

## TRACK AND FIELD: APRIL 7, 2018 @ MILILANI 3:00

Schools: Aiea, Campbell, Farrington, Mililani, Waianae, Pearl City

Order of Events: April 7, 2018 @ Mililani 3:00 pm

Coaches Meeting at 2:30 pm

Field Events: 3:00 pm

Pole Vault: Boys then Girls

High Jump: Boys then Girls

Long Jump: Girls then Boys

Discus: Boys then Girls

Shot Put: Girls then Boys

Triple Jump: Girls then Boys

Running Events : 4:00 pm

100 Meter High Hurdles Girls – 4:00 pm

110 Meter High Hurdles Boys – 4:10 pm

100 Meter Dash Girls – 4:20 pm

100 Meter Dash Boys – 4:30 pm

1500 Meter Run Girls – 4:40 pm

1500 Meter Run Boys – 4:50 pm

4 X 100 Relay Girls – 5:00 pm

4 X 100 Relay Boys – 5:10 pm

400 Meter Run Girls – 5:20 pm

400 Meter Run Boys – 5:30 pm

300 Meter Low Hurdles Girls – 5:40 pm

300 Meter Intermediate Hurdles Boys – 5:50 pm

800 Meter Run Girls – 6:00 pm

800 Meter Run Boys – 6:10 pm

200 Meter Dash Girls – 6:20 pm

200 Meter Dash Boys – 6:30 pm

3000 Meter Run Girls – 6:40 pm

3000 Meter Run Boys – 6:50 pm

4 X 400 Meter Relay Girls – 7:00 pm

4 X 400 Meter Relay Boys – 7:10 pm

1<sup>st</sup> call                      Last Call

3:45 pm                      3:55 pm

3:55 pm                      4:05 pm

4:05 pm                      4:15 pm

4:15 pm                      4:25 pm

4:25 pm                      4:35pm

4:35 pm                      4:45 pm

4:45 pm                      4:55 pm

4:55 pm                      5:05 pm

5:05 pm                      5:15 pm

5:15 pm                      5:25 pm

5:25 pm                      5:35 pm

5:35 pm                      5:45 pm

5:45 pm                      5:55 pm

5:55 pm                      6:05 pm

6:05 pm                      6:15 pm

6:15 pm                      6:25 pm

6:25 pm                      6:35 pm

6:35 pm                      6:45 pm

6:45 pm                      6:55 pm

6:55 pm                      7:05 pm

**PARTICIPATING SCHOOL RESPONSIBILITIES FOR APRIL 7, 2018 @ MILILANI HIGH SCHOOL**

**Starter – Aiea**

**Computer Personnel and Equipment - Mililani**

**Clerk of Course – Aiea**

**Announcer – Aiea**

**Hurdle Crew – Aiea, Campbell, Waianae, Farrington, Mililani, Pearl City**

**Chief Recorder – Aiea**

**Trainers – Aiea**

**Clean Up Crew – All Participating Schools**

**Field Event Responsibilities: *Teams in charge please bring your own tape measure***

**Pole Vault- Mililani**

**High Jump – Pearl City**

**Long Jump – Campbell**

**Triple Jump – Waianae**

**Discus\_- Farrington**

**Shot Put – Aiea**