

OIA Practice Meet - 3/26/2010

Kapolei - Host at Mililani High School

Event 1 Girls 100 Meter Hurdles Junior Varsity

Name	School	Prelims
1 Luana Scheer	Kapolei	16.40
2 Jonina Abell	Waianae	16.90
3 Kylie Sakamoto	Mililani	17.30
4 Kaylee Au	Kahuku	17.40
5 Natasha Ogata	Mililani	17.90
6 Erika Hill	Aiea	18.20
7 Lindsey Kaawaloa	Waianae	18.50
8 Macie Akai	Castle	19.10
9 Talyia Furuta	Mililani	19.80
10 Leina Lunasco	Mililani	20.00
11 Kylie Tao	Mililani	20.10
12 Erin Lau	Aiea	21.70
13 Elena Aki	Castle	21.90
14 Brittany Park	Aiea	22.00

Event 2 Women 100 Meter Hurdles Varsity

Name	School	Prelims
1 Olivia Vidal	Kapolei	19.20
2 Abcde Paogofie	Waianae	19.30
3 Natalie Fukuhara	Aiea	19.60
4 Brandi Hughes	Kapolei	19.80
5 Randi Uyeda	Waianae	20.50
6 Kelcee Fujimoto	Mililani	21.36
7 Lea Iaea	Kapolei	21.50

Event 3 Boys 110 Meter Hurdles Junior Varsity

Name	School	Prelims
1 Daniel Omuro	Mililani	17.40
2 Layne Suyat	Castle	17.70
3 Aaron Saragena	Waianae	17.70
4 Deron Brown	Kapolei	17.80
5 Shane Hosokawa	Mililani	18.60
6 Talane McCorvey	Waianae	18.60
7 Cody Kuwahara	Aiea	18.70
8 Trayson Medeiros	Kahuku	18.80
9 Jordan Tansiongco	Mililani	19.20
10 Kiatrell Zachery	Kapolei	19.70
11 Taz Preston	Kahuku	19.70
12 Gregory Ching	Kapolei	19.90
13 Theodore Locey	Castle	20.10
14 Daniel Kiyabu	Kapolei	20.60
15 Kaiminaoau Noa	Kapolei	21.10
16 Andrew Tansiongco	Mililani	21.10
17 Michael Brandt	Castle	21.70
18 Tyler Iaea	Kapolei	22.20
19 Dayn Kaai-ai-Cochran	Castle	22.30
20 Justin Calpito	Mililani	23.10
21 Spencer Serrao	Mililani	23.40

Event 5 Girls 100 Meter Dash Junior Varsity

Name	School	Prelims
1 Kayla Taulapopa	Kahuku	13.10
2 Paige Kaea	Kapolei	13.70
3 Hi'i Haili	Castle	13.80
4 Trinita Kapuaala	Waianae	13.90
5 Mapuana Tauala	Aiea	14.00
6 Minei Stant	Kahuku	14.00
7 Macie Akai	Castle	14.10
8 Anjellica Amian	Kapolei	14.10
9 Leilani Atuatasi	Waianae	14.20
10 Tristyn Wiehl	Mililani	14.20
11 Mahina Aken-Pagdilao	Kapolei	14.50

12 Shayna Shon	Mililani	14.50
13 Ariel Beaudoin	Mililani	14.60
14 Naomi Sjoquist	Mililani	14.90
15 Desiree Vega	Kapolei	15.00
16 Kamele Manoaq	Aiea	15.00
17 Brittany Park	Aiea	15.00
18 Anisa Ayala-Espinosa	Nanakuli	15.20
19 Lea Lacar	Aiea	15.40
20 Courtney Kamiya	Aiea	15.40
21 Gabrielle Reznik	Mililani	15.50
22 Sarina Komiyama	Aiea	15.50
23 Elilynn Chun Fat-Arden	Castle	15.60
24 Erin Gytoku	Aiea	15.60
25 Jazlin Ching	Aiea	15.90
26 Jamie Fujino	Aiea	17.10
27 Angelyn Sacoco	Mililani	17.40
28 Catherine Locquiano	Aiea	17.70
29 Nicole Akiona	Aiea	17.90

Event 6 Women 100 Meter Dash Varsity

Name	School	Prelims
1 Zhane Santiago	Kahuku	12.70
2 Gerilynn Delacruz	Waianae	13.50
3 Abigail McKoy	Mililani	13.60
4 Darian Auna	Kahuku	13.70
5 Kawehi Hagi	Kapolei	14.10
6 Kamakalulani Gonsalves	Waianae	14.20
7 Alyssa Dixon	Aiea	14.20
8 Abcde Paogofie	Waianae	14.30
9 Charlee Ioane	Kapolei	14.30
10 Hailey Berg	Kapolei	14.60
11 Kristi Murakami	Mililani	14.60
12 Charlinda Ioane	Kapolei	15.10
13 Christolyn Lamoreaux	Kapolei	15.20
14 Elena Aki	Castle	15.20
15 Tamika Taylor	Nanakuli	15.80
16 Shay Smith	Kapolei	15.90
17 Noelle Garland	Kapolei	16.00
18 Cheyenne Gishi	Kapolei	16.10
19 Kacee Navarro	Kapolei	16.40

