

2015 USATF-HAWAII EVENT SCHEDULE

Date	Time	Event/Activity	Location
May 23	1:30 pm	Practice Meet	University of Hawaii
		First Day of Combined Events	
May 24	1:30 pm	Second Day of Combined Events	University of Hawaii
Jun 5	9 am	Rosters Due to Kim Cross-Boyce	
Jun 6	5 pm	Youth Developmental Meet	University of Hawaii
Jun 13	1:30 pm	Youth Developmental Meet	University of Hawaii
Jun 20	1:30 pm	Youth Developmental Meet	University of Hawaii
Jun 21	7 am	USATF-Hawaii 10K Championships	Kapiolani Park
Jun 27	1:30 pm	Youth Developmental Meet	University of Hawaii
Jul 4	1:30 pm	Youth Developmental Meet	University of Hawaii
Jul 10	6 pm	USATF-Hawaii JO Championship Trials	University of Hawaii
Jul 11	1:30 pm	USATF-Hawaii JO Championships plus USATF-HI Open and Masters Championships	University of Hawaii
Jul 17	5 pm	Aloha State Games Trials*	University of Hawaii
Jul 18	1:30 pm	Aloha State Games Finals*	University of Hawaii
Aug 8, 15	9 am	USATF-Hawaii Cross Country Meets	University of Hawaii
Aug 22, 29	9 am	USATF-Hawaii Cross Country Meets	University of Hawaii
Nov 7	9 am	USATF-Hawaii Cross Country Meets	University of Hawaii
Nov 13	8 am	USATF-Hawaii Cross Country Championships (All Ages)	University of Hawaii
Nov 21	8 am	USATF 5K Championships and UH Turkey Trot	University of Hawaii
Dec 12	9 am	USATF-Hawaii Annual Meeting & Elections	TBD

Youth Divisions:

The new youth divisions adopted by USATF are as follows – based on the year the individual was born (see rule 300 of USATF Rule Book). Please get in the habit of using these designations with working with your athletes, so that they will know who we are talking about during the summer track meets.

Year Born	Official Designation	Abbreviated	Wrist Band Color/Age Code
2009 or later	6 and Under	6U	Red (RE)
2007 or 2008	7-8 Division	8U	Purple (PU)
2005 or 2006	9-10 Division	9/10	Green (GR)
2003 or 2004	11-12 Division	11/12	Yellow (YE)
2001 or 2001	13-14 Division	13/14	Blue (BL)
1999 or 2000	15-16 Division	15/16	Orange (OR)
1997 or 1998	17-18 Division	17/18	White (WH)

**Note: an athlete must be at least 7 years of age by December 31, 2015, in order to participate in the national Youth Athletics or Junior Olympics championships. But younger children MAY participate in the 6U and 8U divisions of USATF-HI – we welcome their participation.*

SCHEDULE/ORDER OF EVENTS –Track Events (see key above for age divisions by color)

2 pm	1500 Racewalk		
1:45 pm	Coaches Meeting		
2:30 pm	100	Makai Side	RE, PU, GR, YE
2:30 pm	Short HURDLES	Mauka Side	YE boys and girls (80 meters, 30"), BL boys (100, 33"); BL girls (100, 30"), OR & WH girls (100, 33") OR & WH boys (110, 39"); O/W (100, 33"); O/M (110, 39")**
*	100	Mauka Side	BL and above (boys and girls)
*	1500		All Ages except RE
*	4x100 Relay		All Ages (All competitors must be of the same age group.)
*	400		All Ages
*	Long HURDLES		BL (200, 30"), OR, WH, Open (400, 30" for women, 36" for men)
*	800		All Ages except RE
*	200		All Ages
*	3000		YE and above, except WH boys, O, and MS men
	5000		WH, O and MS, male only
*	4 x 800 Relay		YE and above (All competitors must be of the same age group.)
*	4x400 Relay		All Ages (All competitors must be of the same age group.)

