah Brighton	Seabury Hall	9:28.80
7	Payton Mukkada	Mililani	9:29.52
8	Keane Palmer	Iolani	9:30.16
9	Austin Mohica	Waiakea	9:33.13
10	Colin Shimabukuro	Moanalua	9:34.09
11	Ethan Chock	Iolani	9:34.84
12	Cole Kaneshiro	Iolani	9:34.96
13	Spencer Lyau	Iolani	9:35.75
14	Jeremy Choi	Iolani	9:36.82
15	Michael Abunimeh	Radford	9:36.85
16	Nicholas Pugliese	Punahou	9:38.25
17	Jared Crestetto	Hawaii Baptist	9:38.80
18	Brennen Corregedore	Kaua'i	9:40.22
19	Sage Soto	Kapolei	9:40.84
20	CJ Loomis	Kalaheo	9:41.00
21	Dylan Djou	Hawaii Baptist	9:43.86
22	Nicolas Moses	Iolani	9:43.89
23	Roberto Espinoza	Mililani	9:43.92
24	Luke Anderson	Mililani	9:45.91
25	Peter Lowell	Maryknoll	9:46.03
26	Aspen-Shay Kane	Kamehameha	9:48.85
27	Lucas Connaroe	Radford	9:50.06
28	Jonathan Benchoff	Radford	9:51.15
29	Hekili Kamalani	Kamehameha	9:52.14
30	Wes Yamaguchi	Punahou	9:52.22

### 110m Hurdles

1	Timothy Wallace	Mililani	14.49
2	Joshua Sanders	Moanalua	14.79
3	Tai Demura-Devore	Punahou	15.43
4	Edward Silliman	Island School	15.51
5	Diamond Hanohano-Pastushin	Campbell	15.53
6	Antone Sanches	Baldwin	15.65
7	Isaac Kaalakea	Baldwin	15.71
8	Kala Velasco	Kapa'a	15.78
9	Reshod Scott	Moanalua	15.82
10	Malachi Wilson	Pahoa	15.86
11	Dante Peltier	Kaimuki	15.92
12	Ares Pasion	Mililani	15.24
13	Theolease Priester	Iolani	16.09
14	DJ Sabas	Maui	16.09

15 Brock Fonoimoana	Kahuku	16.10
16 Wylder Peterson	Kamehameha	16.13
17 Isaiah Hill	Moanalua	16.24
18 Kameron Kaanapu	Damien Memorial	16.25
19 James Medeiros	Baldwin	16.29
20 Tyler Grune	Kalani	16.36
21 Kaoi Blaisdell-Higa	Punahou	16.39
22 Kilinahe Wong	Kamehameha	16.51
23 Cade Blake	Punahou	16.65
24 Reece Poscablo	Roosevelt	16.65
25 Thomas Feeney	Roosevelt	16.72
26 Zane Thomason	Mililani	16.86
27 Ethan Phan	Roosevelt	16.96
28 Nasir Merchant	Punahou	17.04
29 Zanden Willis	St Louis	17.13
30 Tayvon Ching-Harrell	Pearl City	17.21

### 300m Hurdles

1 Sytyn Lasconia	St Louis	40.20
2 Tyler Grune	Kalani	40.53
3 Theolease Priester	Iolani	40.63
4 Joshua Sanders	Moanalua	40.90
5 Tai Demura-Devore	Punahou	40.96
6 Timothy Wallace	Mililani	41.00
7 Reshod Scott	Moanalua	41.21
8 Ares Pasion	Mililani	41.25
9 Reece Poscablo	Roosevelt	41.40
10 Malachi Wilson	Pahoa	41.46
11 Thomas Feeney	Roosevelt	41.74
12 Diamond Hanohano-Pastushin	Campbell	41.85
13 Wylder Peterson	Kamehameha	42.02
14 Antone Sanches	Baldwin	42.16
15 Isaac Kaalakea	Baldwin	42.18
16 DJ Sabas	Maui	42.25
Treyton Corpuz	Pearl City	42.25
18 Jaiden Sams	Waimea	42.40
19 Cade Blake	Punahou	42.52
20 Nasir Merchant	Punahou	42.64
21 Landon Kinilau	Kamehameha	42.73
22 James Medeiros	Baldwin	42.84
23 Kaumuali'i Gancinia	Pahoa	42.88
24 Brock Fonoimoana	Kahuku	42.89

