

2013 HHSAA Track and Field Championships

Sponsored by Island Movers

TRIALS: Friday May 10, 2013

Field Events	Order	1st Call	Last Call	Event Start
Discus	Boys	11:40 AM	11:50 AM	12:00 PM
	Girls		To follows Boys Discus	
Shot Put	Boys	1:55 PM	2:05 PM	2:15 PM
	Girls		To follow Boys Shot Put	
Long Jump	Boys	1:55 PM	2:05 PM	2:15 PM
	Girls		To Follow Boys Long Jump	
Triple Jump	Boys		To Follow Girls Long Jump	
	Girls		To Follow Boys Triple Jump	
High Jump	Boys	4:10 PM	4:20 PM	4:30 PM
	Girls		Conducted during Finals	
Pole Vault	Boys		Conducted during Finals	
	Girls	3:10 PM	3:20 PM	3:30 PM

COACHES MEETING AT 2:00 PM

Running Events	Order	1st Call	Last Call	Event Start
100m High Hurdles	Girls	2:55 PM	3:05 PM	3:15 PM
110m High Hurdles	Boys	3:05 PM	3:15 PM	3:25 PM
100m Dash	Girls	3:10 PM	3:20 PM	3:30 PM
	Boys	3:20 PM	3:30 PM	3:40 PM
1500m Run	Girls	3:30 PM	3:40 PM	3:50 PM
	Boys	3:45 PM	3:55 PM	4:05 PM
4 x 100m Relay	Girls	4:00 PM	4:10 PM	4:20 PM
	Boys	4:10 PM	4:20 PM	4:30 PM
400m Dash	Girls	4:20 PM	4:30 PM	4:40 PM
	Boys	4:30 PM	4:40 PM	4:50 PM
300m Hurdles	Girls	4:45 PM	4:55 PM	5:05 PM
	Boys	4:55 PM	5:05 PM	5:15 PM
800m Run	Girls	5:15 PM	5:25 PM	5:35 PM
	Boys	5:30 PM	5:40 PM	5:50 PM
200m Dash	Girls	5:45 PM	5:55 PM	6:05 PM
	Boys	6:00 PM	6:10 PM	6:20 PM
3000m run	Girls	6:15 PM	6:25 PM	6:35 PM
	Boys	6:40 PM	6:50 PM	7:00 PM
4 x 400m Relay	Girls	7:00 PM	7:10 PM	7:20 PM
	Boys	7:25 PM	7:35 PM	7:45 PM

NOTE: Time Schedule subject to change based on number of heats per event