

Cal Track and Ruby Tuesday's Invitational

Saturday, March 18, 2023

Moanalua High School

Field Events	Order	1st Call	Last Call	Event Start
Discus	Boys	12:40 PM	12:50 PM	1:00 PM
Discus	Girls	To Follow Boy's Discus		
Shot Put	Girls	12:40 PM	12:50 PM	1:00 PM
Shot Put	Boys	To Follow Girl's Shot Put		
Long Jump	Boys	12:40 PM	12:50 PM	1:00 PM
Long Jump	Girls	To Follow Boy's Long Jump		
Triple Jump	Boys	To Follow Girl's Long Jump		
Triple Jump	Girls	To Follow Boy's Triple Jump		
High Jump	Girls	12:40 PM	12:50 PM	1:00 PM
High Jump	Boys	To Follow Girl's High Jump		
Pole Vault	Boys	12:40 PM	12:50 PM	1:00 PM
Pole Vault	Girls	To Follow Boy's Pole Vault		
Running Events	Order	1st Call	Last Call	Event Start
100m High Hurdles	Girls	2:40 PM	2:50 PM	3:00 PM
110m High Hurdles	Boys	2:50 PM	3:00 PM	3:10 PM
100m Dash	Girls	3:00 PM	3:10 PM	3:20 PM
100m Dash	Boys	3:10 PM	3:20 PM	3:40 PM
1500m Run	Girls	3:20 PM	3:30 PM	3:40 PM
1500m Run	Boys	3:35 PM	3:45 PM	3:55 PM
4 x 100m Relay	Girls	3:50 PM	4:00 PM	4:10 PM
4 x 100m Relay	Boys	4:00 PM	4:10 M	4:20 PM
400m Dash	Girls	4:10 PM	4:20 PM	4:30 PM
400m Dash	Boys	4:20 PM	4:30 PM	4:40 PM
300m Hurdles	Girls	4:30 PM	4:40 PM	4:50 PM
300m Hurdles	Boys	4:40 PM	4:50 PM	5:00 PM
800m Run	Girls	4:50 PM	5:00 PM	5:10 PM
800m Run	Boys	5:00 PM	5:10 PM	5:20 PM
200m Dash	Girls	5:10 PM	5:20 PM	5:30 PM
200m Dash	Boys	5:20 PM	5:30 PM	5:40 PM
3000m Run	Girls	5:30 PM	5:40 PM	5:50 PM
3000m Run	Boys	5:50 PM	6:00 PM	6:05 PM
4 x 400m Relay	Girls	6:00 PM	6:10 PM	6:20 PM
4 x 400m Relay	Boys	6:10 PM	6:20 PM	6:30 PM