

2014 Western Division Varsity Track and Field Championships

Hosts: Pearl City (Boys) Nanakuli (Girls)

Site: Mililani High School Track

Timed

Finals: Varsity: Saturday 4/5/2014

Coaches Meeting 1:30 PM

Field Events 2:15 PM

Running Events 4:00 PM

Entry Deadline:

5:30 PM Wednesday April 02, 2012 at Pearl City High School Track, or email your entries file to *Hopper3101@yahoo.com* -**NO POST ENTRIES.**

1. All entries must have a mark, time, site, and date of event.
2. Entry needs to include your entry file, roster file and a proof of entry file.

Eligibility

1. Each contestant must be eligible under the rules of the OIA Bylaws Article I "Eligibility" section 1-6 in the OIA Handbook.

Rules Governing Meet

This meet will be governed by the National Alliance Edition of Track and Field Rules, published by the National Federation of State High School Athletic Associations

Participation:

1. Participants may participate in six (6) track and field events. Participation by an individual in events shall be subject to the qualifying standards of the divisional meet.
2. Entry constitutes participation, except in relays where more than four individuals are listed on the relay card. Only those who actually participate will be considered official entries.
3. Participants must be attired in school uniforms (as defined in the rule book) in both the trials and finals. Weight people may use school issued shirts as long as all of them wear the same type of school issued shirt.
4. All participants are requested to remain in their respective team areas except when warming up for an event.
5. Failure to adhere to any of the rules of participation will result in INDIVIDUAL or TEAM DISQUALIFICATION.

Rules of Entry:

1. Each school may enter only three participants per event in the OIA Division Championships. Each school may enter only one team in each relay event; cards are submitted at the start of the meet. Alternates are allowed, according to the rule book. Ninth and tenth place alternates will be selected by the next fastest times.
2. The entry deadline should not be before the finals of the previous meet, and no later than the seeding meeting. Coach's attendance to the seeding meeting is optional once the date is established. No post entries allowed. Host schools may set entry deadlines for track meets at the advisory meeting.
3. Entry marks are necessary for the Divisional Championships. Coaches are reminded to list a time, height, or distance on their computer entries. Entries need to meet western division qualifying standards.

Meet Format: Timed Finals

1. Each event will be seeded and competitors will be seeding according to seed with the top seeded qualifiers competing in the last heat/flight.
2. For field events, except for the pole vault and high jump, each competitor will be given 3 trials. The top eight (8) qualifiers will be given an additional trial. Place finishers will be determined by the best attempt from all rounds. In the event of tie, the second best trial will be used as the tie breaker.
3. For all running events, place finishers will be determined by best time. In cases of ties involving runners in the same heat, place finish in that heat will break the tie. In cases of ties involving different or multiple heats, the tie will be kept and points will be distributed evenly.
4. Warm up for field events:
 - a. 15 minutes before events.
 - b. 10 minute warm up between flights.
5. 10 minutes check out time is allowed to field event participants.
6. Scoring:
 - a. Scoring in all individual events shall be 10-8-6-4-2-1.
 - b. Scoring in all relays shall be 10-8-6-4-2-1.

Reporting:

1. All participants must report promptly on last call or be scratched from that event. There will be two calls, first and last.
2. Participants in the running events will report to the clerk of course who will be in an area designated by the host school. Relay teams must submit their cards at this time.
3. Participants in the field events will report to their respective areas in person or by representative if they are participating in another event on last call.

4. After check-in is completed, any person who scratches will be ineligible for any further competition at that meet.
5. Record marks made in timed final will stand as a new meet record.

Uniforms

1. All participants must be attired in their school uniform (as defined by the book of rules) in the timed finals or face disqualification. Weight people may compete in their school designated sweat suits. Weight people will be allowed to wear identical school T-shirts when in competition.
2. When competing on all-weather surfaces, spikes shall be no longer than $\frac{1}{4}$ inch. Failure to comply may result in disqualification from the meet.

Awards

1. Ribbons for the first six finishers.

Officials:

1. Each member school shall be held responsible for helping officiate in the OIA track meets.
2. No wristwatches allowed for official timers.