25	Kornelious Tabag-Taira	Nanakuli	42.91
26	David Edwards	Kapolei	43.00
27	Isaiah Hill	Moanalua	43.11
28	Reif York-Viernes	St Louis	43.31
29	Edward Silliman	Island School	43.31
30	Rylan Hayes	Punahou	43.34

### 4x100 Relay

1	Relay Team	St Louis	42.93
2	Relay Team	Punahou	43.08
3	Relay Team	Mililani	43.10
4	Relay Team	Moanalua	43.18
5	Relay Team	Maui	43.55
6	Relay Team	Pearl City	43.67
	Relay Team	Kahuku	43.67
8	Relay Team	Baldwin	43.69
9	Relay Team	Konawaena	43.90
10	Relay Team	Campbell	43.97
11	Relay Team	Iolani	44.09
12	Relay Team	Waiakea	44.10
13	Relay Team	Hawaii Baptist	44.16
14	Relay Team	Kaiser	44.24
15	Relay Team	Damien Memorial	44.30
16	Relay Team	Castle	44.30
17	Relay Team	Kalani	44.37
18	Relay Team	Kalaheo	44.43
19	Relay Team	Kamehameha	44.44
20	Relay Team	Kapolei	44.56
21	Relay Team	Leilehua	44.75
22	Relay Team	Hanalani Schools	44.83
23	Relay Team	Waipahu	44.92
24	Relay Team	Kamehameha Hawaii	44.97
25	Relay Team	Maryknoll	45.00
26	Relay Team	King Kekaulike	45.10
27	Relay Team	Roosevelt	45.12
28	Relay Team	Kamehameha Maui	45.14
29	Relay Team	Radford	45.22
30	Relay Team	Kealakehe	45.24

### 4x400 Relay

1	Relay Team	Punahou	3:21.48
2	Relay Team	St Louis	3:23.50
3	Relay Team	Moanalua	3:26.84

4 Relay Team	Iolani	3:28.18
5 Relay Team	Pearl City	3:28.27
6 Relay Team	Mililani	3:29.95
7 Relay Team	Castle	3:30.16
8 Relay Team	Kamehameha	3:30.31
9 Relay Team	Kalani	3:30.58
10 Relay Team	Radford	3:31.47
11 Relay Team	Campbell	3:32.94
12 Relay Team	Leilehua	3:33.06
13 Relay Team	Roosevelt	3:33.43
14 Relay Team	Waiakea	3:33.54
15 Relay Team	Hawaii Baptist	3:33.80
16 Relay Team	Kaiser	3:34.22
17 Relay Team	Kihei Charter	3:35.35
18 Relay Team	Hanalani Schools	3:36.70
19 Relay Team	Kapolei	3:36.95
20 Relay Team	Baldwin	3:37.04
21 Relay Team	Konawaena	3:37.27
22 Relay Team	Kalaheo	3:37.50
23 Relay Team	Mid Pacific Institute	3:37.63
24 Relay Team	Farrington	3:39.12
25 Relay Team	Kahuku	3:39.26
26 Relay Team	Maryknoll	3:39.75
27 Relay Team	Kealakehe	3:40.05
28 Relay Team	Island School	3:42.07
29 Relay Team	Kamehameha Maui	3:42.21
30 Relay Team	Maui Preparatory	3:42.76

