

2013 HHSAA Track and Field Championships

Sponsored by Island Movers

FINALS: Saturday, May 11, 2013

Field Events	Order	1st Call	Last Call	Event Start
Discus	Boys	2:10 PM	2:20 PM	2:30 PM
	Girls		Follows Boys Discus	
Shot Put	Boys	4:10 PM	4:20 PM	4:30 PM
	Girls		Follows Boys Shot Put	
Long Jump	Boys	3:10 PM	3:20 PM	3:30 PM
	Girls		Follows Boys Long Jump	
Triple Jump	Boys	5:10 PM	5:20 PM	5:30 PM
	Girls		Follows Boys Triple Jump	
High Jump	Boys		Conducted during Trials	
	Girls	3:10 PM	3:20 PM	3:30 PM
Pole Vault	Boys	3:10 PM	3:20 PM	3:30 PM
	Girls		Conducted during Trials	

COACHES MEETING AT 3:00 PM

OPENING CEREMONIES at 4:15 PM

Running Events	Order	1st Call	Last Call	Event Start
100m High Hurdles	Girls	4:10 PM	4:25 PM	4:30 PM
110m High Hurdles	Boys	4:20 PM	4:35 PM	4:40 PM
100m Dash	Girls	4:30 PM	4:45 PM	4:50 PM
	Boys	4:35 PM	4:50 PM	4:55 PM
1500m Run	Girls	4:40 PM	4:55 PM	5:00 PM
	Boys	4:50 PM	5:05 PM	5:10 PM
4 x 100m Relay	Girls	5:00 PM	5:15 PM	5:20 PM
	Boys	5:10 PM	5:25 PM	5:30 PM
400m Dash	Girls	5:20 PM	5:35 PM	5:40 PM
	Boys	5:30 PM	5:45 PM	5:50 PM
300m Hurdles	Girls	5:40 PM	5:55 PM	6:00 PM
	Boys	5:45 PM	6:00 PM	6:05 PM
800m Run	Girls	5:50 PM	6:05 PM	6:10 PM
	Boys	5:55 PM	6:10 PM	6:15 PM
200m Dash	Girls	6:05 PM	6:20 PM	6:25 PM
	Boys	6:10 PM	6:25 PM	6:30 PM
3000m run	Girls	6:20 PM	6:35 PM	6:40 PM
	Boys	6:35 PM	6:50 PM	6:55 PM
4 x 400m Relay	Girls	6:50 PM	7:05 PM	7:10 PM
	Boys	7:00 PM	7:15 PM	7:20 PM