

2010-2011

ILH TRACK & FIELD SCHEDULE

Start Date	Monday, February 7, 2011
Pre-Season Meeting	Thursday, February 10, 2011 @ Punahou School Thurston Classroom @ 6:30 PM
All Relay Seeding Meeting:	Wednesday, March 30, 2011 @ Punahou School Thurston Classroom @ 6:30 PM
HHSAA Championships:	May 6 & 7, 2011
Post-Season Meeting:	Monday, May 9, 2011 @ Punahou School Thurston Classroom @ 6:30 PM

PARTICIPATING TEAMS

Boys Varsity – C. Acad., Damien, Hanalani, Iolani, IPA, Kamehameha, MPI, Pac-5, Punahou, St. Louis
Boys JV – Damien, Hanalani, Iolani, IPA, Kamehameha, LBS, MPI, Pac-5, Punahou, St. Francis, St. Louis
Boys Inter. – Damien, Hanalani, Hoala, Iolani, IPA, Kamehameha, LBS, MPI, Pac-5, Punahou, St. Francis, St. Louis
Girls Varsity – C. Acad., Hanalani, Iolani, IPA, Kamehameha, MPI, Pac-5, Punahou, Sacred Hearts, St. Francis
Girls JV – Hanalani, Iolani, IPA, Kamehameha, LBS, MPI, Pac-5, Punahou, Sacred Hearts, St. Francis
Girls Inter. – Hanalani, Hoala, Iolani, IPA, Kamehameha, LBS, MPI, Pac-5, Punahou, Sacred Hearts, St. Francis

Date	Day	Event	Site	Start Times		# of entries*		
				Field Events	Running Events	Field	Lane	Non-Lane
18-Feb	Fri	Intermediate	Punahou	3:30 PM	3:45 PM	5	5	8
25-Feb	Fri	Intermediate	Iolani	3:30 PM	3:45 PM	5	5	8
26-Feb	Sat	JV/Varsity	Iolani	8:30 AM	9:30 AM	8	8	10
3-Mar	Thu	Intermediate	Punahou	3:30 PM	3:45 PM	5	5	8
4-Mar	Fri	Ralph Martinson Invit. (Girls)	Punahou	3:30 PM	3:45 PM	See Meet Notice		
5-Mar	Sat	Henry Lee Invit. (Boys)	Kamehameha	2:00 PM	2:30 PM	See Meet Notice		
11-Mar	Fri	Intermediate	Punahou	3:30 PM	3:45 PM	5	5	8
12-Mar	Sat	JV/Varsity	Punahou	2:00 PM	2:30 PM	8	8	10
18-Mar	Fri	Intermediate	Punahou	3:30 PM	3:45 PM	5	5	8
19-Mar	Sat	JV/Vars Meet	Punahou	8:30 AM	9:30 AM	8	8	10
24-Mar	Thu	Inter. Champs (Trials)	Punahou	3:30 PM	3:45 PM	4	4	4
25-Mar	Fri	JV/Varsity	Punahou	3:30 PM	3:45 PM	5	5	8
26-Mar	Sat	Inter. Champs (Finals)	Punahou	8:30 AM	9:30 AM	As Advance		
30-Mar	Wed	All Relay Seeding Meeting	Punahou Athletic Classroom: 6:30 PM					
31-Mar	Thu	Inter. Relay Champs	Punahou	3:30 PM	3:45 PM	As Seeded		
02-Apr	Sat	JV/Vars. Relay Champs	Punahou	3:30 PM	3:45 PM	As Seeded		
7-Apr	Thu	JV Champs (Trials)	Punahou	3:30 PM	3:45 PM	4	4	4
8-Apr	Fri	Honolulu Marathon Invit.	TBA	3:30 PM	3:45 PM	TBA	TBA	TBA
9-Apr	Sat	JV Champs (Finals)	Punahou	8:30 AM	9:30 AM	As Advance		
14-Apr	Thu	Punahou Relays (Trials)	Punahou	3:30 PM	3:45 PM	3 or as Seeded		
16-Apr	Sat	Punahou Relays (Finals)	Punahou	9:30 AM	10:00 AM	As Advance		
23-Apr	Sat	Varsity Meet	Punahou	8:30 AM	9:30 AM	6	6	8
27-Apr	Wed	Vars. Champs (Trials)	Punahou	3:30 PM	3:45 PM	4	4	4
29-Apr	Fri	Vars. Champs (Finals)	Punahou	3:30 PM	3:45 PM	As Advance		
6-May	Fri	HHSAA Champs (Trials)	MIL	TBA	TBA	3	3	3
7-May	Sat	HHSAA Champs (Finals)	MIL	TBA	TBA	As Advance		

* NOTE: Number of entries is **total number allowed, not number per level** (JV, Vars etc.)