### Shot Put

1 Kealiikupono Dikilato	Kamehameha	53' 9
2 John-Keawe Sagapolutele	Punahou	51' 5.5
3 Stanley Raass	Kahuku	51' 4
4 Josh Sagapolutele	St Louis	50' 4.75
5 Ala'i Williams	Punahou	50' 2.5
6 Aizek Lakalaka	Maui	48' 3
7 Jacob Maneafaiga	Farrington	48' 0
8 Shyson Cachuela	Kapolei	47' 6.5
9 Kalei Harbottle	Kamehameha	47' 1
10 Aizley Lakalaka	Maui	46' 8.75
11 Pono Meli	Kamehameha	46' 8.5
GianCarlo Rufo	Punahou	46' 8.5
13 Lautaimi Falaniko	Campbell	46' 6.25

14 William Saelua	Kamehameha	46' 4.25
15 Shauntae Taifmai	Waiakea	45' 8
16 Donovan Magbual	Maui	44' 7
17 Brayden Tomas	St Louis	44' 4
18 Rustin Young	St Louis	44' 2
19 Javian Goo	Kapolei	43' 11.5
20 Oliliko Rodrigues	Anuenue	43' 6.5
21 Isaac Maugaleoo	Campbell	43' 3
22 Jaylan Johnson	Mililani	43' 1
23 Keoni McLeod	Waianae	43' 0.5
24 Elias Malapit	Konawaena	42' 11
25 Gabriel Aiona	Hawaii Prep	42' 10
26 Ernie-John Tautalatasi	Waianae	42' 9.5
27 Tobey Lau	Kamehameha Hawaii	42' 7.5
28 Haaheo Dela Cruz	Iolani	42' 5
29 Kielan Siamani	Punahou	42' 1.5
Kingsten Samuelu	Mililani	42' 1.5

#### Discus

1 Kealiikupono Dikilato	Kamehameha	167' 3
2 Stanley Raass	Kahuku	158' 9
3 John-Keawe Sagapolutele	Punahou	155' 4
4 Tnias Tavale	Campbell	146' 3
5 Tobey Lau	Kamehameha Hawaii	145' 7
6 Jacob Maneafaiga	Farrington	144' 8
Blaze Hedani	Iolani	144' 8
8 Shyson Cachuela	Kapolei	144' 7
9 Keoni McLeod	Waianae	143' 5
10 Aizek Lakalaka	Maui	140' 7
11 Kilinahe Aki	Farrington	140' 4
12 Josh Sagapolutele	St Louis	139' 8
13 Lautaimi Falaniko	Campbell	136' 10
14 Niau Paulos	Kamehameha Hawaii	136' 8
15 Kingsten Samuelu	Mililani	136' 0
16 Sione Pasi	Kahuku	134' 4
Jericho Adolpho	Molokai	134' 4
18 Bradley Kansou	Pearl City	133' 0
19 Tevita Lavemai	Kea'au	132' 4
20 Kahikinaokala Kalima	Kailua	131' 10
21 Ezekiel Ledward	Hilo	131' 8
22 Alati Kata	McKinley	130' 7
23 Aizley Lakalaka	Maui	130' 3

24 Noah Tyrin	Waiakea	130' 1
Isaac Maugaleoo	Campbell	130' 1
26 Elias Malapit	Konawaena	129' 8
27 Jones Vierra	Iolani	129' 6
28 Bobby Best	Pearl City	129' 5
29 Pa'u Spencer	Kamehameha Maui	128' 9
30 Tina'u Fiaui	Punahou	128' 6

