

Varsity Tune-up Meet - 4/26/2019

Punahou School

Results

Event 1 Boys Discus Throw

127-07 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Kennedy Freeman	12	Punahou	153-00.00 QUAL
2 Toa Moeai	11	Punahou	143-05.00 QUAL
3 Nalu Liftee	11	St Louis	134-09.00 QUAL
4 Sitiveni Kafusi	12	Punahou	128-08.00 QUAL
5 Jonathan Dalmacio	12	Damien Memor	126-06.00
--- Makala Spencer	11	Kalani	ND
--- Jensen Ahokovi	10	Iolani	ND
--- Fabian-Carlo Respecio	12	St Louis	ND
--- La'akea Kapoi	9	St Louis	ND
--- LJ Vongsy	12	Aiea	ND
--- Lima Harbottle	11	Iolani	ND
--- Kalan Ellis	10	St Louis	ND
--- Hunter Copp		Radford	ND
--- Cyrus DeRego	12	Mililani	ND
--- Kanae Kapele	12	Kamehameha	ND

Event 2 Girls Discus Throw

98-10 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Taina Tanuvasa	9	Kalani	113-10.00 QUAL
2 Nata Suguturaga	12	Punahou	112-05.00 QUAL
3 Dia'ane Daniel-Richards	11	Iolani	109-02.00 QUAL
4 Laciana Faumui	SR	Campbell	99-01.00 QUAL
5 Angela Oasay	11	Iolani	94-06.00
6 Vea Mikaele		Kaimuki	94-03.00
7 Alana Wilson	11	Punahou	92-08.00

Event 3 Girls Shot Put

32-01.00 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Nora Suguturaga	12	Punahou	36-00.00 QUAL
2 Chiara Motuapuaka	11	Maryknoll	33-10.00 QUAL
3 Kiana Clemente	12	Kamehameha	32-01.00 QUAL
4 Tiana Ma'afala	10	Damien Memor	30-09.00
--- Dia'ane Daniel-Richards	11	Iolani	ND
--- Laciana Faumui	SR	Campbell	ND
--- Jennicia Sueing	11	Kalani	ND
--- Kyeesia Makekau	12	Iolani	ND

Event 4 Boys Shot Put

43-11.25 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Duke Clemens	12	Punahou	48-05.00 QUAL
2 Toa Moeai	11	Punahou	47-01.50 QUAL
3 Kennedy Freeman	12	Punahou	46-02.00 QUAL
4 Jaizyn Phelps-Reis		Leilehua	45-00.50 QUAL
5 Nalu Liftee	11	St Louis	44-03.50 QUAL
6 Darrellson Masaniai		Radford	44-00.50 QUAL

7 Cyrus DeRego	12	Mililani	43-04.50
8 La'akea Kapoi	9	St Louis	42-07.00
9 Kalan Ellis	10	St Louis	41-11.50
--- Jensen Ahokovi	10	Iolani	ND

Event 5 Boys Long Jump

19-11.75 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Prince Solomon	10	St Louis	20-02.75 QUAL
--- Rayden Kiaaina-Caires	10	Punahou	ND
--- Jeremy Evans		Leilehua	ND
--- Aaron Hirahara	12	Punahou	FOUL
--- Bredan Aniya	11	St Louis	FOUL
--- Tyler Martinez	11	Kalani	FOUL

Event 6 Girls Long Jump

15-08.50 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Monika Allen	SO	Campbell	14-09.50
2 Milika'a Wells-Whittle	9	Mid Pacific	14-06.25
--- Maria Domingo	11	Sacred Heart	FOUL
--- Sydney Griffiths	11	Kalani	FOUL

Event 7 Girls High Jump

4-07.00 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Malie McClure	12	Kamehameha	4-11.00 QUAL
1 Selena Chow	10	Kamehameha	4-11.00 QUAL
3 Payton Oliveira	9	Kamehameha	4-09.00 QUAL
3 Jackie Matias	9	Punahou	4-09.00 QUAL
5 Kayla Mukai	10	Iolani	4-07.00 QUAL
5 Rylee Cockett	11	Iolani	4-07.00 QUAL
5 Kelly Mukai	10	Iolani	4-07.00 QUAL
5 Devin Kahahawai	9	Kamehameha	4-07.00 QUAL
9 Emi Erickson	9	Punahou	4-05.00
9 Chaysie Souza		Kaiser	4-05.00
9 Charley Lau	10	Roosevelt	4-05.00
9 Eve Heisel	11	Damien Memor	4-05.00
9 Bridgette Lee	12	Kalani	4-05.00
9 Cheyenne Foo	11	Punahou	4-05.00
9 Myndee Dyer	10	Iolani	4-05.00
16 Kaylie Bodnar		Aiea	4-03.00