Event 7 Boys 100 Meter Dash Junior Varsity

Name	School	Prelims
1 Jonathan Carpenter	Mililani	11.70
2 Cilvin Steward	Mililani	11.70
3 Aofaga Wily	Kahuku	12.00
4 Jaylen Mitchell	Waianae	12.10
5 Kala Kaaihue	Nanakuli	12.20
6 Theodore Locey	Castle	12.30
7 Sean Ballesteros	Nanakuli	12.40
8 Jray Galeai	Kahuku	12.50
9 Leighton Panui	Waianae	12.50
10 Jonathan Makaiau	Mililani	12.60
11 Shayne Tanabe	Mililani	12.70
12 Keanu Kaina	Kapolei	12.70
13 Collin Nguyen	Mililani	12.80
14 Rudy Amezquita	Mililani	12.90
15 Kyle Ishikawa	Aiea	12.90
16 Darius Lopez	Kapolei	12.90
17 Joshua Nishimoto	Aiea	13.10
18 Roy Akamine	Kapolei	13.20
19 Evan Young	Mililani	13.20
20 Taz Preston	Kahuku	13.30
21 Shayne Anguay	Mililani	13.30

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22	Charvin Dela Cruz	Aiea	13.40
23	Dayn Kaai-ai-Cochran	Castle	13.50
24	Sammy Landingin	Mililani	13.70
25	Eugene Leong	Kapolei	13.70
26	Marc Siler	Mililani	13.90
27	Kainoa Leong	Kapolei	14.30
28	Ryan Pazcoguin	Aiea	14.40
29	Michael Brandt	Castle	14.80
30	Michael Lomboy	Kapolei	15.00
31	Kamalii Olayan-Keawe	Kapolei	15.00

Event 8 Men 100 Meter Dash Varsity

Name	School	Prelims
1 Devin Jenkins	Kapolei	10.80
2 Ryan Graves	Nanakuli	11.20
3 Hendricks Hicks	Castle	11.60
4 Kris Ornellas	Mililani	11.60
5 Pololu Silva	Kahuku	11.80
6 Tyler Kochi	Castle	11.80
7 Brian Manuel	Waianae	12.00
8 Alika Nehoa Akina	Kahuku	12.00
9 Patrick Pintor	Castle	12.00
10 Michael Mathis	Mililani	12.10
11 Brendan Saensombat	Waianae	12.10
12 Bryson Deguchi	Castle	12.10
13 Jayson Naki	Mililani	12.30
14 Cory Shigeta	Mililani	12.30
15 Jacob Kamai	Nanakuli	12.40
16 Aleni Aiono	Mililani	12.50
17 George Kaka	Kahuku	12.50
18 Shane Hosokawa	Mililani	12.60
19 Alexander Truong	Aiea	12.60
20 Jayden Mohetau	Kahuku	12.60
21 Rashaan Falemalu	Kahuku	12.60
22 Dwayne Cabinatan	Waianae	12.70
23 Tyrone Bellamy	Waianae	12.70
24 Tyler Cain	Mililani	12.70
25 Alberto Sandobal	Waianae	12.90
26 Olycon Finau	Castle	12.90
27 Cheyne Shiroma	Mililani	12.90
28 Shalden Cardano	Aiea	13.00
29 Owen Watson	Waianae	13.10
30 Jacoby Cid	Waianae	13.40
31 Ernesto Salazar	Aiea	13.40
32 Wade Krause	Mililani	13.70
33 Christopher Colescott	Mililani	13.90
34 Dylan Odquier	Aiea	14.00
35 John Servito	Kapolei	14.50
36 Chevez Kauwalu	Waianae	17.00

Event 9 Girls 1500 Meter Run Junior Varsity

Name	School	Prelims
1 Deylynn White	Kapolei	5:30.60
2 Taylor Suwa	Mililani	5:51.00
3 Cody Johnson	Castle	5:57.50
4 Jessica Kawana	Mililani	6:04.00
5 Christolyn Lamoreaux	Kapolei	6:12.50
6 Erin Ohira	Mililani	6:12.90
7 Dina Ishihara	Mililani	6:15.70
8 Tamlyn Nakasaki	Castle	6:25.30
9 Rachel Brewer	Mililani	6:29.00
10 Kailee Yogi	Mililani	6:31.20
11 Joleen Contillo	Mililani	6:35.50
12 Karina Saramad	Kapolei	6:50.40

Event 10 Women 1500 Meter Run Varsity

Name	School	Prelims
1 Kristin Ali Keith	Mililani	5:11.10
2 Kimberly Pugliese	Mililani	5:11.40
3 Dalynn Chun-Fat Arden	Castle	5:29.00
4 Samantha Shipley	Kahuku	5:37.60
5 Taylor Sinn	Mililani	5:43.10
6 Courtney Garner	Mililani	5:45.00
7 Kelsey Painter	Mililani	5:56.40
8 Winema Tanouye	Kahuku	6:46.50
9 Ajah Valdez	Waianae	7:40.30

Event 11 Boys 1500 Meter Run Junior Varsity

Name	School	Prelims
1 Colin Honeker	Aiea	4:22.30
2 Eric Pak	Castle	4:27.10
3 Dylan Lee	Castle	4:31.50
4 Gianni Cuadrado	Kapolei	4:38.50
5 Royce Yamane	Mililani	4:41.60
6 Nolan Koyamatsu	Castle	4:41.90
7 Zach Carvalho	Mililani	4:42.90
8 Lanson Kawaiea	Nanakuli	4:51.40
9 Aaron Paakaula	Waianae	5:02.20
10 Ryan Mayeda	Mililani	5:03.60
11 Taylor Lee	Castle	5:07.90
12 Brandon Bizzarro	Castle	5:11.10
13 Carson Garner	Mililani	5:14.30
14 Royce Ochimas	Nanakuli	5:16.50
15 Nathan Butler	Mililani	5:19.40
16 Cody Kau	Waianae	5:20.20
17 Kyle Yamada	Mililani	5:20.50
18 Jacob Fong	Castle	5:28.60
19 Anthony Kuloloia	Mililani	5:44.60