Meet Committee: Varsity:

Appeals Board:	Reid Shigemasa/Andrew Moody/ Blake Moritsugu
Clerk of Course:	Donaldo Hopper
Referee:	Donaldo Hopper
Seeding/Scoring	Wes Ohori/Todd Nishida/Donaldo Hopper Alissa Uyeda/AJ Sylva
Starters:	TBD
Head Timer:	Todd Nishida
Announcer:	Steve Stienfelt
Hospitality:	Pearl City, Nanakuli
Awards:	Pearl City, Nanakuli
Program/Records:	Pearl City
Hurdle Captain:	Edwin Alfaro
Bell Lap Chief:	Edwin Alfaro

2014 OIA Western Division Championships

Varsity Time Schedule

Finals

1:30 PM

2:15

To Follow LJ

4:00

4:20

4:35

4:50

5:15

5:35

5:55

6:25

6:45

7:15

Events

Coaches Meeting

Pole vault (girls, boys)

Discus (boys, girls)

Shot Put (girls, boys)

Long Jump (boys, girls)

High Jump (girls, boys)

Triple Jump

100 meter HH/110 meter HH

100 meter dash (girls/boys)

1500 meter run (girls/boys)

4 X 100 meter relay (girls/boys)

400 meter dash (girls/boys)

300 meter hurdles (girls/boys)

800 meter run (girls/boys)

200 meter dash (girls/boys)

3000 meter run (girls/boys)

4 X 400 meter relay (girls/boys)

2014 OIA Western Division Championships Track Assignments

Host: Pearl City (Varsity Boys)
Nanakuli (Varsity Girls)

Field Events:

	<u>Boys</u>	<u>Girls</u>
Long Jump*	Radford	Aiea
Triple Jump*	Campbell	Waialua
High Jump	Leilehua	Kapolei
Pole Vault	Mililani	Mililani
Shot Put*	Nanakuli	Nanakuli
Discus*	Waianae	Waipahu

* Provide your own tape measure!

Zone Judges:

Finish Line	Pearl City
1st Relay Exchange	Leilehua (1) Campbell (1) Mililani (1)
2nd Relay Exchange	Kapolei (1) Waialua (1) Waianae (1)
Final Relay Exchange	Radford (2)

Hurdle Crew:

Lane / Flight <u>1 & 2</u>	Nanakuli
Lane / Flight <u>3 & 4</u>	Aiea
Lane / Flight <u>5 & 6</u>	Waipahu
Lane / Flight <u>7 & 8</u>	Pearl City
Flight <u>9 & 10</u>	Pearl City

Fully Automated Timing System:

Pearl City

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Boys' Records

<u>Field Event</u>	<u>Div.</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Ht. / Dist.</u>
Shot Put	JV	2008	Lawrence Lagafuaina	Aiea	49' 10.5"
	V	2010	Lawrence Lagafuain	Aiea	55-04.00
Discus	JV	1987	Peter Viliamu	Waipahu	150' 5"
	V	1988	Peter Viliamu	Waipahu	162' 8"
Pole Vault	JV	1974	R. Nii	Campbell	11' 10"
	V	2008	Cameron Daugherty	Mililani	14' 3"
High Jump	JV	1981	Derek Mahaula	Waianae	6' 1"
	V	2001	William Broadus Jr.	Mililani	6' 6"
Long Jump	JV	1976	Dwayne Lara	Aiea	22' 8.5"
	V	1986	Larry Kahn-Smith	Campbell	22' 10"
Triple Jump	JV	1984	Larry Kahn-Smith	Campbell	43' 9"
	V	1986	Larry Kahn-Smith	Campbell	50' 1"
<u>Running Event</u>	<u>Div.</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
110 M HH	JV	2002	Kyle Wade	Radford	15.50
	V	1981	Jason Bennerman	Pearl City	14.90 (h)
		2003	Lamar Baskins	Radford	14.90 (h)
		2005	Joshua Fial	Pearl City	14.96
100 M Dash	JV	2010	Devin Jenkins	Kapolei	10.7 (h)
	V	2012	Devin Jenkins	Kapolei	10.47
1600 M Run	JV	2009	Margarito Martinez	Leilehua	4:18.67
	V	2008	Paul Williams	Leilehua	4:09.42
4 X 100 M Relay	JV	2010	Romar Bacosa, Kevin Acasio Devon Kamaka, Krixtofer Hughley	Radford	44.2 (h)
	V	2008	(Donniqtay Campbell, Ikaika Kamaka, Jonathan Atangan. Christopher Rainey)	Radford	42.97
400 M Dash	JV	2000	Ronald Strode	Nanakuli	51.84
	V	1985	Mark Brackenhoff	Radford	50.1 (h)
300 M IH	JV	2002	Kyle Wade	Radford	41.04
	V	1994	Al Washington	Radford	40.1 (h)
800 M Run	JV	1986	Bill Sarnecky	Moanalua	2:05.5 (h)
	V	1983	Joey Bunch	Radford	1:56.8 (h)
200 M Dash	JV	2006	Antoin Dewalt	Pearl City	22.6 (h)
	V	2011	Devin Jenkins	Kapolei	21.67
3000 M Run	JV	2013	Jordan Castro	Leilehua	9:31.13
	V	2009	Bryce Jenkins	Leilehua	9:01.0(h)
4 X 400 M Relay	JV	2010	Kevin Acasio, Devon Kamaka Romar Bacosa, Krixtofer Hughley	Radford	3:39.56
	V	1985	(Sterling Lee, Peter Lee, Mark Brackenhoff, John Curry)	Radford	3:28.0 (h)