Event 8 Boys High Jump

5-09.00 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Aaron Hirahara	12	Punahou	5-11.00 QUAL
2 Kawika Clemente	10	Kamehameha	5-05.00
3 Kaimakani Ulansey	11	Kamehameha	J5-05.00
4 Skyler Ramos	11	Kamehameha	J5-05.00
5 Kamanao Gilliland	11	Kamehameha	5-03.00
--- Sheldon McLeod		Waianae	NH

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Event 9 Girls Pole Vault

8-03.00 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Namele Kia	9	Punahou	9-09.00 QUAL
2 Taylor Umetsu	12	Roosevelt	9-03.00 QUAL
3 kiana kea	11	Kamehameha	8-09.00 QUAL
4 Anela Kerber	9	Punahou	8-03.00 QUAL
5 Stephanie Matsuda	12	Roosevelt	J8-03.00 QUAL
6 Konakaiopua Fano	10	Kamehameha	J8-03.00 QUAL
7 Christina Au	10	Iolani	7-09.00
8 Megan Lee-watanabe	12	Kamehameha	J7-09.00
9 Natalie Ching	9	Iolani	7-03.00

Event 10 Boys Pole Vault

11-06.00 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Duke Borengasser	11	Kamehameha	13-06.00 QUAL
2 Gideon Devendra	12	Iolani	13-00.00 QUAL
3 Jensen Garcia	11	Punahou	12-06.00 QUAL
3 Joshua Parker	10	Kamehameha	12-06.00 QUAL
3 Mauhia Kimata	11	Punahou	12-06.00 QUAL
6 Kainalu Kitashima	9	Kamehameha	12-00.00 QUAL
7 Hunter Karas	12	Punahou	11-06.00 QUAL
8 William Liang	11	Roosevelt	11-00.00
9 Jordan Shiu	11	Iolani	10-06.00
9 Addis Tang	12	Roosevelt	10-06.00
--- Noah Okami	10	Roosevelt	NH

Event 11 Girls Triple Jump

32-06.50 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Selena Chow	10	Kamehameha	33-08.25 QUAL
2 Sydney Griffiths	11	Kalani	33-00.50 QUAL
3 Nicole Wong	12	Kamehameha	32-08.75 QUAL

Event 12 Boys Triple Jump

40-05.75 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Hunter Lau	10	Punahou	40-04.00
2 Trent Schuppe	12	Mililani	38-11.25
--- Prince Solomon	10	St Louis	FOUL
--- Sheldon McLeod		Waianae	FOUL
--- Micah Tupua	12	St Louis	FOUL

Event 13 Girls 100 Meter Hurdles

17.44 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Sade Mizusawa	12	Sacred Heart	17.46
2 Aubrey Danko	11	Iolani	17.46
3 Caela Kaio	12	Kamehameha	17.94
4 Charley Lau	10	Roosevelt	18.14

5 Tiare Quijano 10 Kalani 18.56

Event 14 Boys 110 Meter Hurdles

16.74 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Darius Chaffin	10	Farrington	15.74 QUAL
2 Christian Macias	12	Mililani	15.87 QUAL
3 Andy Lei	12	Roosevelt	16.40 QUAL
4 Kamahao Kini-Lopez	11	Kamehameha	16.99
5 Baily Yee	11	St Louis	17.03
6 Alvin Wu	12	Maryknoll	17.70
--- Kai Vutnoski	11	Mililani	DQ