Event 13 Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Prelims
1 Kapolei	A	54.00
2 Mililani	A	55.50
3 Castle	A	56.90
4 Aiea	B	60.30
5 Aiea	A	60.30

Event 14 Women 4x100 Meter Relay Varsity

Team	Relay	Prelims
1 Kahuku	A	52.10
2 Mililani	A	53.20
3 Waianae	A	54.00
4 Kapolei	A	54.00
5 Aiea	A	54.70

Event 15 Boys 4x100 Meter Relay Junior Varsity

Team	Relay	Prelims
1 Kapolei	A	45.00
2 Mililani	A	45.90
3 Castle	A	47.00
4 Kahuku	A	47.30

Event 16 Men 4x100 Meter Relay Varsity

Team	Relay	Prelims
1 Mililani	A	45.80
2 Castle	A	46.10
3 Kapolei	A	46.70
4 Kahuku	A	47.30
5 Waianae	A	47.90
6 Aiea	A	48.90
7 Waianae	B	50.70

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Event 17 Girls 400 Meter Dash Junior Varsity

Name	School	Prelims
1 Kayla Taulapopa	Kahuku	63.20
2 Minei Stant	Kahuku	65.90
3 Dawne Yamamoto	Mililani	69.50
4 Brittany Hawn	Castle	76.30
5 Shay Smith	Kapolei	77.20
6 Cheyenne Gishi	Kapolei	1:23.70

Event 18 Women 400 Meter Dash Varsity

Name	School	Prelims
1 Nicole Fiu	Kahuku	64.10
2 Gabriella Perez	Kapolei	64.40
3 Zhane Santiago	Kahuku	64.40
4 Arielle Uejo	Mililani	65.10
5 Darian Auna	Kahuku	65.20
6 Taylor Reed	Mililani	66.40
7 Heather Schulz	Aiea	67.10
8 Noura Takeda	Kapolei	69.10
9 Maia McArthur	Kahuku	69.20
10 Elena Aki	Castle	69.40
11 Chelsie Kamauoha	Kahuku	70.00
12 Chas Tittle	Mililani	71.30
13 Kamakalulani Gonsalves	Waianae	75.60

Event 19 Boys 400 Meter Dash Junior Varsity

Name	School	Prelims
1 Nathan Shirey	Kapolei	53.10
2 Jonathan Carpenter	Mililani	56.90
3 Jacob Kamai	Nanakuli	57.20
4 Matthew Daems	Kapolei	57.60
5 Austin Navor	Kapolei	57.90
6 Coty Johnson	Mililani	58.70
7 Theodore Locey	Castle	60.90
8 Dominic Heffernan	Kahuku	61.10
9 Benjamin Wasden	Kahuku	62.00
10 Joseph Kaliko	Nanakuli	62.60
11 Darius Lopez	Kapolei	62.90
12 Dayn Kaaii-Cochran	Castle	63.10
13 Sean Ballesteros	Nanakuli	63.20

Event 20 Men 400 Meter Dash Varsity

Name	School	Prelims
1 Hendricks Hicks	Castle	51.30
2 Colin Honeker	Aiea	55.00
3 Lonnie Santiago	Kapolei	55.20
4 Melvin Ramento	Nanakuli	55.50
5 Joshua Taylor	Kapolei	55.60
6 Cassius Wood	Nanakuli	55.60
7 Nickolas Hiraoka	Aiea	55.80
8 Bryson Deguchi	Castle	56.20
9 Matthew Clegg	Kapolei	56.40
10 Daniel Lum	Castle	58.80
11 Sage Kaka	Kahuku	59.30
12 Kanekapila Hussey	Waianae	59.30
13 Tyler Cain	Mililani	60.10
14 Jordan Quiocho	Mililani	60.60
15 Evan Young	Mililani	61.40
16 Matthew Raab	Mililani	61.90
17 Joseph Souza	Castle	62.20
18 Isaac Johnson	Castle	62.30
19 Tryson Vincent	Nanakuli	63.10
20 Alexander Truong	Aiea	64.30

Event 21 Girls 300 Meter Hurdles Junior Varsity

Name	School	Prelims
1 Kylie Sakamoto	Mililani	52.90
2 Natasha Ogata	Mililani	53.80
3 Erika Hill	Aiea	54.70
4 Macie Akai	Castle	56.00
5 Kelcee Fujimoto	Mililani	57.00
6 Elena Aki	Castle	62.50
7 Erin Lau	Aiea	66.40

Event 22 Women 300 Meter Hurdles Varsity

Name	School	Prelims
1 Jonina Abell	Waianae	52.90
2 Carmen-Safotu Lalau	Kapolei	53.60
3 Jahsana Banks	Kahuku	53.80
4 Jaclyn Knaus	Mililani	54.50
5 Brandi Hughes	Kapolei	55.60
6 Randi Uyeda	Waianae	56.40
7 Lindsey Kaawaloa	Waianae	57.00
8 Olivia Vidal	Kapolei	57.90

