

# 2016 HHSAA Track and Field Championships

## Sponsored by Island Movers

FINALS: Saturday, May 7, 2016

Field Events	Order	1st Call	Last Call	Event Start
<b>Discus</b>	Boys	2:10 PM	2:20 PM	2:30 PM
	Girls		Follows Boys Discus	
<b>Shot Put</b>	Boys	4:10 PM	4:20 PM	4:30 PM
	Girls		Follows Boys Shot Put	
<b>Long Jump</b>	Boys	3:10 PM	3:20 PM	3:30 PM
	Girls		Follows Boys Long Jump	
<b>Triple Jump</b>	Boys	5:10 PM	5:20 PM	5:30 PM
	Girls		Follows Boys Triple Jump	
<b>High Jump</b>	Girls		Conducted during Trials	
	Boys	3:10 PM	3:20 PM	3:30 PM
<b>Pole Vault</b>	Girls	3:10 PM	3:20 PM	3:30 PM
	Boys		Conducted during Trials	

**COACHES MEETING AT 4:00 PM**

**OPENING CEREMONIES at 5:15 PM**

Running Events	Order	1st Call	Last Call	Event Start
<b>100m High Hurdles</b>	Girls	5:10 PM	5:25 PM	5:30 PM
<b>110m High Hurdles</b>	Boys	5:13 PM	5:28 PM	5:33 PM
<b>100m Dash</b>	Girls	5:18 PM	5:33 PM	5:38 PM
	Boys	5:21 PM	5:36 PM	5:41 PM
<b>1500m Run</b>	Girls	5:29 PM	5:44 PM	5:49 PM
	Boys	5:37 PM	5:52 PM	5:57 PM
<b>4 x 100m Relay</b>	Unified	5:45 PM	6:00 PM	6:05 PM
	Girls	5:50 PM	6:05 PM	6:10 PM
	Boys	5:55 PM	6:10 PM	6:15 PM
<b>400m Dash</b>	Girls	6:05 PM	6:20 PM	6:25 PM
	Boys	6:09 PM	6:24 PM	6:29 PM
<b>300m Hurdles</b>	Girls	6:15 PM	6:30 PM	6:35 PM
	Boys	6:18 PM	6:33 PM	6:38 PM
<b>800m Run</b>	Girls	6:25 PM	6:40 PM	6:45 PM
	Boys	6:30 PM	6:45 PM	6:50 PM
<b>200m Dash</b>	Girls	6:35 PM	6:50 PM	6:55 PM
	Boys	6:38 PM	6:53 PM	6:58 PM
<b>3000m run</b>	Girls	6:40 PM	6:55 PM	7:00 PM
	Boys	7:00 PM	7:15 PM	7:20 PM
<b>4 x 400m Relay</b>	Unified	7:15 PM	7:30 PM	7:35 PM
	Girls	7:25 PM	7:40 PM	7:45 PM
	Boys	7:30 PM	7:45 PM	7:50 PM