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Girls' Records

<u>Field Event</u>	<u>Div.</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Ht. / Dist.</u>
Shot Put	JV	2011	Nicole Puaa	Waipahu	39'-9.50"
	V	1982	Dede Kavanaugh	Radford	46'5"
Discus	JV	2004	Charnelle Ioane	Kapolei	116' 6"
	V	1982	Dede Kavanaugh	Radford	162' 4"
Pole Vault	JV	1998	Renee Nahina	Moanalua	8' 6"
		1998	Eugenie Pacopac	Moanalua	8' 6"
	V	2003	Chun Mei Nickles	Mililani	10' 6"
High Jump	JV	1985	Suzanne Burns	Mililani	5' 0"
	V	2010	Kaeli Patton	Radford	5-04.25
Long Jump	JV	1992	Megan Malloy	Moanalua	16' 4.5"
	V	1984	Allison Kelly	Radford	17' 4.5"
Triple Jump	JV	1983	Nomia Briones	Radford	36' 9.75"
	V	1983	Karen Morant	Radford	36' 10"

<u>Running Event</u>	<u>Div.</u>	<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
100 M HH	JV	2011	Kayla Mitchel	Leilehua	15.89
	V	2000	Vera Sims	Mililani	15.12
100 M Dash	JV	2004	Britney Stephens	Mililani	12.6 (h)
	V	2007	Tamara Mcgee	Kapolei	12.3 (h)
1500 M Run	JV	2005	Kia Atkins	Radford	5:11.02
	V	2010	Kristen Ali Keith	Mililani	5:05.7 (h)
4 X 100 M Relay	JV	2008	Andrea Hinkle, Kaeli Patton Jessica Aponte, Madison Higley	Radford	51.65
	V	2010	Sade Myers, Tyler Whitener Andrea Hinkle, Kaeli Patton	Radford	48.4 (h)
400 M Dash	JV	1999	Carmen Calpo	Pearl City	61.5 (h)
	V	1993	Lasonya Mcdonald	Campbell	59.1 (h)
300 M LH	JV	2011	Kayla Mitchell	Leilehua	49.35
	V	1999	Vera Simms	Mililani	45.45
800 M Run	JV	1986	Fiona Glen	Moanalua	2:28.1 (h)
	V	2003	Elizabeth Schall	Radford	2:20.2
200 M Dash	JV	2011	Diamond Briscoe	Pearl City	26.50
	V	2006	Tamara Mcgee	Kapolei	25.73
3000 M Run	JV	2009	Kimberly Pugliese	Mililani	11:10.9(h)
	V	2010	Kimberly Pugliese	Mililani	11:01.64
4 X 400 M Relay	JV	2011	(Robilyn Kami, Alexia Blalock) Diamond Briscoe. Alissa Uyeda)	Pearl City	4:23.63
	V	2000	(Michelle Murphy, Kelsi Kojima, Cherina Tucker, Vera Simms)	Mililani	4:06.96