Event 15 Girls 100 Meter Dash

13.04 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Aoshia Beckwith		Leilehua	12.90 QUAL
2 Amy Warrington	12	Mid Pacific	12.97 QUAL
3 Jenna Plan	12	Farrington	13.23
4 Nikki Clark	10	Maryknoll	13.27
5 Ali Yoshida	10	Iolani	13.30
6 Kady Ann Okamura	10	Kalani	13.33
7 Kylee Kamaouha-phillips	10	Kamehameha	13.45
8 Keolani Sales	11	Aiea	13.47
9 Breanna Higa-Alexander	10	Island Pacif	13.49
10 Kyra Tanabe	10	Iolani	13.62
11 Sienna Inouye	9	Kamehameha	13.68
12 Milika'a Wells-Whittle	9	Mid Pacific	13.83
13 Charis marie Ramos	9	Kamehameha	13.99

Event 16 Boys 100 Meter Dash

11.34 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Justin Pu'u-Robinson	12	Punahou	11.25 QUAL
2 Tom Topinka	12	Iolani	11.48
3 Dwight Apao	9	Kamehameha	11.51
4 Kirk Calinao	11	Roosevelt	11.53
5 Tevin Torres	11	Kamehameha	11.53
6 Josh Maxwell	JR	Campbell	11.66
7 Noah Kahanu	11	Kalani	11.79
8 Karter Wong	10	Maryknoll	11.81
9 Kellen Tanaka	11	Mid Pacific	11.86
10 Noah Gaudi	10	Iolani	11.89
11 Marist Liufau	12	Punahou	11.93
12 LJ Vongsy	12	Aiea	11.97
13 Sitiveni Kafusi	12	Punahou	12.11

Event 17 Girls 1500 Meter Run

5:18.14 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Georgi Brady	12	Punahou	5:09.01 QUAL
2 Lauren Saunders	9	Punahou	5:15.31 QUAL

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Finals ... (Event 17 Girls 1500 Meter Run)

Name	Yr	School	Finals
3 Leilani Tandy	12	Iolani	5:19.17
4 Rochelle Jokura	11	Kalani	5:21.33
5 Sophia Kop	10	Iolani	5:23.01
6 Tatyana Lum	11	Punahou	5:26.14
7 Kaci Stokes	10	Kamehameha	5:27.18
8 Karina Maciel	10	Kalaheo	5:31.83
9 Zoe Chapman	10	Punahou	5:42.63

Event 18 Boys 1500 Meter Run
4:27.54 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Joshua Lerner	10	Iolani	4:24.87 QUAL
2 Parker Wagnild	9	Mid Pacific	4:25.18 QUAL
3 Cooper Baines	10	Punahou	4:26.96 QUAL
4 Christian Kuwaye	10	Hawaii Bapti	4:27.60
5 Matt San Luis	12	Punahou	4:32.81
6 Aziah Schaal	12	St Louis	4:34.54
7 Justin Mayeshiro	9	Hawaii Bapti	4:41.00
8 TJ Johnson	12	Punahou	4:43.70
9 Joshua Morisaki	12	Iolani	4:46.47
10 Nate Yonamine	11	Iolani	4:49.92

Event 19 Girls 4x100 Meter Relay
53.14 QUAL 2019 State Qual Time

Team	Relay	Finals
Finals		
1 Punahou	A	50.45 QUAL
2 Mid Pacific Institute	A	51.54 QUAL
3 Hawaii Bapti	A	52.09 QUAL
4 Maryknoll	A	52.70 QUAL
5 Hanalani Schools	A	53.71
6 Roosevelt	A	54.69

Event 20 Boys 4x100 Meter Relay
45.24 QUAL 2019 State Qual Time

Team	Relay	Finals
Finals		
1 Hanalani Schools	A	45.41
2 Maryknoll	A	46.05

Event 21 Girls 400 Meter Dash
1:03.14 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Allie Little	10	Punahou	59.73 QUAL
2 Courtney Okumura	9	Iolani	1:02.91 QUAL
3 Mckenzie Lee	9	Mid Pacific	1:03.45
4 Payton Oliveira	9	Kamehameha	1:03.92
5 Keonaokalani Maldonado	10	Kamehameha	1:04.37
6 Shay Bonilla	11	Sacred Heart	1:04.75
7 Mahea Deenik	11	Kamehameha	1:04.96
8 Nikki Clark	10	Maryknoll	1:05.22
9 Mia Anzalone	11	Iolani	1:05.39