### High Jump

1 Cal'von Baker	Mililani	6' 5
2 William Reed	St Louis	6' 2
3 Nash Burkhart	Kapa'a	6' 1
Matis Aguilar	Roosevelt	6' 1
5 Ayndra Uperesa-Thomas	Punahou	6' 0
6 Levi Weatherford	Baldwin	5' 11
Dane Kellner	Punahou	5' 11
8 Josiah Fetui	St Louis	5' 10
Makana Taylor	Kapolei	5' 10
Pierce Parker	Radford	5' 10
11 Jaylan Johnson	Mililani	5' 9
12 Connor Chanhboury	Castle	5' 8
Timothy Arnold	Leilehua	5' 8
Jeremy Garner II	Moanalua	5' 8
Kahanu Kalahiki	Kamehameha	5' 8
James Medeiros	Baldwin	5' 8
Agenhart Ellis	Punahou	5' 8
Shane Ueki	Kamehameha Maui	5' 8
Jaxon Capelli	Kapa'a	5' 8
Sylas Alaimalo	Damien Memorial	5' 8
Reece Bergen	Waiakea	5' 8
Kaysen Doll	Waiakea	5' 8
23 Keoki Alani	Konawaena	5' 7
Dillon Kellner	Punahou	5' 7
Kana'i Gibson	Kamehameha	5' 7
Kanoa Monteilh	St Louis	5' 7
DJ Sabas	Maui	5' 7
Logan Enos	Kamehameha Hawaii	5' 7
Kalai Wells	Kahuku	5' 7
30 Collin Bradshaw	Kahuku	5' 6
Gage Bala	Aiea	5' 6
Teagan Hill	Kaiser	5' 6
Casey Talana	Baldwin	5' 6

Antone Sanches	Baldwin	5' 6
Benjamin(Gaige) White	Kalaheo	5' 6
Ziya Quinn	Roosevelt	5' 6
Chase Paulsen	Leilehua	5' 6
Kai Godwin	Maui Preparatory	5' 6
<b>Isaiah Padello</b>	<b>Mililani</b>	<b>5' 6</b>
Anakalea Monteilh	St Louis	5' 6
Jordan Tsugawa	Castle	5' 6
Miles Hornage	Campbell	5' 6
James Ingram	Leilehua	5' 6
Thomas Borges	Lahainaluna	5' 6
Kaimana Carvalho	Kahuku	5' 6
Spencer Shefler	Kaimuki	5' 6
Kai Bogle-Dupuis	Kalani	5' 6
Dylan Bowen	King Kekaulike	5' 6
Karson Mateo	Kaua'i	5' 6
Joaquin Mejia	Mid Pacific Institute	5' 6
Laanui Meyers	Konawaena	5' 6

### **Pole Vault**

1 Kana'i Gibson	Kamehameha	13' 9
2 Keegan Gantala	Kamehameha Maui	13' 7
3 Shelbey Cabais-Fernandez	Waiakea	13' 6
4 Brock Toma	Baldwin	13' 3
Nohi Casco	Kamehameha Maui	13' 3
Alexander Yuen	Punahou	13' 3
7 Luke Kaneshiro	Castle	13' 1
<b>8 Zane Thomason</b>	<b>Mililani</b>	<b>13' 0</b>
JJ Panglao	Baldwin	13' 0
10 Zack Takeshita	Iolani	12' 11
11 Hakaru Nitahara	Kamehameha Maui	12' 9
Hudson Nguyen	Iolani	12' 9
Caden Asato	Baldwin	12' 9
14 Kaike Ramos	Kamehameha Hawaii	12' 6
<b>15 Hayden Ramiscal</b>	<b>Mililani</b>	<b>12' 4</b>
16 Logan Mansfield	Punahou	12' 3
Jonathan Benchoff	Radford	12' 3
Nicson Alapai	Kamehameha	12' 3
Shane Pinho	Kamehameha	12' 3
20 Nathan Au	Roosevelt	12' 0
Joseph Wojcieski	Maui	12' 0
22 Aaron Guerrero	St Anthony	11' 9

	Brady Awakuni	Iolani	11' 9
	Vaughn Baldemor	Punahou	11' 9
25	Jacob Futch	Radford	11' 8
26	Isaiah Stubblebeen	Maui	11' 6
27	Keala Utsuki	Punahou	11' 4
	Caleb Pitts	Radford	11' 4
	Ziya Quinn	Roosevelt	11' 4
30	Luke Aroyan-Fernandez	Baldwin	11' 3