Event 23 Boys 300 Meter Hurdles Junior Varsity

Name	School	Prelims
1 Layne Suyat	Castle	44.20
2 Rashaan Falemalu	Kahuku	48.40
3 Spencer Serrao	Mililani	49.00
4 Kaiminaoau Noa	Kapolei	49.20
5 Andrew Tansiongco	Mililani	50.60
6 Taz Preston	Kahuku	52.70
7 Daniel Kiyabu	Kapolei	52.80
8 Michael Brandt	Castle	52.80
9 Lanson Kawaiea	Nanakuli	53.10
10 Dayn Kaaii-Cochran	Castle	54.40
11 Justin Calpito	Mililani	55.40

Event 24 Men 300 Meter Hurdles Varsity

Name	School	Prelims
1 Daniel Omuro	Mililani	42.50
2 Aaron Saragena	Waianae	45.50
3 Deron Brown	Kapolei	46.40
4 Cody Kuwahara	Aiea	47.40
5 Trayson Medeiros	Kahuku	47.40
6 Tolovae - Jr Tito	Kahuku	47.50
7 Shane Hosokawa	Mililani	48.20
8 Jordan Tansiongco	Mililani	48.90

Event 25 Girls 800 Meter Run Junior Varsity

Name	School	Prelims
1 Hailey Berg	Kapolei	2:33.50
2 Deylynn White	Kapolei	2:37.50
3 Taylor Suwa	Mililani	2:50.30
4 Samantha Fischer	Mililani	2:52.80
5 Dina Ishihara	Mililani	2:53.30
6 Jelecia Johnson	Mililani	2:58.00
7 Joyleanne Santos	Aiea	2:58.50
8 Zora Ha	Mililani	3:01.20
9 Erin Ohira	Mililani	3:01.60
10 Trinita Kapuaala	Waianae	3:01.80
11 Rachel Brewer	Mililani	3:04.00
12 Christolyn Lamoreaux	Kapolei	3:06.80
13 Grace Hayashi	Mililani	3:08.70
14 Kailee Yogi	Mililani	3:12.30
15 Noelle Garland	Kapolei	3:13.30

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Event 26 Women 800 Meter Run Varsity

Name	School	Prelims
1 Kristin Ali Keith	Mililani	2:32.40
2 Arielle Uejo	Mililani	2:37.10
3 Kimberly Pugliese	Mililani	2:37.90
4 Melissa Bumanglag	Mililani	2:42.20
5 Darian Auna	Kahuku	2:44.40
6 Courtney Garner	Mililani	2:44.90
7 Maia McArthur	Kahuku	2:47.30
8 Noura Takeda	Kapolei	2:53.30
9 Chevy Cabral	Aiea	3:06.00
10 Ajah Valdez	Waianae	3:28.10
11 Randon Ramos-Sheldon	Waianae	3:30.70

Event 27 Boys 800 Meter Run Junior Varsity

Name	School	Prelims
1 Nathan Shirey	Kapolei	2:12.30
2 Jacob Helms	Mililani	2:14.00
3 Royce Yamane	Mililani	2:19.30
4 Paven Sinn	Mililani	2:20.80
5 Roy Akamine	Kapolei	2:22.90
6 Austin Navor	Kapolei	2:24.50
7 Lanson Kawaiea	Nanakuli	2:24.70
8 Taylor Lee	Castle	2:26.30
9 Shaughn Spencer	Waianae	2:29.20
10 Zane Jansson	Aiea	2:30.00
11 Joshua Williams	Aiea	2:30.30
12 Kyle Yamada	Mililani	2:34.00
13 Carson Garner	Mililani	2:34.90
14 Royce Ochimas	Nanakuli	2:36.90
15 Andrew Tansiongco	Mililani	2:37.10
16 Joseph Duropan	Waianae	2:37.70
17 Cedric DE Francia	Aiea	2:41.90
18 Jacob Fong	Castle	2:42.60
19 Ryan Pazcoguin	Aiea	2:42.90
20 Anthony Kuloloia	Mililani	2:51.60

Event 28 Men 800 Meter Run Varsity

Name	School	Prelims
1 Colin Honeker	Aiea	2:07.70
2 Chancellor Ramil-Burns	Castle	2:13.00
3 Gregory Ching	Kapolei	2:17.20
4 Matthew Clegg	Kapolei	2:20.30
5 Josph Cid	Waianae	2:21.30
6 Brandon Bizzarro	Castle	2:25.30
7 Tyrone Bellamy	Waianae	2:25.80
8 Aaron Santos	Aiea	2:32.40
9 Nathan Butler	Mililani	2:38.40

Event 29 Girls 200 Meter Dash Junior Varsity

Name	School	Prelims
1 Kayla Taulapopa	Kahuku	26.90
2 Leilani Atuatasi	Waianae	27.00
3 Chermayne Yago	Kapolei	27.60
4 Tristyn Wiehl	Mililani	28.80
5 Brittany Hawn	Castle	29.20
6 Minei Stant	Kahuku	29.20
7 Macie Akai	Castle	29.30
8 Paige Kaea	Kapolei	29.30
9 Lakysa-Ann Evans	Kapolei	29.60
10 Ashley McDonell	Kahuku	29.80
11 Shayna Shon	Mililani	30.50
12 Kylie Harada	Castle	31.00
13 Ariel Beaudoin	Mililani	31.00
14 Desiree Vega	Kapolei	31.20
15 Mapuana Tauala	Aiea	31.20