**Note: Because number of participants in each event is unknown, number of heats will vary.*

Next event will start as soon as all the heats for any previous event are finished – absolute times of events cannot be planned or followed. Announcer will give first and last call for all events.

*** Masters, see page 181 of Rule book for distances and heights of hurdles.*

SCHEDULE – Field Events – SATURDAY

1:30 pm	Girls Shot Put, followed by boys	Grass Field Circle All ages, beginning with BL. Three attempts
1:30 pm	Long Jump, Girls: Koko Head Pit	By age group starting with BL through Masters, then younger age groups (three attempts)
1:30 pm	Long Jump–Boys: Diamond Head Pit	Same as above
1:30 pm	Pole Vault BL & above	By height; coaches must be present
1:30 pm	Boys Discus, followed by girls	Boys, then Girls, ascending ages; three attempts
1:30 pm	High Jump: All Ages except PU & RE	OR and above first, then younger divisions; two attempts to 3'6", three attempts thereafter
4:30 pm	Triple Jump – Makai Diamond Head Pit	Boys, followed by girls By age group starting with BL Three attempts.

JO COMPETITION NUMBERS

Each club is to provide a spreadsheet list of club members. Each club member is to be assigned Competition number, which is to be included in spreadsheet or Team Manager form, along with age, DOB, and USATF membership number.

NOTE: JO Comp numbers are for the entire summer, including the Aloha State Games. DO NOT change assigned numbers from week to week – once an athlete is assigned a number, he or she keeps that same number all summer. DO NOT REASSIGN competition numbers after you have already assigned them – add new add-ons at the end of your last number used.

All athletes are to have their own JO Comp number written on their left hand or arm in black marker. Color coded wrist bands also, to be placed on their left wrist, to identify their age-group. It is the coach's responsibility to get these on the right athletes. Each Club is to assign JO Comp Numbers and keep track of who is assigned what number. Use the following sequences:

Big Island Track Club	001 to 099	100
Mililani TC	100 to 299	200
Hawaii Elite TC	300 to 399	100
Hawaii Kai TC	400 to 599	200
Leeward TC	600 to 699	100
Pacific Rim Track Club	700 to 799	100
Godspeed TC	800 to 899	100
Koolauloa	900 to 1099	100
Renegades	1100 to 1499	400
Menehunes	1500 to 1599	100
Tsunami	1600 to 1799	200
Hawaiian Breeze	1800 to 1899	100
HMTC	1900 to 1999	100
Unattached	3000 and above –	

SPECIFIC SUMMER PROGRAM RESPONSIBILITIES:

- USATF Registration:** Zeug, plus each club head coach.
- Awards and Data Processing:** Head data processing effort – Kim Cross-Boyce and crew
- Results to Newspapers:** Zeug/Cross-Boyce
- Recorders:** Mililani and Hawaii Kai each to provide two recorders – preferably same persons each week: report to official's tent at meet start each week
- Event/Camping Assignments by Club – Clubs will be held accountable for space and duties:**

On-Field Set Up	ALL CLUBS (12:30 pm)	Camping Area
Herding Cats (Kids) – Mauka Side	Godspeed	By Hurdles Storage
Herding Cats (kids) – Makai Side	Renegades	By 1500 Start line
Hurdles Set-Up	Menehune	Opposite High Jump Pit
Long Jump – Girls	Renegades	
Long Jump – Boys	Pac Rim	Next to Breeze
Triple Jump – Girls/Boys	Leeward	Ewa Makai Bleachers
High Jump, including pit set-up and take-down	Renegades	
Shot Put	Pacific Rim – UH Women	
Discus	HMTC – UH Women	
Pole Vault, including pit set-up and take-down*	Athlete Coaches	
Awards	Tsunami	Next to Pac Rim
Starting Blocks	Koolauloa	Makai Bleachers
Finish Line Clerking	Mililani (Mauka Side); Hawaii Kai (Makai Side)	
Cleaning bathrooms	Menehune (boys); Koolauloa (girls)	
Water Stations	Joe Washington	
FAT Assistance	Godspeed, Jane Washington,	