

# 2014 HHSAA Track and Field Championships

## Sponsored by Island Movers

TRIALS: Friday May 9, 2014

<b>Field Events</b>	<b>Order</b>	<b>1st Call</b>	<b>Last Call</b>	<b>Event Start</b>
<b>Discus</b>	Boys	11:40 AM	11:50 AM	12:00 PM
	Girls		To follows Boys Discus	
<b>Shot Put</b>	Boys	1:55 PM	2:05 PM	2:15 PM
	Girls		To follow Boys Shot Put	
<b>Long Jump</b>	Boys	1:55 PM	2:05 PM	2:15 PM
	Girls		To Follow Boys Long Jump	
<b>Triple Jump</b>	Boys		To Follow Girls Long Jump	
	Girls		To Follow Boys Triple Jump	
<b>High Jump</b>	Girls	4:10 PM	4:20 PM	4:30 PM
	Boys		Conducted during Finals	
<b>Pole Vault</b>	Girls		Conducted during Finals	
	Boys	3:10 PM	3:20 PM	3:30 PM

**COACHES MEETING AT 2:00 PM**

<b>Running Events</b>	<b>Order</b>	<b>1st Call</b>	<b>Last Call</b>	<b>Event Start</b>
<b>100m High Hurdles</b>	Girls	2:55 PM	3:05 PM	3:15 PM
<b>110m High Hurdles</b>	Boys	3:05 PM	3:15 PM	3:25 PM
<b>100m Dash</b>	Girls	3:10 PM	3:20 PM	3:30 PM
	Boys	3:20 PM	3:30 PM	3:40 PM
<b>1500m Run</b>	Girls	3:30 PM	3:40 PM	3:50 PM
	Boys	3:45 PM	3:55 PM	4:05 PM
<b>4 x 100m Relay</b>	Girls	4:00 PM	4:10 PM	4:20 PM
	Boys	4:10 PM	4:20 PM	4:30 PM
<b>400m Dash</b>	Girls	4:20 PM	4:30 PM	4:40 PM
	Boys	4:30 PM	4:40 PM	4:50 PM
<b>300m Hurdles</b>	Girls	4:45 PM	4:55 PM	5:05 PM
	Boys	4:55 PM	5:05 PM	5:15 PM
<b>800m Run</b>	Girls	5:15 PM	5:25 PM	5:35 PM
	Boys	5:30 PM	5:40 PM	5:50 PM
<b>200m Dash</b>	Girls	5:45 PM	5:55 PM	6:05 PM
	Boys	6:00 PM	6:10 PM	6:20 PM
<b>3000m run</b>	Girls	6:15 PM	6:25 PM	6:35 PM
	Boys	6:40 PM	6:50 PM	7:00 PM
<b>4 x 400m Relay</b>	Girls	7:00 PM	7:10 PM	7:20 PM
	Boys	7:25 PM	7:35 PM	7:45 PM

**NOTE: Time Schedule subject to change based on number of heats per event**

# 2014 HHSAA Track and Field Championships

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FINALS: Saturday, May 10, 2014

Field Events	Order	1st Call	Last Call	Event Start
Discus	Boys	2:10 PM	2:20 PM	2:30 PM
	Girls			Follows Boys Discus
Shot Put	Boys	4:10 PM	4:20 PM	4:30 PM
	Girls			Follows Boys Shot Put
Long Jump	Boys	3:10 PM	3:20 PM	3:30 PM
	Girls			Follows Boys Long Jump
Triple Jump	Boys	5:10 PM	5:20 PM	5:30 PM
	Girls			Follows Boys Triple Jump
High Jump	Girls			Conducted during Trials
	Boys	3:10 PM	3:20 PM	3:30 PM
Pole Vault	Girls	3:10 PM	3:20 PM	3:30 PM
	Boys			Conducted during Trials

COACHES MEETING AT 3:00 PM

OPENING CEREMONIES at 4:15 PM

Running Events	Order	1st Call	Last Call	Event Start
100m High Hurdles	Girls	4:10 PM	4:25 PM	4:30 PM
110m High Hurdles	Boys	4:20 PM	4:35 PM	4:40 PM
100m Dash	Girls	4:30 PM	4:45 PM	4:50 PM
	Boys	4:35 PM	4:50 PM	4:55 PM
1500m Run	Girls	4:40 PM	4:55 PM	5:00 PM
	Boys	4:50 PM	5:05 PM	5:10 PM
4 x 100m Relay	Girls	5:00 PM	5:15 PM	5:20 PM
	Boys	5:10 PM	5:25 PM	5:30 PM
400m Dash	Girls	5:20 PM	5:35 PM	5:40 PM
	Boys	5:30 PM	5:45 PM	5:50 PM
300m Hurdles	Girls	5:40 PM	5:55 PM	6:00 PM
	Boys	5:45 PM	6:00 PM	6:05 PM
800m Run	Girls	5:50 PM	6:05 PM	6:10 PM
	Boys	5:55 PM	6:10 PM	6:15 PM
200m Dash	Girls	6:05 PM	6:20 PM	6:25 PM
	Boys	6:10 PM	6:25 PM	6:30 PM
3000m run	Girls	6:20 PM	6:35 PM	6:40 PM
	Boys	6:35 PM	6:50 PM	6:55 PM
4 x 400m Relay	Girls	6:50 PM	7:05 PM	7:10 PM
	Boys	7:00 PM	7:15 PM	7:20 PM