16 Mahina Aken-Pagdilao	Kapolei	31.50
17 Naomi Sjoquist	Mililani	31.60
18 Cherry Yamane	Nanakuli	32.00
19 Gabrielle Reznik	Mililani	32.70
20 Erin Gytoku	Aiea	32.90
21 Elilynn Chun Fat-Arden	Castle	33.80
22 Sarina Komiyama	Aiea	34.60
23 Nicole Akiona	Aiea	35.10
24 Angelyn Sacoco	Mililani	37.10
25 Lea Lacar	Aiea	38.00

Event 30 Women 200 Meter Dash Varsity

Name	School	Prelims
1 Luana Scheer	Kapolei	28.30
2 Taylor Reed	Mililani	28.90
3 Gabriella Perez	Kapolei	28.90
4 Gerilynn Delacruz	Waianae	29.70
5 Jahsana Banks	Kahuku	29.90
6 Kristi Murakami	Mililani	31.40
7 Tamika Taylor	Nanakuli	35.10
8 Kamakalulani Gonsalves	Waianae	41.00
9 Tasha Kaliikipi	Nanakuli	41.70

Event 31 Boys 200 Meter Dash Junior Varsity

Name	School	Prelims
1 Devin Jenkins	Kapolei	22.10
2 Ryan Graves	Nanakuli	23.20
3 Hendricks Hicks	Castle	23.50
4 Reginald Griffin	Mililani	23.70
5 Cilvin Steward	Mililani	24.00
6 Jonathan Carpenter	Mililani	24.50
7 Brian Manuel	Waianae	24.80
8 Tyler Kochi	Castle	24.80
9 Aofaga Wily	Kahuku	25.00
10 Kulakomohana Seno	Kapolei	25.10
11 Kala Kaaihue	Nanakuli	25.20
12 Matthew Daems	Kapolei	25.30
13 Coty Johnson	Mililani	25.60
14 Jacob Kamai	Nanakuli	25.70
15 Jaylen Mitchell	Waianae	25.70
16 Keanu Kaina	Kapolei	25.80
17 Kaimihoku Wilson	Mililani	25.80
18 Kawehena Johnson	Kahuku	25.80
19 Charles Garcia	Nanakuli	25.90
20 Leighton Panui	Waianae	26.00
21 Matt Weber	Kahuku	26.10
22 Rudy Amezquita	Mililani	26.40
23 Kyle Ishikawa	Aiea	26.90
24 Cheyne Shiroma	Mililani	26.90
25 Jordan Quiocho	Mililani	26.90
26 Benjamin Wasden	Kahuku	27.10
27 Evan Young	Mililani	27.40
28 Dominic Heffernan	Kahuku	27.50
29 Shayne Anguay	Mililani	27.70
30 Joseph Kaliko	Nanakuli	28.00
31 Taz Preston	Kahuku	28.50
32 Alexander Truong	Aiea	28.80
33 Dylan Odquier	Aiea	29.70

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Event 32 Men 200 Meter Dash Varsity

Name	School	Prelims
1 Kris Ornellas	Mililani	23.30
2 Patrick Pintor	Castle	24.70
3 Bryson Deguchi	Castle	25.00
4 Pololu Silva	Kahuku	25.00
5 Brendan Saensombat	Waianae	26.00
6 Jayson Naki	Mililani	26.20
7 Michael Mathis	Mililani	26.50
8 Dylan Tuisano	Waianae	26.70
9 Chevez Kauwalu	Waianae	27.40
10 Pouesi Togiailua	Kapolei	27.60
11 Alapati Noga	Aiea	27.70
12 Alberto Sandobal	Waianae	30.00
13 Christopher Colescott	Mililani	30.20

Event 33 Girls 3000 Meter Run Junior Varsity

Name	School	Prelims
1 Brittany Long	Kapolei	11:46.80
2 Cody Johnson	Castle	12:50.30
3 Jessica Kawana	Mililani	12:58.80
4 Kelsey Painter	Mililani	13:12.80
5 Jelecia Johnson	Mililani	13:44.70
6 Tamlyn Nakasaki	Castle	13:52.50

Event 34 Women 3000 Meter Run Varsity

Name	School	Prelims
1 Kimberly Pugliese	Mililani	11:07.20
2 Kristin Ali Keith	Mililani	11:28.70
3 Dalynn Chun-Fat Arden	Castle	11:48.00
4 Taylor Sinn	Mililani	12:22.80
5 Samantha Shipley	Kahuku	12:29.20

Event 35 Boys 3000 Meter Run Junior Varsity

Name	School	Prelims
1 Gianni Cuadrado	Kapolei	9:52.50
2 Zach Carvalho	Mililani	10:05.80
3 Ryan Mayeda	Mililani	11:06.20

Event 36 Men 3000 Meter Run Varsity

Name	School	Prelims
1 Eric Pak	Castle	9:45.70
2 Colin Honeker	Aiea	9:49.80
3 Dylan Lee	Castle	9:58.40
4 Chancellor Ramil-Burns	Castle	10:31.60
5 Nolan Koyamatsu	Castle	10:37.80
6 Aaron Paakaula	Waianae	10:47.80
7 Cody Kau	Waianae	11:59.20

Event 37 Girls 4x400 Meter Relay Junior Varsity

Team	Relay	Prelims
1 Castle	A	4:51.20
2 Mililani	A	4:52.00
3 Aiea	A	5:12.70

Event 38 Women 4x400 Meter Relay Varsity

Team	Relay	Prelims
1 Mililani	A	4:33.00
2 Mililani	B	4:38.90
3 Waianae	A	4:46.40

Event 39 Boys 4x400 Meter Relay Junior Varsity

Team	Relay	Prelims
1 Castle	A	3:53.40
2 Nanakuli	A	4:00.00
3 Kapolei	A	4:02.80
4 Mililani	A	4:10.50
5 Kahuku	A	4:14.40

