

# 2016 HHSAA Track and Field Championships

## Sponsored by Island Movers

TRIALS: Friday May 6, 2016

Field Events	Order	1st Call	Last Call	Event Start
<b>Discus</b>	Boys	3:40 PM	3:50 PM	4:00 PM
	Girls	To follows Boys Discus		
<b>Shot Put</b>	Boys	5:40 PM	5:50 PM	6:00 PM
	Girls	To follow Boys Shot Put		
<b>Long Jump</b>	Boys	3:40 PM	3:50 PM	4:00 PM
	Girls	5:40 PM	5:50 PM	6:00 PM
<b>Triple Jump</b>	Girls	3:40 PM	3:50 PM	4:00 PM
	Boys	5:40 PM	5:50 PM	6:00 PM
<b>High Jump</b>	Girls	4:10 PM	4:20 PM	4:30 PM
	Boys	Conducted during Finals		
<b>Pole Vault</b>	Girls	Conducted during Finals		
	Boys	4:10 PM	4:20 PM	4:30 PM

### COACHES MEETING AT 3:30 PM

Running Events	Order	1st Call	Last Call	Event Start
<b>100m High Hurdles</b>	Girls	4:10 PM	4:20 PM	4:30 PM
<b>110m High Hurdles</b>	Boys	4:20 PM	4:30 PM	4:40 PM
<b>100m Dash</b>	Girls	4:25 PM	4:35 PM	4:45 PM
	Boys	4:30 PM	4:40 PM	4:50 PM
<b>1500m Run</b>	Girls	4:35 PM	4:45 PM	4:55 PM
	Boys	4:50 PM	5:00 PM	5:10 PM
<b>4 x 100m Relay</b>	Unified	5:05 PM	5:15 PM	5:25 PM
	Girls	5:15 PM	5:25 PM	5:35 PM
	Boys	5:25 PM	5:35 PM	5:45 PM
<b>400m Dash</b>	Girls	5:35 PM	5:45 PM	5:55 PM
	Boys	5:45 PM	5:55 PM	6:05 PM
<b>300m Hurdles</b>	Girls	6:00 PM	6:10 PM	6:20 PM
	Boys	6:10 PM	6:20 PM	6:30 PM
<b>800m Run</b>	Girls	6:20 PM	6:30 PM	6:40 PM
	Boys	6:35 PM	6:45 PM	6:55 PM
<b>200m Dash</b>	Girls	6:50 PM	7:00 PM	7:10 PM
	Boys	7:00 PM	7:10 PM	7:20 PM
<b>3000m run</b>	Girls	To be conducted during Finals		
	Boys	To be conducted during Finals		
<b>4 x 400m Relay</b>	Unified	7:15 PM	7:25 PM	7:35 PM
	Girls	7:30 PM	7:40 PM	7:50 PM
	Boys	7:55 PM	8:05 PM	8:15 PM

**NOTE: Time Schedule subject to change based on entries**