

Cal Track and Ruby Tuesday's Invitational

Saturday, March 19, 2022

Moanalua High School

Field Events	Order	1st Call	Last Call	Event Start
Discus	Boys	12:40 PM	12:50 PM	1:00 PM
Discus	Girls	To Follow Boy's Discus		
Shot Put	Girls	12:40 PM	12:50 PM	1:00 PM
Shot Put	Boys	To Follow Girl's Shot Put		
Long Jump	Boys	12:40 PM	12:50 PM	1:00 PM
Long Jump	Girls	To Follow Boy's Long Jump		
Triple Jump	Boys	To Follow Girl's Long Jump		
Triple Jump	Girls	To Follow Boy's Triple Jump		
High Jump	Girls	12:40 PM	12:50 PM	1:00 PM
High Jump	Boys	To Follow Girl's High Jump		
Pole Vault	Girls	12:40 PM	12:50 PM	1:00 PM
Pole Vault	Boys	To Follow Girl's Pole Vault		
<u>Running Events</u>	<u>Order</u>	<u>1st Call</u>	<u>Last Call</u>	<u>Event Start</u>
<u>100m High Hurdles</u>	<u>Girls</u>	<u>2:40 PM</u>	<u>2:50 PM</u>	<u>3:00 PM</u>
<u>110m High Hurdles</u>	<u>Boys</u>	<u>2:50 PM</u>	<u>3:00 PM</u>	<u>3:10 PM</u>
<u>100m Dash</u>	<u>Girls</u>	<u>3:00 PM</u>	<u>3:10 PM</u>	<u>3:20 PM</u>
<u>100m Dash</u>	<u>Boys</u>	<u>3:10 PM</u>	<u>3:20 PM</u>	<u>3:30 PM</u>
<u>1500m Run</u>	<u>Girls</u>	<u>3:20 PM</u>	<u>3:30 PM</u>	<u>3:40 PM</u>
<u>1500m Run</u>	<u>Boys</u>	<u>3:35 PM</u>	<u>3:45 PM</u>	<u>3:55 PM</u>
<u>4 x 100m Relay</u>	<u>Girls</u>	<u>3:50 PM</u>	<u>4:00 PM</u>	<u>4:10 PM</u>
<u>4 x 100m Relay</u>	<u>Boys</u>	<u>4:00 PM</u>	<u>4:10 PM</u>	<u>4:20 PM</u>
<u>4 x 100m Relay</u>	<u>Mixed</u>	<u>4:10 PM</u>	<u>4:20 PM</u>	<u>4:30 PM</u>
<u>400m Dash</u>	<u>Girls</u>	<u>4:20 PM</u>	<u>4:30 PM</u>	<u>4:40 PM</u>
<u>400m Dash</u>	<u>Boys</u>	<u>4:30 PM</u>	<u>4:40 PM</u>	<u>4:50 PM</u>
<u>300m Hurdles</u>	<u>Girls</u>	<u>4:30 PM</u>	<u>4:40 PM</u>	<u>5 :00 PM</u>
<u>300m Hurdles</u>	<u>Boys</u>	<u>4 :50 PM</u>	<u>5 :00 PM</u>	<u>5:10 PM</u>
<u>800m Run</u>	<u>Girls</u>	<u>5 :00 PM</u>	<u>5 :10 PM</u>	<u>5 :20 PM</u>
<u>800m Run</u>	<u>Boys</u>	<u>5:10 PM</u>	<u>5 :20 PM</u>	<u>5:30 PM</u>
<u>200m Dash</u>	<u>Girls</u>	<u>5:20 PM</u>	<u>5:30 PM</u>	<u>5:40 PM</u>
<u>200m Dash</u>	<u>Boys</u>	<u>5:30 PM</u>	<u>5:40 PM</u>	<u>5:50 PM</u>
<u>3000m Run</u>	<u>Girls</u>	<u>5:40 PM</u>	<u>5:50 PM</u>	<u>6 :00 PM</u>
<u>3000m Run</u>	<u>Boys</u>	<u>6 :00 PM</u>	<u>6:10 PM</u>	<u>6:20 PM</u>
<u>4 x 400m Relay</u>	<u>Girls</u>	<u>6:20 PM</u>	<u>6:30 PM</u>	<u>6:40 PM</u>