6 Nanakuli	B	4:32.80
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Event 40 Men 4x400 Meter Relay Varsity

Team	Relay	Prelims
1 Kapolei	A	3:39.20
2 Castle	A	3:39.20
3 Nanakuli	A	3:47.10
4 Waianae	A	3:52.60
5 Mililani	A	3:56.00
6 Castle	B	4:15.00
7 Waianae	B	4:15.60
8 Waianae	C	4:21.10

Event 41 Girls High Jump Junior Varsity

Name	School	Finals
1 Anjellica Amian	Kapolei	4-06.00
1 Diamond Carter	Kapolei	4-06.00
1 Sasha Ishikawa	Aiea	4-06.00
4 Trinita Kapuaala	Waianae	4-02.00
5 Samantha Fischer	Mililani	4-00.00
6 Tiara Navarro	Aiea	3-08.00
6 Zora Ha	Mililani	3-08.00

Event 42 Women High Jump Varsity

Name	School	Finals
1 Zhane Santiago	Kahuku	4-10.00
2 Aja Blanco	Mililani	4-08.00
3 Krisha Zane	Mililani	4-06.00
3 Hi'ilei Cummings	Kahuku	4-06.00
5 Abigail McKoy	Mililani	4-04.00
6 Krystal Jacobs	Kapolei	4-00.00
6 Randon Ramos-Sheldon	Waianae	4-00.00

Event 43 Boys High Jump Junior Varsity

Name	School	Finals
1 Jaylen Mitchell	Waianae	5-06.00
2 Jonathan Makaiau	Mililani	5-02.00
2 Charvin Dela Cruz	Aiea	5-02.00
4 Coty Johnson	Mililani	5-00.00
4 Cilvin Steward	Mililani	5-00.00
6 Layne Suyat	Castle	4-10.00
6 Kaimihoku Wilson	Mililani	4-10.00
8 Kiatrell Zachery	Kapolei	4-08.00

Event 44 Men High Jump Varsity

Name	School	Finals
1 Reginald Griffin	Mililani	5-04.00
1 Elijah Tagura	Kapolei	5-04.00
1 Ervan Jean Pierre	Mililani	5-04.00
1 Michael Shimoda	Castle	5-04.00
1 Zach Yabes	Kahuku	5-04.00
1 Punga Ve	Kahuku	5-04.00
7 Pololu Silva	Kahuku	4-10.00
7 Dylan Kuewa	Nanakuli	4-10.00

Event 45 Girls Pole Vault Junior Varsity

Name	School	Finals
1 Kylie Tao	Mililani	8-00.00
2 Jennifer Arao	Waianae	7-06.00
3 Kimi Nishihara	Mililani	7-00.00
3 Janee Lee	Waianae	7-00.00
3 Jahsana Banks	Kahuku	7-00.00
6 Emily Kelley	Mililani	6-06.00
--- Courtney Terashima	Mililani	NH

OIA Practice Meet - 3/26/2010**Kapolei - Host at Mililani High School****Event 47 Boys Pole Vault Junior Varsity**

Name	School	Finals
1 Collin Nguyen	Mililani	9-00.00
2 Fuavasa Quirit	Castle	8-06.00
2 Cheyne Shiroma	Mililani	8-06.00
4 Isaac Johnson	Castle	7-06.00
4 Olycon Finau	Castle	7-06.00
6 Dayn Kaaiiai-Cochran	Castle	7-00.00
7 Kodey Gratz	Mililani	6-06.00
7 Michael Brandt	Castle	6-06.00

Event 48 Men Pole Vault Varsity

Name	School	Finals
1 Eric Roth	Mililani	12-00.00
2 Seth Kokualani	Mililani	9-06.00
3 Elliot Peters	Waianae	8-00.00
3 Trevis Kawaiaea	Waianae	8-00.00
5 Michael Shimoda	Castle	7-06.00

Event 49 Girls Long Jump Junior Varsity

Name	School	Finals
1 Diamond Carter	Kapolei	14-09.75
2 Leina Lunasco	Mililani	14-08.25
3 Erika Hill	Aiea	14-08.00
4 Anjellica Amian	Kapolei	14-02.00
5 Lea Iaea	Kapolei	14-00.25
6 Trinita Kapuaala	Waianae	13-11.00
7 Giselle Rambaud	Mililani	12-03.75
8 Tiara Navarro	Aiea	12-03.00
9 Samantha Fischer	Mililani	11-10.50
10 Jaylyn Buenconsejo	Mililani	11-06.00
11 Kylie Harada	Castle	11-04.00
12 Zora Ha	Mililani	10-03.00

Event 50 Women Long Jump Varsity

Name	School	Finals
1 Courtney Senas	Mililani	16-02.00
2 Amber Camody	Mililani	15-11.50
3 Heather Schulz	Aiea	14-03.00
4 Charlee Ioane	Kapolei	14-02.50
5 Kawehi Hagi	Kapolei	14-00.00
6 Jonina Abell	Waianae	13-09.00
7 Elena Aki	Castle	12-04.25
8 Lea Iaea	Kapolei	11-10.00

