

2016 HHSAA Track and Field Championships

Sponsored by Island Movers

FINALS: Saturday, May 7, 2016

Field Events	Order	1st Call	Last Call	Event Start
Discus	Boys	2:10 PM	2:20 PM	2:30 PM
	Girls		Follows Boys Discus	
Shot Put	Boys	4:10 PM	4:20 PM	4:30 PM
	Girls		Follows Boys Shot Put	
Long Jump	Boys	3:10 PM	3:20 PM	3:30 PM
	Girls		Follows Boys Long Jump	
Triple Jump	Boys	5:10 PM	5:20 PM	5:30 PM
	Girls		Follows Boys Triple Jump	
High Jump	Girls		Conducted during Trials	
	Boys	3:10 PM	3:20 PM	3:30 PM
Pole Vault	Girls	3:10 PM	3:20 PM	3:30 PM
	Boys		Conducted during Trials	

COACHES MEETING AT 4:00 PM

OPENING CEREMONIES at 5:15 PM

Running Events	Order	1st Call	Last Call	Event Start
100m High Hurdles	Girls	5:10 PM	5:25 PM	5:30 PM
110m High Hurdles	Boys	5:13 PM	5:28 PM	5:33 PM
100m Dash	Girls	5:18 PM	5:33 PM	5:38 PM
	Boys	5:21 PM	5:36 PM	5:41 PM
1500m Run	Girls	5:29 PM	5:44 PM	5:49 PM
	Boys	5:37 PM	5:52 PM	5:57 PM
4 x 100m Relay	Unified	5:45 PM	6:00 PM	6:05 PM
	Girls	5:50 PM	6:05 PM	6:10 PM
	Boys	5:55 PM	6:10 PM	6:15 PM
400m Dash	Girls	6:05 PM	6:20 PM	6:25 PM
	Boys	6:09 PM	6:24 PM	6:29 PM
300m Hurdles	Girls	6:15 PM	6:30 PM	6:35 PM
	Boys	6:18 PM	6:33 PM	6:38 PM
800m Run	Girls	6:25 PM	6:40 PM	6:45 PM
	Boys	6:30 PM	6:45 PM	6:50 PM
200m Dash	Girls	6:35 PM	6:50 PM	6:55 PM
	Boys	6:38 PM	6:53 PM	6:58 PM
3000m run	Girls	6:40 PM	6:55 PM	7:00 PM
	Boys	7:00 PM	7:15 PM	7:20 PM
4 x 400m Relay	Unified	7:15 PM	7:30 PM	7:35 PM
	Girls	7:25 PM	7:40 PM	7:45 PM
	Boys	7:30 PM	7:45 PM	7:50 PM