

# 2016 HHSAA State Track & Field Standards

## BOYS STANDARDS

<u>Auto Standard</u>	<u>Cons Standard</u>
144-04	128-04
47-05.25	44-01.75
21-02.25	19-06.50
42-03.25	39-00.00
6-00	5-08
13-00	11-06

### Field Events

Discus  
Shot Put  
Long Jump  
Triple Jump  
High Jump  
Pole Vault

## GIRLS STANDARDS

<u>Auto Standard</u>	<u>Cons Standard</u>
111-06	95-05
36-01.50	31-08.75
16-05.50	15-04.75
34-06.50	31-11.50
5-02	4-10
10-00	8-06

<u>Auto Standard</u>	<u>Cons Standard</u>
15.24	16.94
11.14	11.54
4:17.34	4:28.64
44.14	46.84
51.94	53.44
40.84	43.84
2:03.44	2:07.84
22.74	23.54
9:35.34	9:58.84
3:37.84	3:50.84

### Running Event

110m Hurdles  
100m Dash  
1500m Run  
4 x 100m Relay  
400m Dash  
300m Hurdles  
800m Run  
200m Dash  
3000m Run  
4 x 400m Relay

<u>Auto Standard</u>	<u>Cons Standard</u>
16.44	18.04
12.84	13.34
5:03.14	5:19.64
51.34	54.74
1:00.44	1:03.84
48.84	51.74
2:27.14	2:33.64
26.64	27.74
11:09.74	11:58.84
4:17.44	4:36.64

**NOTE: All Running Standards must be Electronically Timed (F.A.T.) - Hand Times will not be accepted.**

Standard was Improved from previous year  
 Standard was Reduced from previous year