Event 51 Boys Long Jump Junior Varsity

Name	School	Finals
1 Jonathan Carpenter	Mililani	19-09.75
2 Jaylen Mitchell	Waianae	19-00.50
3 Kulakomohana Seno	Kapolei	18-03.00
4 Devin Jenkins	Kapolei	18-00.50
5 Kiatrell Zachery	Kapolei	17-07.00
6 Aofaga Wily	Kahuku	16-10.50
7 Charles Garcia	Nanakuli	16-10.00
8 Jayden Mohetau	Kahuku	15-10.00
8 Coty Johnson	Mililani	15-10.00
10 Isaac Johnson	Castle	14-01.00

Event 52 Men Long Jump Varsity

Name	School	Finals
1 Alike Nehoa Akina	Kahuku	19-10.00
2 Elijah Tagura	Kapolei	19-09.00
3 Halaapiapi Manufekai	Waianae	19-07.50
4 Lonnie Santiago	Kapolei	19-03.00
5 Reginald Griffin	Mililani	19-01.00
6 Gregory Ching	Kapolei	18-06.00
7 Sage Kaka	Kahuku	18-03.00

8 Ryan Graves	Nanakuli	18-02.00
9 Pololu Silva	Kahuku	18-00.50
10 Punga Vea	Kahuku	17-03.00
11 Cassius Wood	Nanakuli	17-01.00
12 Mana Malepeai	Waianae	16-07.50
13 Zach Yabes	Kahuku	16-05.25
14 Alapati Noga	Aiea	15-06.00
15 Dylan Tuisano	Waianae	14-05.50
16 Terrell Ochimas	Nanakuli	14-01.50

Event 53 Girls Triple Jump Junior Varsity

Name	School	Finals
1 Leina Lunasco	Mililani	32-00.00
2 Kayla Taulapopa	Kahuku	31-10.25
3 Erika Hill	Aiea	30-00.25
4 Diamond Carter	Kapolei	29-11.25
5 Paige Kaea	Kapolei	29-03.25
6 Anjellica Amian	Kapolei	28-03.25
7 Minei Stant	Kahuku	26-01.50
8 Tiara Navarro	Aiea	25-01.50
9 Jazlin Ching	Aiea	23-11.50

Event 54 Women Triple Jump Varsity

Name	School	Finals
1 Courtney Senas	Mililani	33-11.50
2 Kawehi Hagi	Kapolei	32-02.75
3 Heather Schulz	Aiea	32-00.75
4 Courtney Terashima	Mililani	29-06.75
5 Jonina Abell	Waianae	29-03.25
6 Hope Crichton	Aiea	23-00.25

Event 55 Boys Triple Jump Junior Varsity

Name	School	Finals
1 Halaapiapi Manufekai	Waianae	41-07.00
2 Elijah Tagura	Kapolei	41-01.75
3 Sage Kaka	Kahuku	39-11.75
4 Punga Vea	Kahuku	39-10.50
5 Reginald Griffin	Mililani	38-00.00
6 Zach Yabes	Kahuku	37-08.00
7 Charvin Dela Cruz	Aiea	37-04.00
8 Kulakomohana Seno	Kapolei	37-01.50
9 Kiatrell Zachery	Kapolei	36-11.00
10 Pololu Silva	Kahuku	36-04.25
11 Lonnie Santiago	Kapolei	36-04.00
12 Gregory Ching	Kapolei	35-08.25
13 Bryson Panui	Waianae	33-08.50
14 Alapati Noga	Aiea	33-04.75
15 Owen Watson	Waianae	31-05.25
16 Isaac Johnson	Castle	27-11.00

Event 57 Girls Discus Throw Junior Varsity

Name	School	Finals
1 Tara Tailele	Kahuku	90-01.50
2 Cheyenne Gishi	Kapolei	81-01
3 Leilani Atuatasi	Waianae	78-04
4 Kacee Navarro	Kapolei	75-08
5 Martha Tanielu	Waianae	66-06
6 Shay Smith	Kapolei	66-04
7 Lita Patu	Mililani	64-08
8 Christolyn Lamoreaux	Kapolei	64-06
9 Pati Anae	Kahuku	62-04
10 Nicole Akiona	Aiea	60-11
11 Tylersue Kahala	Waianae	59-00.50
12 Noelle Garland	Kapolei	51-03

OIA Practice Meet - 3/26/2010**Kapolei - Host at Mililani High School****Event 58 Women Discus Throw Varsity**

Name	School	Finals
1 Charlinda Ioane	Kapolei	107-04
2 Charlee Ioane	Kapolei	91-04.50
3 Joshlyn Noga	Kahuku	85-01
4 Kami Navarro	Kapolei	79-03.50
5 Jamee Rapoza	Kapolei	79-00
6 Hope Crichton	Aiea	72-09.50
7 Brandy Barnes	Nanakuli	62-07
8 Noel Ferenandez	Nanakuli	62-04
9 Kelsey Brantely	Waianae	60-08
10 Chantell Tyrell	Waianae	48-01
11 Tasha Kaliikipi	Nanakuli	46-07

