

## HHSAA Track and Field Standards for 2015

### BOYS STANDARDS

<u>Auto Standard</u>	<u>Cons Standard</u>
142-10	124-05
47-05.25	43-06.50
21-02.25	19-09.25
42-03.25	39-04.25
6-00	5-08
13-00	11-06

### Field Events

Discus
Shot Put
Long Jump
Triple Jump
High Jump
Pole Vault

### GIRLS STANDARDS

<u>Auto Standard</u>	<u>Cons Standard</u>
107-11	93-06
36-01.50	32-07.75
16-05.50	15-06.00
33-10.50	31-11.50
5-02	4-10
10-00	8-00

<u>Auto Standard</u>	<u>Cons Standard</u>
15.54	16.74
11.14	11.54
4:17.34	4:28.64
44.14	46.84
51.84	53.44
41.64	43.84
2:04.64	2:08.34
23.14	23.64
9:35.34	10:00.84
3:37.84	3:50.84

### Running Event

110m Hurdles
100m Dash
1500m Run
4 x 100m Relay
400m Dash
300m Hurdles
800m Run
200m Dash
3000m Run
4 x 400m Relay

<u>Auto Standard</u>	<u>Cons Standard</u>
16.44	18.04
12.84	13.34
5:03.14	5:17.84
51.34	54.74
1:00.74	1:03.84
48.54	52.34
2:27.14	2:33.64
26.64	27.74
11:09.74	12:02.34
4:17.44	4:36.64

**NOTE: All Running Standards must be Electronically Timed (F.A.T.) - Hand Times will not be accepted.**