

2016-2017 HHSAA Track and Field Championships
GAMES COMMITTEE DECISIONS

1. Non-Lane events:
 - a. 800: Trials are Waterfall, Aim for 3 heats of 10-12 → 8 or less will be Finals only. Finals run in lanes.
 - b. 1500: Aim for two/three heats of 12-16 → 12 or less will run only finals
 - c. 3000: One heat to be conducted during the Finals using an alley start (Diagram attached)
2. Starting Heights:

Pole Vault:	Girls →	8' 0"	Boys →	11' 6"
High Jump:	Girls →	4' 10"	Boys →	5' 10"
3. Adornments:

Spirit of decisions will be to deny any adornments or garments that draw attention to an athlete(s).

 - a. Competitors will not be permitted to wear baseball caps, bandannas or other head coverings or adornments. However, a functional hair-tie, scrungie or headband that is worn to hold the competitor's hair in place will be permitted.
 - b. Only prescription sunglasses may be worn
 - c. GPS watches or similar devices may not be worn
 - d. Jewelry may be asked to be removed if deemed a safety issue
4. Uniforms:

Must be school issued and worn as intended by the manufacturer.
5. Spikes:
 - a. Only 1/4" spikes may be used: No "Needle" or "Christmas Tree" spikes will be allowed. It will be the responsibility of the athlete to change his/her spikes. No spikes will be provided.
 - i. All spikes must be inspected prior to the start of the day's competition – First warning. (NOTE: Shoes will be marked after this initial inspection)
 - ii. Spikes will be inspected again, at the time of check-in to the event. If found to be unacceptable, the athlete will be asked to change them – Second warning
 - iii. If athlete is found to be wearing illegal spikes during competition, he/she will be disqualified from the event.
 - iv. If athlete is found to be in violation a second time, either at the time of check-in or during competition, he/she will be disqualified from the meet.
6. Markings:
 - a. Chalk should be used for all markings. Teams need to supply their own chalk
7. Electronic Devices:
 - a. Electronic or photo devices will be allowed in the coaching areas and may be viewed by athletes between attempts.
 - b. No electronic devices will be allowed in the competition area and/or infield.
8. Advancement in Running Events - conducted in lanes - with more than 4 heats:
 - a. Should any Running Event which is conducted in lanes have 33 or more competitors, 5 or more heats will be contested. Semi-finals will not be held. Advancement formula will be the top finisher in each heat plus the next best times which allow for a final of 8 competitors - plus 2 alternates.
9. Break between "Trials" and "Finals" performances for Discus, Shot Put, Long Jump, Triple Jump
 - a. Top 8 competitors at the end of the first three attempts (Trials) will be given the option of an additional 3 attempts → The "Finals"
 - b. A maximum of 15 minutes will be given after the completion of the last flight during the "Trials"

REMINDERS:

1. An appeal may only be filed by the Head Coach. It must be filed in writing within 30 minutes of the posting of the event results. Forms can be found at the official's tent near the finish line and must be turned in to the meet referee.
2. Preventive officiating:
 - a. Remind your athletes about no electronic devices on the infield and no swearing.
 - b. Fingers on the starting line constitute a false start and no false starts are allowed.
 - c. Swearing can be grounds for a disqualification.
3. Relays:
 - a. Relay cards may only contain 6 names. (No names are pre-printed on the cards)
 - b. Bring relay cards to the Clerk at time of check-in.
4. Infield use:
 - a. The infield is for active warm-up and warm-down only
 - b. No coaches are allowed on the infield area
 - c. Only water is allowed on the infield – no food or sugary drinks
 - d. Remind athletes to only access the infield through designated gates
 - e. No tents on the infield or finish line side of the stadium
5. May push timeline during trials but will stick to timeline during finals.
6. Field Events will go through a check-in procedure similar to running events and then will be seeded in to flights.