Event 59 Boys Discus Throw Junior Varsity

Name	School	Finals
1 Darius Lopez	Kapolei	122-07
2 Eugene Leong	Kapolei	111-04
3 David Robert	Mililani	99-11
4 Kenneth Tanon	Nanakuli	95-06.50
5 Aji Langinbelik	Kahuku	92-07.50
6 Olycon Finau	Castle	90-02
7 Andrew Julius	Kapolei	89-11
8 Matthew Feleti	Waianae	89-08.50
9 Tuli Leota	Waianae	89-05.50
10 Shayne Tanabe	Mililani	87-09.50
11 Henry Faleofa	Kahuku	86-10.50
12 Kainoa Leong	Kapolei	85-02.50
13 Vance Preston	Kahuku	85-01.50
14 Owen Souza	Kapolei	83-09
15 Michael Lomboy	Kapolei	82-10.50
16 Wyman Tanouye	Kahuku	82-09
17 Vaihi Kaonohi	Kahuku	79-11.50
18 Rashaan Falemalu	Kahuku	79-08
19 Kamalii Olayan-Keawe	Kapolei	78-09
20 Alema Everett	Castle	76-03
21 Kamanu Bumanglag	Nanakuli	75-01.50
22 Fuavasa Quirit	Castle	72-01.50
23 John Servito	Kapolei	64-06.75
24 Duane Togia	Waianae	62-11
25 Blake Kainoa	Nanakuli	54-03
26 Collin Nguyen	Mililani	50-05

Event 60 Men Discus Throw Varsity

Name	School	Finals
1 Pouesi Togiailua	Kapolei	137-03.50
2 Leou o Tanielu	Waianae	133-02
3 Apoga Sifagaloa	Waianae	126-05
4 Ilalio Sio	Aiea	120-10
5 Fuesaina Tili	Waianae	111-03
6 Daniel Lum	Castle	109-04
7 Devon Takahashi	Nanakuli	104-08.50
8 Mason Golden	Kahuku	96-02.50
9 Michael Lopez	Waianae	94-08
10 Zach Bond	Mililani	92-06.50
11 Tolovae - Jr Tito	Kahuku	92-06
12 Arthur Redditt	Castle	91-11
13 Aleni Aiono	Mililani	90-04.50
14 Joshua Leong	Castle	90-01
15 Haoa Lono	Waianae	87-09
16 Jordan Aleki	Castle	87-08
17 Api Foumai	Aiea	81-07
18 Wayne Akui	Aiea	80-06
19 Shalden Cardano	Aiea	80-01.50
20 Matthew Sakaria	Castle	79-03.50

21 Shonn Daite	Mililani	76-01.50
22 Robert Voa	Waianae	71-04.50
23 Delano Carroll	Waianae	68-06.50
24 Kainoa Kauwalu	Waianae	64-10
25 Alexander Truong	Aiea	38-00

Event 61 Girls Shot Put Junior Varsity

Name	School	Finals
1 Joshlyn Noga	Kahuku	37-08.25
2 Charlinda Ioane	Kapolei	36-04.25
3 Shay Smith	Kapolei	29-05.00
4 Brandy Barnes	Nanakuli	29-00.00
5 Tara Taillele	Kahuku	28-04.00
6 Jamee Rapoza	Kapolei	27-03.00
7 Lita Patu	Mililani	27-00.00
8 Chevy Cabral	Aiea	26-00.00
8 Kacee Navarro	Kapolei	26-00.00
10 Abcde Paogofie	Waianae	25-09.00
11 Pati Anae	Kahuku	25-02.50
12 Leilani Atuatasi	Waianae	25-01.00
13 Hope Crichton	Aiea	24-08.00
14 Noel Ferenandez	Nanakuli	24-00.50
15 Cheyenne Gishi	Kapolei	23-08.00
16 Tylersue Kahala	Waianae	22-07.00
17 Chantell Tyrell	Waianae	21-09.25
18 Tori Raquedan	Waianae	21-07.00
19 Nicole Akiona	Aiea	21-02.50
20 Tasha Kaliikipi	Nanakuli	20-07.00
21 Esther Leota	Waianae	20-03.00
22 Martha Tanielu	Waianae	20-00.00
23 Macie Akai	Castle	19-01.00

Event 63 Boys Shot Put Junior Varsity

Name	School	Finals
1 Lawrence Lagafuaina	Aiea	54-06.50
2 Pouesi Togiailua	Kapolei	47-03.00
3 Ilalio Sio	Aiea	45-09.00
4 Api Foumai	Aiea	40-04.50
5 Daniel Lum	Castle	40-01.00
6 Darius Lopez	Kapolei	40-00.00
6 Fale Faatoafe	Aiea	40-00.00
8 Kenneth Tanon	Nanakuli	36-08.00
9 Andrew Julius	Kapolei	36-02.00
10 Kainoa Leong	Kapolei	36-00.00
11 Jordan Aleki	Castle	35-10.00
12 Mason Golden	Kahuku	35-07.00
13 Eugene Leong	Kapolei	35-04.00
14 Arthur Redditt	Castle	34-02.00
15 Duane Togia	Waianae	33-06.50
15 Vaihi Kaonohi	Kahuku	33-06.50
17 Owen Souza	Kapolei	33-02.00
18 Aji Langinbelik	Kahuku	32-06.00
19 Wayne Akui	Aiea	31-10.00
20 Michael Lomboy	Kapolei	31-09.00
21 Wyman Tanouye	Kahuku	30-10.00
22 Henry Faleofa	Kahuku	30-08.00
23 Shalden Cardano	Aiea	29-09.50
24 Vance Preston	Kahuku	29-06.00
25 Matthew Feleti	Waianae	29-05.00
26 Matthew Sakaria	Castle	28-02.00
27 Joshua Leong	Castle	27-09.00
28 Blake Kainoa	Nanakuli	27-01.00
29 Kamalii Olayan-Keawe	Kapolei	26-09.00
30 John Servito	Kapolei	23-07.00
31 Alema Everett	Castle	22-07.00
32 Benjamin Grace	Aiea	22-06.50