10 Elle Sparks	9	Mid Pacific	1:05.52
11 Stormee Hoohuli	11	Hanalani Sch	1:05.53
12 Hannah Dela Vega	10	Maryknoll	1:05.58
13 Leila Anzalone	11	Iolani	1:05.75
14 Emma Premeaux	10	Sacred Heart	1:06.12
15 Elise Harvey-Harahap	10	Kalani	1:06.84
16 Logan Kashima	9	Kamehameha	1:07.24
17 Allison Breedon	10	Roosevelt	1:07.49

Event 22 Boys 400 Meter Dash
53.14 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Keola Sanchez	11	Kamehameha	51.13 QUAL
2 David Rosen	12	Punahou	51.19 QUAL
3 Micah Williams	12	Punahou	51.85 QUAL
4 Evan Georgia	10	Iolani	52.79 QUAL
5 Micah Char	12	Maryknoll	53.48
6 Brett Furukawa	12	Roosevelt	53.72
7 Noah Kahanu	11	Kalani	53.77
8 Jedediah Wataru	11	Iolani	54.06
9 Noah Harris	9	Kamehameha	54.09
10 Josiah Batalla	SO	Campbell	54.34
11 Dylan Akers	SO	Campbell	54.40
12 Aleix Catalani	12	Punahou	54.44
13 Tevin Torres	11	Kamehameha	54.72
14 Bruce Shewalter	11	Maryknoll	55.06
15 Noah Thompson	11	Kamehameha	55.31
16 Kalel Hironaka	11	Maryknoll	55.55
17 Kalen Rita	12	Mid Pacific	56.39
18 Noah Gaudi	10	Iolani	56.71
19 Nathaniel Escamilla	10	Aiea	57.14
20 Scott Ushijima	11	Mid Pacific	57.85
21 Matthew Chun	10	Maryknoll	59.56
22 Michael Longoria	10	Aiea	1:00.12

Event 23 Girls 300 Meter Hurdles
49.64 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Natalie Turner	11	Punahou	48.78 QUAL
2 Jami Sugihara	12	Kamehameha	50.47
3 Tiare Quijano	10	Kalani	50.64
4 Taylor Moniz	10	Kamehameha	51.97
5 Keolani Sales	11	Aiea	53.23
6 Sophie Bell	9	Kamehameha	54.96
7 Leah Kakigi	10	Hanalani Sch	55.47

Event 24 Boys 300 Meter Hurdles
43.74 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Luke Bowers	12	Punahou	41.49 QUAL
2 babu capanang	12	Aiea	43.06 QUAL
3 Kai Vutnoski	11	Mililani	44.96
4 Kamahao Kini-Lopez	11	Kamehameha	45.44

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Finals ... (Event 24 Boys 300 Meter Hurdles)

Name	Yr	School	Finals
5 Baily Yee	11	St Louis	45.48
6 Alvin Wu	12	Maryknoll	47.64
7 Maxwell Spencer	12	Hanalani Sch	50.28

Event 25 Girls 800 Meter Run

2:32.64 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Anna Fujisaki	11	Punahou	2:26.90 QUAL
2 Malia Dickhens	9	Punahou	2:27.17 QUAL
3 Faith Inay	SR	Campbell	2:29.86 QUAL
4 Abby Mori	11	Punahou	2:32.15 QUAL
5 Mahea Deenik	11	Kamehameha	2:35.24
6 Danae Dunn	12	Iolani	2:35.64
7 Halee Daniels	11	Roosevelt	2:40.53
8 Emma Premeaux	10	Sacred Heart	2:45.92

Event 26 Boys 800 Meter Run

2:07.94 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Parker Mooney	12	Punahou	2:05.96 QUAL
2 Trevor Komeiji	11	Punahou	2:08.48
3 Jahari Davis	JR	Campbell	2:08.57
4 Jordan Furuta	9	Punahou	2:09.81
5 Jake Asato	12	Punahou	2:10.39
6 Scott Okagawa	12	Iolani	2:10.63
7 Ivan Kalua	10	Kamehameha	2:11.49
8 Roman Lajala	11	Punahou	2:11.72
9 James Lindell	10	Pac 5	2:13.88
10 Andrew Araki	10	Kamehameha	2:14.65

