

2015 HHSAA Track and Field Championships

Sponsored by Island Movers

TRIALS: Friday May 15, 2015

| Field Events | Order | 1st Call | Last Call | Event Start |
|--------------------|-------|----------|----------------------------|-------------|
| Discus | Boys | 11:40 AM | 11:50 AM | 12:00 PM |
| | Girls | | To follows Boys Discus | |
| Shot Put | Boys | 1:55 PM | 2:05 PM | 2:15 PM |
| | Girls | | To follow Boys Shot Put | |
| Long Jump | Boys | 1:55 PM | 2:05 PM | 2:15 PM |
| | Girls | | To Follow Boys Long Jump | |
| Triple Jump | Boys | | To Follow Girls Long Jump | |
| | Girls | | To Follow Boys Triple Jump | |
| High Jump | Girls | | Conducted during Finals | |
| | Boys | 4:10 PM | 4:20 PM | 4:30 PM |
| Pole Vault | Girls | 3:10 PM | 3:20 PM | 3:30 PM |
| | Boys | | Conducted during Finals | |

COACHES MEETING AT 2:00 PM

| Running Events | Order | 1st Call | Last Call | Event Start |
|--------------------------|---------|----------|-----------|-------------|
| 100m High Hurdles | Girls | 2:55 PM | 3:05 PM | 3:15 PM |
| 110m High Hurdles | Boys | 3:05 PM | 3:15 PM | 3:25 PM |
| 100m Dash | Girls | 3:10 PM | 3:20 PM | 3:30 PM |
| | Boys | 3:15 PM | 3:25 PM | 3:35 PM |
| 1500m Run | Girls | 3:20 PM | 3:30 PM | 3:40 PM |
| | Boys | 3:35 PM | 3:45 PM | 3:55 PM |
| 4 x 100m Relay | Unified | 3:50 PM | 4:00 PM | 4:10 PM |
| | Girls | 4:00 PM | 4:10 PM | 4:20 PM |
| | Boys | 4:10 PM | 4:20 PM | 4:30 PM |
| 400m Dash | Girls | 4:20 PM | 4:30 PM | 4:40 PM |
| | Boys | 4:30 PM | 4:40 PM | 4:50 PM |
| 300m Hurdles | Girls | 4:45 PM | 4:55 PM | 5:05 PM |
| | Boys | 4:55 PM | 5:05 PM | 5:15 PM |
| 800m Run | Girls | 5:05 PM | 5:15 PM | 5:25 PM |
| | Boys | 5:20 PM | 5:30 PM | 5:40 PM |
| 200m Dash | Girls | 5:35 PM | 5:45 PM | 5:55 PM |
| | Boys | 5:45 PM | 5:55 PM | 6:05 PM |
| 3000m run | Girls | 6:00 PM | 6:10 PM | 6:20 PM |
| | Boys | 6:25 PM | 6:35 PM | 6:45 PM |
| 4 x 400m Relay | Unified | 6:45 PM | 6:55 PM | 7:05 PM |
| | Girls | 7:00 PM | 7:10 PM | 7:20 PM |
| | Boys | 7:25 PM | 7:35 PM | 7:45 PM |

NOTE: Time Schedule subject to change based on number of heats per event