### Long Jump

1	Joshua Sanders	Moanalua	22' 5
2	Josiah Fetui	St Louis	22' 2.75
3	Joseph Randolph	Baldwin	22' 2.25
4	Christian Kauhane	Punahou	22' 0
5	Agenhart Ellis	Punahou	21' 7.75
6	Bryson Pataray	St Louis	21' 4.75
7	Nash Burkhart	Kapa'a	21' 4
8	Torrance Satta-Ellis	Konawaena	21' 3
9	Bradley Kansou	Pearl City	21' 2.5
10	Kahiau Poe	Kamehameha Hawaii	20' 11.25
11	Leonard Ah You	Kahuku	20' 10.75
12	Anakalea Monteilh	St Louis	20' 10
	Timothy Arnold	Leilehua	20' 10
14	Dante Peltier	Kaimuki	20' 7
15	Trey Shimabukuro	Maui	20' 6
16	Kana'i Gibson	Kamehameha	20' 5.5
17	Cal'von Baker	Mililani	20' 5
18	Shane Ueki	Kamehameha Maui	20' 4
19	Aiden Hardie	Kamehameha	20' 2.75
20	Joshua Santiago	Waianae	20' 2.5
21	Brock Fonoimoana	Kahuku	20' 2
	Makana Taylor	Kapolei	20' 2
23	Aaron Dumaslan	Waipahu	20' 1.5
24	Kingsley Ah You	Kahuku	20' 1
25	Joe Langworthy	Punahou	20' 0.5
26	Tayten (Nalu) Chinen-Zablan	Damien Memorial	20' 0
27	Jayden Grevious	Moanalua	19' 11.75
28	Kanoa Monteilh	St Louis	19' 10.75
	Blayden Grace	Hilo	19' 10.75
30	Kahanu Kalahiki	Kamehameha	19' 10.5

### Triple Jump

1	Josiah Fetui	St Louis	44' 4
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2	Torrance Satta-Ellis	Konawaena	43' 11
3	Brock Fonoimoana	Kahuku	43' 3
4	Christian Kauhane	Punahou	43' 2
5	Joaquin Mejia	Mid Pacific Institute	42' 11
6	Cal'von Baker	Mililani	42' 5
7	Leonard Ah You	Kahuku	42' 3
8	Asher Matsui	Iolani	42' 1.25
9	Nash Burkhart	Kapa'a	42' 0
10	Joey Chu	Kalani	41' 9.75
11	Antone Sanches	Baldwin	41' 5.5
12	Ryder Iwata	Kalani	41' 4.5
13	Aaron Dumaslan	Waipahu	41' 3.5
14	Connor Allen	Punahou	41' 3
15	Kahiau Poe	Kamehameha Hawaii	40' 11.5
16	Ayndra Uperesa-Thomas	Punahou	40' 11.25
	Bryson Pataray	St Louis	40' 11.25
18	Mikhail Brooks	Mililani	40' 11
19	Logan Enos	Kamehameha Hawaii	40' 9.25
20	Kekainalu Fuerte	Kamehameha Hawaii	40' 8.5
21	Michael Robinson	Radford	40' 7
22	Stone Kanoa	St Louis	40' 6.5
23	Michael Oh	Punahou	40' 3.25
24	Shane Ueki	Kamehameha Maui	40' 3
25	Kaoi Blaisdell-Higa	Punahou	40' 2.5
26	Devontae Myrick	Maui	40' 1.5
	Isaac Kaalakea	Baldwin	40' 1.5
28	Jayden Yamashita	Kapa'a	40' 0.25
29	Teagan Hill	Kaiser	39' 10.5
30	Kameron Kaanapu	Damien Memorial	39' 8.5