Event 27 Girls 200 Meter Dash

27.04 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Amy Warrington	12	Mid Pacific	26.23 QUAL
2 Olivia Reed	9	Pac 5	26.52 QUAL
3 Aosha Beckwith		Leilehua	26.60 QUAL
4 Angelina Gonzalez	11	Roosevelt	26.79 QUAL
5 Maya Reed	11	Pac 5	27.03 QUAL
6 Breanna Higa-Alexander	10	Island Pacif	27.21
7 Elle Sparks	9	Mid Pacific	27.33
8 Jenna Plan	12	Farrington	27.57
9 Kady Ann Okamura	10	Kalani	28.27
10 Sienna Inouye	9	Kamehameha	28.43
11 Charis marie Ramos	9	Kamehameha	28.55
12 Milika'a Wells-Whittle	9	Mid Pacific	28.78

Event 28 Boys 200 Meter Dash

23.44 QUAL 2019 State Qual Time

Name	Yr	School	Finals
1 Justin Pu'u-Robinson	12	Punahou	22.72 QUAL

2 Tanner Moku	11	Kamehameha	22.96 QUAL
3 Cris Harrison	10	Hanalani Sch	23.25 QUAL
4 Lowen Fernandes	12	Roosevelt	23.26 QUAL
5 Tom Topinka	12	Iolani	23.45
6 babu capanang	12	Aiea	23.67
7 Josh Maxwell	JR	Campbell	23.71
8 Blaze Torres	12	Mililani	23.75
9 Wailoa Manuel	10	Iolani	23.80
10 Karter Wong	10	Maryknoll	23.89
11 Kirk Calinao	11	Roosevelt	24.04
12 Kellen Tanaka	11	Mid Pacific	24.27
13 Kai Edison	10	Mid Pacific	24.36
14 Josiah Batalla	SO	Campbell	24.56
15 Matt Yamamoto	11	Maryknoll	24.63
16 Noah Furtado	10	Maryknoll	24.88

Event 29 Girls 3000 Meter Run

11:43.54 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 Johanna Seng	10	Hawaii Bapti	11:24.85 QUAL
2 D'Elle Martin	12	Roosevelt	11:27.85 QUAL
3 Shayli Maruya	10	Hawaii Bapti	11:33.33 QUAL
4 Lindsey Jaeger	10	Hawaii Bapti	11:36.03 QUAL
5 Montserrat Lanfranco	12	Roosevelt	11:44.43
6 Myndee Dyer	10	Iolani	11:52.16

Event 30 Boys 3000 Meter Run

9:48.84 QUAL 2019 State Qual Time

Name	Yr	School	Finals
Finals			
1 William Ho	10	Kamehameha	9:40.22 QUAL
2 Connor Malinger	9	Hawaii Bapti	9:40.61 QUAL
3 Reimon Wada	12	Roosevelt	9:42.01 QUAL
4 Jaden Kim	SO	CAST	9:46.14 QUAL
5 Ethan Aimoto	10	Hawaii Bapti	9:51.98
6 Shiwen Li	12	Mid Pacific	9:52.94
7 Kaulana Suzuki	10	Kalani	9:55.19
8 Dristen Canaday	9	Kalani	9:57.70
9 Parker Wagnild	9	Mid Pacific	10:07.60
10 Peyton Oshiro	12	Hawaii Bapti	10:13.18
11 Aziah Schaal	12	St Louis	10:31.53
12 Scott Okagawa	12	Iolani	10:40.54
13 Joshua Morisaki	12	Iolani	10:55.17

Event 31 Girls 4x400 Meter Relay

4:22.14 QUAL 2019 State Qual Time

Team	Relay	Finals
Finals		
1 Punahou	A	4:05.48 QUAL
2 Leilehua High School	A	4:17.85 QUAL
3 Sacred Hearts Academy	A	4:19.90 QUAL
4 Hanalani Schools	A	4:23.49

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Event 32 Boys 4x400 Meter Relay

3:41.24 QUAL 2019 State Qual Time

	Team	Relay	Finals
Finals			
1	Punahou	A	3:29.70 QUAL
2	Hanalani Schools	A	3:40.97 QUAL
3	Kamehameha	A	3:43.73
4	Aiea High School	A	3:45.42
5	Hawaii Bapti	A	3:48.50